

# LANDMARK LIVING

Official Publication of Huntington Landmark

## Senior Adult Community

20880 Oakridge Lane, Huntington Beach, CA 92646

www.huntingtonlandmark.com



OCTOBER 2023

ARTS&CRAFTS | 11

The Cabaret Crowd presents

## "Halloween Bash"

Saturday, October 28, 2023  
Main Lounge 5:00 – 9:00pm  
Tickets: \$30pp

### "Costume Contest"

Come as you are or...  
As your favorite Halloween Character

### "Suzanne's Catering"

Pot Roast Dinner  
(Coffee & Dessert included)

### Music by "Coyote Sunrise"

Great Raffle Prizes  
Spiked Vodka Punch or...  
bring your own beverage

**Ticket sales in MPR1 at 8am**  
**Saturday, October 7, 2023**

Checks payable to:  
Cabaret Crowd.  
No cash sales.



## Holiday Boutique 2023

The annual Landmark sale of crafts,  
gifts and baked goods, lovingly handmade  
by your neighbors, will once again be  
presented by the Events Club.

Saturday, November 4

10 AM to 2 PM

Main Lounge

This year chili dogs and root beer floats  
will be sold at noon.

Don't miss this wonderful day.

Tables for crafters go on sale  
Saturday, October 7 and 14, 10:30 to noon  
on the main pool deck.  
\$8 for one table, \$15 for 2.

## Howl-o ween Parade

For HL residents & their dogs



EXHIBITS BY PET ORGANIZATIONS & PET VENDORS

DATE AND TIME  
Sunday October 29 @  
2:00 p.m.

PARADE STARTS  
OUTSIDE  
MANAGEMENT  
OFFICE

Costume Contest

Photo Booth



Questions-Nancy Spiegel-714-951-9040

All dogs must be on leashes

## Thanksgiving Luncheon

Thursday  
November 16  
12:30 pm  
Main Lounge

Tickets are **\$35**

Ticket Sales dates:  
Saturday, October 21  
9:00 am - 10:00 am  
&  
Saturday, October 28  
1:00 pm - 2:00 pm  
in Main Lounge

Catering by Suzanne's

Mixed Greens Salad  
Roasted Turkey  
Mashed Potatoes & Gravy  
Stuffing & Cranberry Sauce  
Green Beans  
Sweet Potato Casserole

and  
pumpkin pie

Make checks payable to  
'Events Club'

Presented  
by



## DISCLAIMER

HLVoice is a private Facebook community created by a resident of our community. Kindly be advised that this Facebook community is not operated, managed by, or affiliated with the Huntington Landmark HOA, Board of Directors, nor with HL Management.

## 2023 Board of Directors Open Meeting Schedule

Wednesday, October 4	10:00 AM
Wednesday, November 1 (Annual)	04:00 PM
Wednesday, December 6	10:00 AM

## BE PREPARED

*By Linda Rosenthal for Emergency Preparedness Group*

Do you remember what happens in October? Of course you do! It's earthquake preparedness month and October 19th is the Great Shake Out. It's the day we practice what to do when a quake occurs. At 10:19am, we Drop, Cover, and Hold On. All of California and much of the country will be practicing too. We are much more apt to do the right thing if we have practiced. So, even if you are alone at home, Drop, Cover & Hold On. If you are concerned about being able to get up again, at least go through all the steps in your mind. When a large quake comes and you try to run, chances are you will fall and hurt yourself. So don't do that.



## FAVORITE DESSERTS – STATE BY STATE

*By Mike Di Gennaro, LL Staff*

**MONTANA** – Huckleberry Ice Cream (as well as Huckleberries made in all forms). Made from syrup, jam, vinaigrette and even vodka. In ice cream, the berries provide just the right amount of sweetness with a periwinkle hue.

## NEW RESIDENT INFORMATION

*By: Linda Rosenthal, LL Staff*

There is a bit of confusion about the “flags” on top of the mailboxes. Flag is the name of that little red, white, and blue wooden figure. You do NOT stand it up when you put outgoing mail in the slot. It is for the mailman to stand up when he or she puts the mail in our boxes. It is an easy way for us to know whether the mail was delivered each day. You don't have to walk to the boxes to find out if there is mail yet — just look down the walkway to see if the flag is up. Very late in the day someone can put the flag back down for the next day's delivery.



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## ACCIDENTAL INVENTIONS

*By Mike Di Gennaro, LL Staff*

**THE POST-IT NOTES** – Dr. Spencer Silver was researching strong adhesives. He discovered that one stuck lightly to surfaces but did not bond. Post-its were first used as bookmarks.

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# LANDMARK LIVING



## HUNTINGTON LANDMARK GUIDING PRINCIPLES

**MISSION:** To protect the value of our property

**VISION:** To continue as a contemporary community where our residents can enjoy quality living

**VALUES:** Inclusiveness, Relationships, Transparency, Engagement

### PRESIDENT'S MESSAGE

*By Steve Brown, Board President*

Wow!! What a 50th anniversary parade and celebration party last month. It truly showed what a tremendous community we live in...it took many people to put the event on, and I can't thank them all enough for their time and effort. Seeing the dancing, hearing the laughter, enjoying Sergio being the DJ, and the special moment of the dove release...everything was spectacular! My thanks to the contractors who generously donated to help fund the event: Seabreeze Management, Harvest Landscape, Patrol Masters, PPM, and John Parrish; and thanks to the clubs and residents who also opened their wallets to support the celebration. It was a day to remember...perfect for a 50th Anniversary.

And speaking of community, it's election time for the Board of Directors. Ballots are in the mail to Owners. October 4th is the Candidate Forum at 4pm in the main lounge. It will be an excellent opportunity for all of you to meet the candidates and hear their answers to questions moderated by Landmark's attorney.

This year there are four (4) open positions, so you have 4 votes to cast however you choose. You can vote all 4 for one candidate or spread them out among your top picks. Once you've decided please read the ballot package carefully, sign it where required and turn/mail it in. Then plan on attending the Annual Meeting on Wednesday, November 1st starting at 4pm – this is where and when the winners are announced. If you have any questions about the ballot procedure, please contact the office.

Remember that the Board's primary responsibility is to maintain and protect the value of the Landmark property. Take every opportunity to meet and get to know the candidates so you choose the candidates you want to represent you on the board. I urge you not to vote based on rumor or fear tactics – as those go hand in hand with any election. If you have a concern about **anything** happening in Huntington Landmark please ask Management or contact a Board member who can refer your concern to Management. Rumors damage reputations as well as create false impressions of what is true and accurate. Fear stops us all from living our best lives. Think critically when you are hearing what "someone said." Seek out facts and answers, and then decide for yourself.

We have a large renter population here at Landmark, and I urge all of you to provide your input and recommendations to your owner. You live here and are impacted by Board decisions, so it is helpful and reasonable that you provide guidance to your owners on the candidates.

Finally, keep in mind that in order to have a certified election, a quorum of ballots needs to be received. Please be sure to return your ballot so that we will have a valid election and not have the added expense of a second election.

Enjoy life in Landmark!

### UNDERSTANDING RULES AND GRANDKIDS IN LANDMARK 55+ COMMUNITY

*By Marie Sandidge for Property Protection Committee*

In a shared community environment like Landmark, there must be rules for everyone. Some residents think they should be given free rein. Let's not teach our grandkids the wrong lessons. Instead, let's show our grandkids if you want to get along with others, it is necessary to curb your own will when sharing with others.

Landmark amenities have posted signs telling you the rules. These signs will allow a resident to know if a young person under the age of 17 can use a particular amenity.

Before grandkids visit, plan what activities you can do, while still following the rules at Landmark.

Residents can enjoy the main pool with guests under the age of 17 every day from 10am to 12pm.

Residents can always use the large Greenbelt areas for outdoor active games with their grandkids.

Landmark's "Grandparents & Friends Club" has a variety of activities for residents and their grandkids.

Have fun and enjoy your time with your family here at Landmark. Just remember, Huntington Landmark has governing documents and rules we must observe. Please read and obey the posted signs.

COMMITTEE MEETING DATES,  
CHAIRS & BOARD ADVISORS:

Architectural Control Committee

Wednesday, 10:00 AM, Conference Room  
(Closed Meeting - Appointment Only)

Chair: Marsha Merendino: [msmerendino@aol.com](mailto:msmerendino@aol.com)

Board Advisor:

Landscape Advisory Committee

2nd Tuesday, 1:30PM, MPR2

Chair: Steve Bova: [huntingtonlac@gmail.com](mailto:huntingtonlac@gmail.com)

Board Advisor: Nancy Henry: [nghsews@socal.rr.com](mailto:nghsews@socal.rr.com)

Maintenance Advisory Committee

4th Tuesday, 8:30AM, MPR1

Chair: David Dawes: [dawesdr@yahoo.com](mailto:dawesdr@yahoo.com)

Board Advisor: Dan Orozco: [danhboard@gmail.com](mailto:danhboard@gmail.com)

Property Protection Advisory Committee

2nd Tuesday, 10:30AM, MPR1

Chair: Marie Sandidge: [mmsandidge@verizon.net](mailto:mmsandidge@verizon.net)

Board Advisor: Sally Coon: [sallychlboard@icloud.com](mailto:sallychlboard@icloud.com)

Rules Committee

As Needed

Chair: Judith Larson: [judithinhb@gmail.com](mailto:judithinhb@gmail.com)

Board Advisor:

HALLOWEEN'S POPULARITY CLIMBED, BECOMES TOP HOLDIAY

By Katie Corbett, Features Editor

In our 1930s grade schools, just creating black cats and orange pumpkins in preparing for Halloween thrilled us. At home, my mother dressed me as a gypsy in her purple and red skirts and sparkling costume necklaces to go trick or treating for candy that night. Now driving through streets at Halloween, we see monsters, witches, skulls and bones, and ghosts; they have taken over homes and businesses as decorations for the holiday. The popularity of Halloween has skyrocketed to one of the top American holidays. In fact, it is the second-biggest retail holiday in the U.S., behind only Christmas. Americans spent more than \$10.1 billion on Halloween in 2021, setting a record.

This trend has been precipitated or followed in the multitudes of scary, eerie, and sci-fi Hollywood and TV productions of recent years to the point we think of them as Halloween inspired. But the original true roots of All Saints Days in the Catholic Church are the ancient Celtic festival Samhain, a pagan religious celebration welcoming the harvest at end of summer. While many people take Halloween very seriously, it has never been an official holiday and likely never will be. Since All Saint's Day was moved to November 1 in the 8th century, the evening before the religious day was established as a hallowed day, thus named Halloween, and came to form part of America's traditions.

So, whatever pleases you, enjoy Halloween, whether it is decorating your home, trick or treating, carving jack-o-lanterns, or dressing in spooky costumes with your grandchildren and family!

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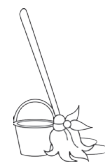
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## CONSERVATION CORNER

By Gail Curtis, LL Staff

### IS HUNTINGTON LANDMARK A BLUE ZONE?

I recently viewed “Live to 100: Secrets of the Blue Zones”, on Netflix. Blue Zones are areas of the world where people live the longest lives, consistently reaching age 100. In contrast, the average life expectancy in the U.S. is currently 77 years, according to the CDC.

Not true for Huntington Landmark Residents! We had centenarians at the 50th anniversary celebration and I know many here are well over 77 and healthy. This got me to thinking - what are we doing right at HL, and what can we improve?

I found an excellent article at Houston Methodist’s website, “9 Reasons People in Blue Zones Live Longer, Healthier Lives” Aug. 16, 2022 - Katie McCallum. Link for online readers: <https://www.houstonmethodist.org/blog/articles/2022/aug/9-reasons-people-in-blue-zones-live-longer-healthier-lives/#:~:text=What%20are%20Blue%20Zones%3F,years%2C%20according%20to%20the%20CDC>

Here are some highlights, starting with the “Power 9”:

Making movement a natural part of your day

Drinking alcohol in moderation

Knowing your sense of purpose

Connecting with your community

Prioritizing stress relief

Putting family first (biological or chosen)

Eating until you’re about 80% full

Choosing social circles that support

Eating a largely plant-based diet  
healthy behaviors

Maybe you are already on track, but if not, it’s recommended you start with just one or two item limit duration, then expand from there. Below are some healthy living suggestions to get going:

- Walk, swim, garden or find some other form of physical activity you enjoy
- Find an activity buddy
- Set reminders to stand up and move every hour
- Increase the amount of vegetables on your plate at each meal
- Try eating plant-based once a week
- Make time for stress relief
- Practice mindfulness and positive self-talk
- Take steps to improve your sleep quality
- Play a brain game
- Disconnect from technology when with family and friends
- Plan dedicated time to spend with your loved ones
- Volunteer in your community
- Join a local group, like a walking club, gardening group or faith-based organization

We may not literally be a Blue Zone, but HL provides wonderful activities and sense of community in our safe, walkable, lush oasis. We can tick four items from the list just by taking advantage of what is around us. May we all lead long and happy lives!

## FINANCIAL REPORT

By: Laurie Erickson, CFO



Seabreeze Management Company is in the process of implementing a new accounting software to manage the invoicing, work orders, bill payments, report generation, and all other aspects of our HOA business. For this reason, the regular report that is submitted for monthly member review is unavailable. Furthermore, it is anticipated said



report will have a slightly different appearance and will be comprised of different categorical components. I will let you all know in the next report what the changes are and how we can best review the data we receive.

## DID YOU KNOW...?

By Marsha Merendino for Architectural Control Committee

### SOLARIUM MAINTENANCE IS THE RESPONSIBILITY OF UNIT OWNERS.

The solarium includes framing, windows, window treatments, doors, and exterior light fixtures. Please take note of the condition your solarium may be in, as repairs may be needed. Most repair items may require application to the Architectural Control Committee – if you have doubts, please consult with Management.

Our community has and continues to improve buildings and landscaping year after year, ultimately maintaining high property values. The poor condition of solariums must be addressed to not detract from the beauty of Landmark, with a possible negative effect on our overall property values. Your cooperation is greatly appreciated.



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## EMERGENCY READINESS

By Linda Rosenthal for Emergency Prep Group

Do you own a pet? Have you made plans for how to manage Spot and Fluffy after a big earthquake? Do it now! Your emergency pet kit should include water, food, a leash, or pet carrier, medications, cat litter and, most important, a picture of you with your pet so folks know who owns that critter if it gets loose. You may have to find alternate living quarters for you and your pet. Do some research now on pet friendly hotels or kennels. The Red Cross shelters will take you but probably not your animal so you must plan ahead. Your pet should always have an ID tag or license on. It is also a good idea to have a written statement of who would care for your pet if you are not able to. If you do not own a pet, check with your pet-owning neighbor to be sure they will be prepared in case of a disaster. And let them know if you can or cannot (allergies?) care for their animal.

Call Paul Kanter (310-991-8519) for additional information. Our next EPG meeting will be October 16 at 1 p.m. in MPR1. See you then!



## PUMPKINS FOR OCTOBER

By Joanne Currie

T I m e  
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e for many

Pumpkins to appear!

October holiday time is here!  
We celebrate in color that's keen.  
Fall season's a theme that is seen.

( )  
The winter squash takes the scene  
and it's not outdone by Halloween.  
They'll both excel during October  
and both get a share of exposure!

( )  
Time to pick Halloween costume  
Make it funny, classic or gloom.  
Halloween party's on the way  
with our Pumpkin display!

## IMPORTANT GAS STOVE HEALTH AND SAFETY TIPS

By Vard Whittick for Maintenance Advisory Committee

This article is being republished in the Landmark Living Newsletter to help our residents make healthy choices in their homes.

NOTE: The following does not apply to Phase 1 all-electric units.

Gas stoves need a source of air for the gas flame. So does the over-the-stove exhaust vent. Closed windows stop fresh air from entering into your home's living space. Because of this "tightness" we all need to follow some very important safety tips.

- Always open your kitchen window a couple of inches when using your gas stovetop or oven.
- Always turn on the exhaust vent over the stove (or under microwave vent) so combustion gases are drawn out of the living space. Adjust fan speed up as you use more burners or combine stove and oven burners.
- When initiating a self-cleaning oven's cleaning cycle, it is extremely important to run your exhaust fan at the maximum speed, and to open a window or sliding door until well after the cleaning process stops so you get good cross ventilation. The fumes from the high heat used in the cleaning process along with the combustion gases are harmful and can cause headaches/nausea. If possible, stay outside until the cleaning process is over.
- Maintain the cleanliness of the stovetop and oven burners so the flame does not show any yellow. Make sure any removable burner caps are clean and in proper position. A yellow flame is an indication of incomplete combustion, which will create carbon monoxide, a poisonous gas.
- Clean accumulated grease from your exhaust fan filters. Most filters can be removed and placed on the lower rack of the dishwasher for cleaning.
- Check by feeling for air escaping from the exhaust vent ducts to make sure there are no gaps between the pipe joints. Correct any leaks.

If you suspect a burner adjustment issue, or other gas appliance issue, contact your local gas company immediately (Southern California Gas Co. phone 800-427-2200) to schedule a complementary service call.

# “SHE SAVED MY LIFE”

Huntington Beach Resident Anne S. had been experiencing the painful side effects of Peripheral Neuropathy, “my feet and legs were extremely painful and my doctor told me there was nothing they could do. That I would have to take Gabapentin for the rest of my life.” Then she met Huntington Beach’s very own Dr. Stefanie Bennett

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Anne explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. “How can you live for the next 30 years when you don’t even want to get out of bed to do simple things?”

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. “The way that I would describe it, it’s equivalent to walking on glass.” Anne hadn’t worn socks in five years and was wearing shoes two sizes too big so that nothing would ‘touch’ her feet.

**Unfortunately, Anne’s story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.**

If you’re unfortunate enough to be facing the same disheartening prognosis you’re not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You’re struggling with balance and living in fear that you might fall. Your doctor told you to ‘just live with the pain’ and you’re taking medications that aren’t working or have uncomfortable side effects.

Fortunately, four months ago Anne read an article about Dr. Stefanie Bennett and the work she was doing to treat those

suffering from Peripheral Neuropathy, without invasive surgeries or medications.

Dr. Bennett, founder of Bennett Acupuncture and Functional Medicine of Fountain Valley and Huntington Beach, is using the time-tested science of Acupuncture and a technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

**“Now when I go to bed at night I don’t have those shooting pains. I don’t have that burning sensation. I don’t have pain coming up my legs,” Anne enthusiastically describes life after receiving Dr. Bennett’s treatments. “I can wear socks and shoes!”**

Anne and her friends stay very busy now going to pilates, supporting Meals on Wheels, going golfing with their husbands, and walking the beach.

**“It’s life altering. As far as I’m concerned Dr. Bennett saved my life!”**

Dr. Bennett has been helping the senior community for over 20 years using the most cutting edge and innovative

integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed ‘hopeless’ or ‘untreatable’, she consistently generates unparalleled results.

What was once a missing link in senior healthcare is now easily accessible to the residents of Huntington Beach.

If you’ve missed too many tee times because of pain or you’ve passed on walking dog beach with your grandkids and pup, because you’re afraid of falling, it’s time to call Dr. Bennett and the staff at Bennett Acupuncture.

**It’s time you let your golden years BE GOLDEN!**

Dr. Bennett is once again accepting new patients. And for a limited time will be offering \$37 consultations so call **(714) 962-5031** before **November 1st** to schedule a consultation.



**PERIPHERAL NEUROPATHY?**  
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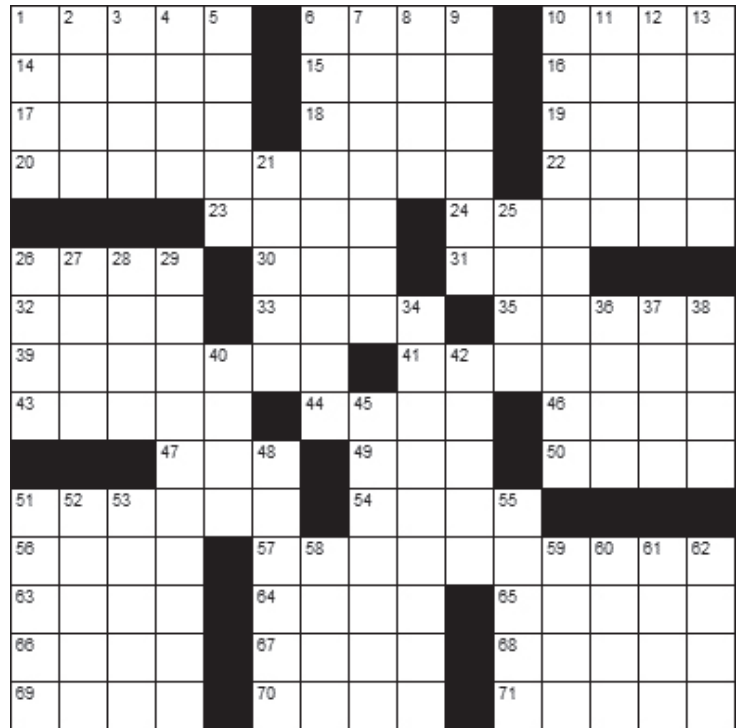
# LANDMARK LIVING

## ACROSS

- 1. Drink garnish
- 6. Vale
- 10. Foment
- 14. Novices
- 15. God of love
- 16. Close
- 17. Graven images
- 18. At one time (archaic)
- 19. Container weight
- 20. Sanctify
- 22. Hotels
- 23. Wood that is cut
- 24. Raise in a relief
- 26. Not false
- 30. Regulation (abbrev.)
- 31. Japanese apricot
- 32. Greasy
- 33. Vice President
- 35. Hangman's knot
- 39. Affluent
- 41. Archaic name for oboe
- 43. Platform
- 44. Plod along
- 46. Hawkeye State
- 47. Delay
- 49. Consumed food
- 50. To tax or access
- 51. Splatter
- 54. Chinese mafia
- 56. Foot digits
- 57. Pertaining to electricity
- 63. "What a shame!"
- 64. Lawn mower brand
- 65. African virus
- 66. Connects two points
- 67. Snare
- 68. Test versions
- 69. Not a win
- 70. Unique
- 71. Put forth, as effort

## DOWN

- 1. Ear-related
- 2. Adriatic resort
- 3. Press
- 4. Volumes (abbrev.)
- 5. S S S S
- 6. Bush-like herbs
- 7. Plan
- 8. Misplaced
- 9. High regard
- 10. Cures bacterial infections
- 11. Keno
- 12. Deservedly receives



- 13. Amount of hair
- 21. Cut
- 25. List of options
- 26. Male turkeys
- 27. Violent disturbance
- 28. Forearm bone
- 29. Spectacles
- 34. A copy of a paper
- 36. Double-reed woodwind
- 37. Scatters seeds
- 38. Nestling hawk
- 40. Not nays
- 42. Narc
- 45. Sidelong
- 48. A poor city district
- 51. Procrastinate
- 52. Infantile paralysis
- 53. Inclines
- 55. Diving bird
- 58. Forsaken
- 59. Wild goat
- 60. Pigeon's home
- 61. Winglike
- 62. Not first

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# LANDMARK LIVING

## AUTUMN



Find and circle all of the Autumn words that are hidden in the grid.

The remaining letters spell a secret message - an Albert Camus quotation.

- |                |                |
|----------------|----------------|
| ACORN          | LONGER NIGHTS  |
| APPLE          | NOVEMBER       |
| BIRD MIGRATION | OCTOBER        |
| BLOWING LEAVES | ORANGE LEAVES  |
| BLUSTERY DAY   | PIE            |
| CANNING        | PUMPKIN        |
| CHESTNUTS      | RAKE           |
| CHILLY         | RED LEAVES     |
| COLD           | SCARECROW      |
| CROPS          | SCHOOL         |
| EQUINOX        | SEASON         |
| FALL           | SEPTEMBER      |
| FARMING        | SHORTER DAYS   |
| FEAST          | SQUASH         |
| FROST          | SWEET POTATOES |
| HALLOWEEN      | THANKSGIVING   |
| HARVEST        | TURKEY         |
| HAYSTACK       | WINDY          |
| HICKORY NUTS   | YELLOW LEAVES  |

### FACT OR FICTION?

By: Mike Di Gennaro, LL Staff

1. GPS is paid for by the whole world.
2. Bulls hate the color red.
3. The Statue of Liberty is in New York.

### JOKE

One day you're young and the next you have a favorite pharmacy.

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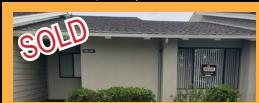
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8816 Yuba #1105A  
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8888 Lauderdale Ct., #224B  
downstairs unit  
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## Happiness Nails & Spa

Hello Landmark residents! Come visit your local neighborhood nail salon and pamper yourself with our various spa services. Let us take care of your manicures and pedicures, while you relax with warm towels and a massage with hot stones. Call us at 714-536-7401 to book your appointment now!

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Fax (714) 965-5257**



**Email [coastalcare2021@gmail.com](mailto:coastalcare2021@gmail.com)**

**Fall Swap Meet**  
**Saturday, October 7, 2023**  
**9am-1pm**  
**@ Management Parking Lot**  
Tables on sale at Management office  
September 19 - October 6

\$10 per table  
Check only, payable to:  
Huntington Landmark Recreation



**Call for an appointment!**

Mobile Skin Solutions coming to Huntington Landmark on **November 1, 2023 from 1pm - 5pm**, at the Community Center Parking Lot.

## Concerned about Skin Cancer?

A full service mobile skin cancer diagnosis and treatment provider.

- Covered by your Medicare and secondary insurance.
- Get an exam, diagnosis and treatment as necessary.
- Offering Superficial Radiation Therapy.

**Our Mobile Skin Solutions Team:**



**Susan Sleep, MD**  
Skin Cancer Specialist



**Kirsten Anderson**  
Radiation Therapist



**Kate Stults**  
Dermatology N.P.



**Call Mobile Skin Solutions now!**  
**562.936.0292**  
**562.702.3825**

**The only mobile SRT treatment in California. Contact us today.**

**F 562.936.1943 | [mobileskinsolutions@gmail.com](mailto:mobileskinsolutions@gmail.com) | [mobileskinsolutions.com](http://mobileskinsolutions.com)  
3742 Katella Avenue, Suite 302 | Los Alamitos, CA 90720**

**MOBILE SKIN SOLUTIONS**

## LIBRARY NEWS

By Judy Hedenberg, HL Library

Now that fall has come, it is time to think about relaxing and reading a good book while sipping some wine (or hot chocolate). Soon it will be time to start thinking about the holidays and all that joy and chaos that comes with them, so take a breath and enjoy the fall cool temperatures, and the fall colors, at least those that we get here is southern California!

### NEW BOOKS FOR OCTOBER

- F *Flags on the Bayou*  
James Lee Burke
- F *The Mitford Affair*  
Marie Benedict
- F *Horse*  
Geraldine Brooks
- F *The Paris Daughter*  
Kristen Harmel
- F *The Only One Left*  
Riley Sager
- F *Killing the Killers*  
O'Reilly & Dugard
- M *Lion & Lamb*  
Patterson & Swierczynski
- M *Crook Manifesto*  
Colson Whitehead
- LC-LP *The Lesson of Flowers*  
Vanessa Diffenbaugh
- LC-F *Whistling Past the Graveyard*  
Susan Crandall
- LC-LP *Crow Lake*  
Mary Lawson
- LC-F *Foster*  
Claire Keegan
- LC-LP *Major Pettigrew's Last Stand*  
Helen Simonson

## NEIGHBOR ASSIST

By Sylvia Widmeyer, Neighbor Assist Chairman

Have a surgery scheduled? Just had surgery? Had an accident? Need some help with mobility? **Neighbor Assist** is just a phone call away. Call **714-960-2277** and leave the following information: name, unit number, contact phone number, and what items you are looking for. The volunteer of the day will call back to arrange a time for equipment pickup.

When you no longer need the equipment, call **714-960-2277** and arrange a time to return the items. Do not just leave equipment in the sewing room and do not drop off equipment/supplies at the office.

Have unused medical supplies? Don't throw them in the trash – **DONATE THEM** – and if you see items left by the dumpsters, please call **714-960-2277** with the location and we will pick it up.



## FACT OR FICTION? ANSWERS

1. fiction – we pay for it
2. fiction – they are color blind
3. fiction – New Jersey

## “DO IT IN LINE DANE”

By HL Line Dancing Club

It's about time. The Line Dance Club will bring in Miss Vickie, a Huntington Landmark licensed and certified line dance instructor! Join in the fun and do it in line dance!

Classes with Miss Vickie will be on Tuesdays beginning November 7 to December 12 from 4PM to 5PM in the Main Lounge. Registration will be November 7 at 3:30PM in the Main Lounge.

Checks for \$30.00 payable to Vicki Jackson must be present at registration.

For inquiries, call Ronda Huld at 949-280-5548.

## HOME SAFETY VISITS

By: Marie Sandidge for Property Protection Committee

The Huntington Beach Fire Department offers free in-home safety visits for Huntington Beach residents. After scheduling a visit, HBFD staff will test all the smoke alarms in your residence, help develop an emergency escape plan, and answer any general fire safety questions. Since HBFD has partnered with the American Red Cross Home Fire Campaign, residents may even be qualified to have **FREE** replacement smoke alarms installed.

If you are interested in learning more about our Home Safety Visit, please call the Huntington Beach Fire Department at (714) 536-5411 or enter your information using the link below to have a staff member reach out to you to schedule your safety visit. To learn more information on the Red Cross Home Fire Campaign, visit [www.redcross.org](http://www.redcross.org).



Events CLUB  
is presenting another

## BUNCO Night

Thursday, October 12  
7:00 pm  
Main Lounge

Cash Prizes

Tickets are \$10 per person and will be on sale in the Management Office beginning October 2.

Make checks payable to:  
**'EVENTS CLUB'**

Questions?  
Contact Linda Wentzel 714.951.7463

HUNTINGTON LANDMARK SENIOR ADULT COMMUNITY  
20880 OAKRIDGE LN, HUNTINGTON BEACH, CA 92646

## Let's Get Vaccinated



### ON-SITE FLU AND RSV VACCINE CLINIC

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Appointments and walk-ins welcome  
Scan QR code to book your appointment:  
\*\*10% off groceries with every immunization\*\*




**DATES:**  
OCTOBER 13, 2023  
NOVEMBER 3, 2023  
9 AM - 2 PM

High-dose FLU vaccine available for 65 years+  
RSV vaccine available for 60 years+  
Other immunizations available upon request

Vaccines are free with most insurance

### TREE TRIMMING POTLUCK


By Jillian Stewart, Events Club



The Events Club is hosting the annual Tree Trimming Potluck on Monday, November 27, from 6PM to 8PM in the Main Lounge. The theme this year is "Christmas Around the World." This is a potluck, so bring along your best crowd-pleasing creation to share. Come join the fun with friends! Sing along with the Chorale as they entertain us with our favorite Christmas carols.

Enjoy a Christmas Tree ornament craft!

Please contact Julie Face at 714-356-7753 with any questions.



*Huntington Landmark*



### 2023 Election Timeline

<b>Monday, July 10 through Tuesday, August 01</b>	<b>Candidate nomination forms available at Management office</b>
<b>Tuesday, August 08</b>	<b>12:00 pm deadline for submission of nomination form to Management office</b>
<b>Friday, August 11</b>	<b>10:00 am Election Kickoff at Coffee &amp; Conversation</b>
<b>Monday, August 28</b>	<b>Pre-ballot notice day</b>
<b>Friday, September 22</b>	<b>Candidate orientation (time TBA)</b>
<b>Wednesday, September 27</b>	<b>Ballots mailed to membership</b>
<b>Wednesday, October 04</b>	<b>Candidate forum 4-6 pm with Attorney moderating</b>
<b>Wednesday, November 01</b>	<b>Annual Meeting and Election 4:00 pm</b>
<b>Friday, November 17</b>	<b>Certified election results due from election contractor</b>



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DRE #00607023




**Information to Consider During Open Enrollment for Medicare Advantage Plans or Prescription Drug Plans which begins October 15 thru December 7th.**

**You and your adult guests are cordially invited to attend a NO COST DINNER at Panera Bread Tue. Oct 17 @ 18782 Beach Blvd, HB @ 6 pm or iHop Oct 19 @ 6 pm @ 19461 Main St, HB This educational event is by invitation only. These events fill up quickly. Please RSVP by calling (800) 641-3315 then press 1 to RSVP.**



**I am a resident of Huntington Landmark**

**Roy Welch Cell: 562-714-7441**

**MEDICARE PLANS MADE EASY**

***Information to Consider During Annual Enrollment***



Medicare Plans can be complicated with many overwhelming choices. We are here to help you understand the basics and make educated decisions regarding this important element of your retirement years. If you are considering making a change this year, join us for this **EDUCATIONAL EVENT** where we will discuss:

- **MEDICARE PLANS** – What is and is not covered by traditional Medicare?
- **MEDICARE ADVANTAGE PLANS VS MEDICARE SUPPLEMENTS PLANS** - What they are, how they differ, and why you may choose one over the other
- **WEIGHING YOUR OPTIONS** – Key differences that are important to look for if you are considering making a change
- **PRESCRIPTION DRUGS PLANS** – Rates for prescriptions change every year. Learn about strategies to lower your cost
- **Make sure you read your Notice of Change if you have a Medicare Advantage Plan** – You need to know what your plan offers in 2024 to compare to other Medicare Advantage Plans for 2024

Join your host, licensed agent, Roy Welch, for this educational event so that you can get a better understanding of what you may be entitled to and what your options are for additional coverage.

There is no cost or obligation to attend.

**For accommodation of persons with special needs at meetings, call (800) 641-3315 TTY 711.**

**Please RSVP by calling (800) 641-3315 then press 1 to RSVP.**

Not affiliated with or endorsed by Medicare or any other government agency. Medicare has neither reviewed nor endorsed this information. CA License #0E81972. We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or

1-800-MEDICARE to get information on all your options.

**Welch Insurance 17011 Beach Blvd. Suite 900 HB CA 92647**

# LANDMARK LIVING

## LIBRARY HOURS

Monday - Friday 10 AM - 2 PM  
Saturday 10 AM - 12PM

Sunday - Closed

**Library Phone: 714-536-4767**

## SEABREEZE STAFF

**Kimberly Pollard**

Vice President, Large Scale Communities

*Kimberly.pollard@seabreezemgmt.com*

**Gerri Miller**

Community Manager

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**Amar Gupta**

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Maintenance Technician


*Jesse.ambriz@seabreezemgmt.com*

**Samuel Sneddon**

Maintenance Technician

*Samuel.sneddon@seabreezemgmt.com*

MONDAY	TUESDAY	WEDNESDAY
<b>30</b>	<b>31</b>	AR = ART ROOM BC = BEACON CABANA BR = BILLIARD ROOM CMR = CERAMICS ROOM CONF = CONFERENCE ROOM HS = HORSESHOE PIT PR = POKER ROOM ML = MAIN LOUNGE MP = MAIN POOL SR = SEWING ROOM TC = TENNIS COURTS WS = WOODSHOP
8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 5:00PM Line Dancing.....ML 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR	9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 10:00AM Tai-Chi.....ML 12:30PM Pan Card Game.....BC 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR	8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR
<b>2</b>	<b>3 REAL ESTATE SEMINAR 11AM - MPR1</b>	<b>4 BOD MEETING 10AM - MAIN LOUNGE</b>
8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 11:00AM Cabaret Crowd.....MPR1 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 5:00PM Line Dancing.....ML 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR	9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 10:00AM Tai-Chi.....ML 12:30PM Pan Card Game.....BC 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR	8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR
<b>9</b>	<b>10</b>	<b>11</b>
8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 5:00PM Line Dancing.....ML 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR	9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Tai-Chi.....ML 10:00AM Ceramics.....CMR <b>10:30AM Prop Pro Com.....MPR1</b> 12:30PM Pan Card Game.....BC <b>1:30PM Landscape Com.....MPR1</b> 2:00PM Book Group.....PR 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR	8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR
<b>16</b>	<b>17</b>	<b>18</b>
8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:30PM Water Workout.....MP 1:00PM Emrgncy Prep Grp.....MPR1 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 5:00PM Line Dancing.....ML 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR	9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 10:00AM Tai-Chi.....ML 11:30AM Toymakers.....MPR1 12:30PM Pan Card Game.....BC 5:00PM Line Dancing.....ML 6:00PM Grandparents Club.....MPR1 6:00PM Tom's Poker.....PR	8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR
<b>23</b>	<b>24</b>	<b>25</b>
8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 5:00PM Line Dancing.....ML 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR	<b>8:30AM Maintenance Com..MPR1</b> 9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 10:00AM Tai-Chi.....ML 12:30PM Pan Card Game.....BC 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR	8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Tennis/PB.....SR 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR



**-Richie Blackburn-**  
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# LANDMARK LIVING

THURSDAY	FRIDAY	SAT / SUN
 <h2 style="color: red;">October</h2>		<b>1</b> 1:00PM Strum Jam Session.....HS 5:30PM Bingo.....MPR1
<b>5</b> 9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	<b>6 COFFEE &amp; CONVERSATION 10AM—MAIN LOUNGE</b> 8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 10:15AM JWI.....MPR1 12:15PM Duplicate Bridge .....ML 12:30PM Ladies Poker.....PR 2:00PM Hispanic Club.....MPR1 5:00PM Praise Music.....MPR1 5:30PM Hand & Foot.....PR	<b>7 FALL SWAP MEET 9AM - MGMT LOT</b> 9:30AM Zumba Gold.....ML 11:00AM Stability & Balance.....ML 2:00PM Bridge .....ML <b>8</b> 1:00PM Strum Jam Session.....HS 5:30PM Bingo.....MPR1
<b>12 BUNCO NIGHT 7PM - MAIN LOUNGE</b> 9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	<b>13 VACCINE CLINIC 9AM - MAIN LOUNGE</b> 8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 12:15PM Duplicate Bridge ...MPR1 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	<b>14 TRAVEL SEMINAR 11AM - MPR1</b> 9:30AM Zumba Gold.....ML 11:00AM Stability & Balance.....ML 2:00PM Bridge .....ML <b>15</b> 1:00PM Strum Jam Session.....HS 5:30PM Bingo.....MPR1
<b>19 HAPPY HOUR W/ JOHN 3PM - MAIN LOUNGE</b> <b>ART CLUB PAINT NIGHT 6PM - ART ROOM</b> 9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 11:00AM Veterans Group.....SR 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	<b>20</b> 8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 12:15PM Duplicate Bridge ...MPR1 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	<b>21 MEDICARE SEMINAR 10AM - MPR2</b> 9:30AM Zumba Gold.....ML 11:00AM Stability & Balance.....ML 2:00PM Bridge .....ML <b>22</b> 1:00PM Strum Jam Session.....HS 5:30PM Bingo.....MPR1
<b>26 GALLERY NIGHT 5:30PM - MAIN LOUNGE</b> 9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	<b>27 CLEAR CHOICE HEARING 3:30PM - MPR1</b> 8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 10:15AM JWI.....MPR1 12:15PM Duplicate Bridge .....ML 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	<b>28 HALLOWEEN BASH 5PM - MAIN LOUNGE</b> 9:30AM Zumba Gold.....MPR1 11:00AM Stability & Balance.....MPR1 2:00PM Bridge .....MPR1 <b>29 HOWL-O-WEEN PARADE 2PM - GREEN</b> 1:00PM Strum Jam Session.....HS 5:30PM Bingo.....MPR1

## Management Office Hours

Office Hours: 8:00 am – 4:00 pm  
 Closed for Lunch: Noon – 1 pm

## IMPORTANT NUMBERS

Management Office 714-960-5475

**Management Emergency  
 After Hours: 714-565-3059  
 So. Cal Edison: 800-655-4555**

**Safety or Threatening Emergency: 911**

Atlanta Gate.....714-960-1452  
 Library.....714-536-4767  
 Neighbor Assist.....714-960-2277  
 HB Senior Center.....714-536-5600  
 Seniors Outreach.....714-960-2478  
 Police/Paramedics Emergency.....911

## BOARD OF DIRECTORS

**President, Steve Brown**  
 stevehlboard@yahoo.com

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 peggydern@yahoo.com

**CFO, Laurie Erickson**  
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## MANY ADVENTURES FOUND IN HB CENTRAL PARK

By Katie Corbett, Features Editor

Compiled from Huntington Beach City Online Data

Where can you find a Chinese Terra Cotta Soldier in Orange County? Such an amazing 208th BC-century artifact is displayed in the beautiful Central Library at Huntington Beach Central Park. In addition, the 350-acre Central Park contains a multitude of facilities for residents and tourists to use: the library, a senior center, the Shipley Nature Center and the Thomas Ridley Bandstand, a sports complex, lakes, restaurants, an equestrian center, playgrounds, and picnic areas.

The Central Library features spacious reading spaces, meeting rooms, a 300-seat theater, a genealogy club, citizenship classes, Friends of Library, bookstore, veteran's services, digital resources, an outstanding children's books section, etc. It is located at 7111 Talbert Ave. For more information call (714) 842-4481.

Opened in 1974, the Nature Center is an 18-acre fenced natural area within Huntington Beach Central Park. Named after former Mayor Donald D. Shipley, the Nature Center includes 4,000 feet of trails that meander through several habitats, including oak woodlands, Torrey pines, meadows, and Blackbird Pond, a natural freshwater wetland with mature willows, and sycamores.

Donated to the City by Friends and Neighbors of Seacliff, the bandstand was named in honor of long-time music director Thomas Ridley of the Huntington Beach Concert Band since 1977. He has been a major part of the success of the HBCB, and the Summer Concert Series in Central Park has continued to flourish. Difficult economic challenges in the early 2000's created budget constraints, but due to his commitment the program was reinstated and has continued to be a highly attended community event.

The Sports Complex is a 46-acre, open air area featuring eight softball fields, seven soccer fields, turf fields, batting cages, concession stands, bleachers and restrooms. Information about the field reservations and adult softball, soccer and other sports leagues are available by emailing [HBSportsComplex.com](mailto:HBSportsComplex.com) or calling 714-248-6332.

Focused on aging in place, the Central Senior Center offers classes, activities, travel, education information, a lunch program, care management, and more. Its 5,600-square-foot Hoag Fitness Pavilion offers state-of-the-art exercise equipment, group exercise and dance rooms.

Make plans soon to visit the largest city-owned park in Orange County. Enjoy the peaceful setting of open grass fields, extensive tree and flower plantings that are used for various activities such as picnics, playing, and strolling the serene atmosphere between Goldenwest and Edwards and Beach and Talbert Streets.



### Does Medicare pay for second opinions?

The simple answer is yes. In some cases, Medicare Part B covers a second opinion for a medically necessary surgery that isn't an emergency. Medicare will also help to pay for a third medical opinion if the first and second opinion differ.

If you only have Original Medicare with no Advantage plan or Medicare supplement, you will have to pay your 20% co-pay for these second or third opinion doctors' visits.

However, if you have a Medicare Advantage plan or a Medicare Supplemental, they may have different rules and you will need to find out if you have a cost for the second/third opinions.

To find out how much your test, item, or service will cost, talk to your doctor or health care provider. The specific amount you'll owe may depend on several things, like:

- The type of insurance you may have
- How much your doctor charges
- If your doctor accepts assignment
- The type of facility or where you get your test, item, or service

Sandra Teel- Insurance Broker specializing in Medicare

Office: 657-204-4224



## Get local help with your Medicare questions.

I'm a licensed sales broker, specializing in Medicare. Take advantage of my knowledge and experience to:

- ✓ Take the confusion out of Medicare
- ✓ Receive one-on-one services
- ✓ Get help reviewing plans
- ✓ Make enrolling in a plan easier

**All at no cost to you!**

I look forward to helping you start exploring your Medicare plan options, so you can enroll in a plan with confidence.

75698\_080323\_MK



**Sandra Teel**

Cell: (909) 856-9379

Office: (657) 204-4224

steelmedagent@gmail.com

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# Bulletin Board

## EXPECTING COMPANY?

If a guest is using GPS to get directions, enter in the Atlanta Gate address to find Landmark: **8641 Atlanta Avenue, HB 92646**

## LOST GATE OR MAILBOX KEY?

You can replace your gate or mailbox key for \$3 cash at the Management office. Please call 714-960-5475 for more info.

## BIKE RIDERS - SAFETY ISSUE

For the safety of pedestrians, do not ride bikes on sidewalks. **RIDE WITH THE TRAFFIC**

## CARDBOARD BOXES

With all the deliveries we receive now, please be sure to break down your cardboard boxes before placing them in the dumpsters.

## PARKING & YOUR GUESTS

Residents, please remind your guests while at the Main Lounge for an event, activity or visiting, they must park in "Guest Parking" only and have their Guest place card must be displayed on the car dashboard.

## BILLIARDS REMINDER

The Billiards room is under video surveillance. **No food or drink allowed on pool tables. Damages range up to \$500 which will be passed on to resident along with fines.**

## LOGGING INTO YOUR GATE MASTERS ACCOUNT...

If you are experiencing password or login difficulties for Gate Masters, please call Meena at (877) 648-0602 or log into <https://gatemastersinc.com/index.html>

## FREE NOTARY PUBLIC

Free service is offered to Landmark residents on the 1st and 3rd Thursday of each month at 6:30PM at the Recreation Facility. Call Ronda at **(714)969-5326**. **You must make an appointment in advance.**

## E-BLAST INFO

Stay up-to-date with late-breaking Huntington Landmark news by signing up for our E-Blast (email) notifications. Call the Management office at 714-960-5475 and let them know you would like to be on the E-Blast list.

**Reminder:** Please be courteous of other Residents and be sure to wipe down all gym equipment immediately after use.

## DOG OWNERS - FRIENDLY REMINDERS

Dogs must be held on a leash no longer than 6 ft. at all times when outdoors and an in-charge adult handler competent to restrain the dog must be present. Please clean up after your pets during your walks. Pets are not allowed at the Recreation facility, with the exception of therapy/service dogs. Service animals are defined as dogs that are individually trained to work or perform tasks for people with disabilities.

Resource: U.S. Department of Justice, ADA 2010 Requirements

## LARGE ITEM PICK UP

Residents may contact REPUBLIC SERVICES for large item trash pick up. Their customer service phone number is 657-845-6095, ask for Rhonda.

## Work Request

Work requests can be submitted through email at anytime to a staff member. Staff member email addresses are located on the calendar page.

## OCTOBER MOVIES



### **A MILLION MILES AWAY**

**10/4/2023 (WED) 2PM, MPR2, 2023, PG, 2H 2M**

Inspired by the real-life story of NASA flight engineer José Hernández, *A Million Miles Away* follows him on a decades-long journey, from a rural village in Michoacán, Mexico, to more than 200 miles above the Earth in the International Space Station. With the support of his family, José's drive & determination culminates in the opportunity to achieve his seemingly impossible goal.

*Cast: Michael Pena, Rosa Salazar*



### **THE TENDER BAR**

**10/11/2023 (WED) 2PM, MPR2, 2022, R, 1H 46M**

From director George Clooney and based on the best-selling memoir, *The Tender Bar* follows an aspiring writer (Tye Sheridan) pursuing his romantic and professional dreams. From a stool in his uncle's (Ben Affleck) bar, he learns what it means to grow up from a colorful group of local characters.

*Cast: Ben Affleck, Tye Sheridan*

**10/18/2023**

**NO MOVIE**



### **BLISS**

**10/25/2023 (WED) 2PM, MPR2, 2021, R, 1H 44M**

*Bliss* is a mind-bending love story following Greg who, after recently being divorced and then fired, meets the mysterious Isabel, a woman living on the streets and convinced that the polluted, broken world around them is just a computer simulation. Doubtful at first, Greg eventually discovers there may be some truth to Isabel's wild conspiracy.

*Cast: Owen Wilson, Salma Hayek*

## UPCOMING EVENTS

### **SWAP MEET**

Tables: \$10 each (purchase in Mgmt Office)

**SATURDAY, 10/7/23, 9AM, MGMT LOT**

### **BUNCO NIGHT**

Tickets: \$10 each

Tickets on sale

- Starting Monday, October 2 at 8AM, Mgmt Office

**THURSDAY, 10/12/23, 7PM, MAIN LOUNGE**

### **VACCINE CLINIC**

Complimentary

**FRIDAY, 10/13/23, 9AM, MAIN LOUNGE**

### **COLLETTE TRAVEL SEMINAR**

Complimentary

**SATURDAY, 10/14/23, 11AM, MPR1**

### **CLEAR CHOICE HEARING CLINIC**

Complimentary

**FRIDAY, 10/27/23, 3:30PM, MPR1**

### **HALLOWEEN BASH**

Tickets: \$30 per person

Tickets on sale:

- Saturday, October 7 at 8AM, MPR1

**SATURDAY, 10/28/23, 5PM, MAIN LOUNGE**

### **HOWL-O-WEEN PARADE**

Complimentary

**SUNDAY, 10/29/23, 2PM, GREEN**

### **BUNCO NIGHT**

Tickets: \$10 each

Tickets on sale

- Starting Monday, October 2 at 8AM, Mgmt Office

**THURSDAY, 10/12/23, 7PM, MAIN LOUNGE**

## Huntington Landmark Friendly Reminders from Management



- The AFTER-HOURS property related emergency phone number is: **(714) 565- 3059**  
Please correct your copy of the new Huntington Landmark directory to reflect the new number. You may also contact the Guard House at: **(714) 960-1452**  
The guard is available 24 hours/day and 7 days/week. During a power outage, please call Edison at: **1-800-655-4555**  
For water heater gas shut off issues, please call the Gas Company at: **1-800-427-2200**

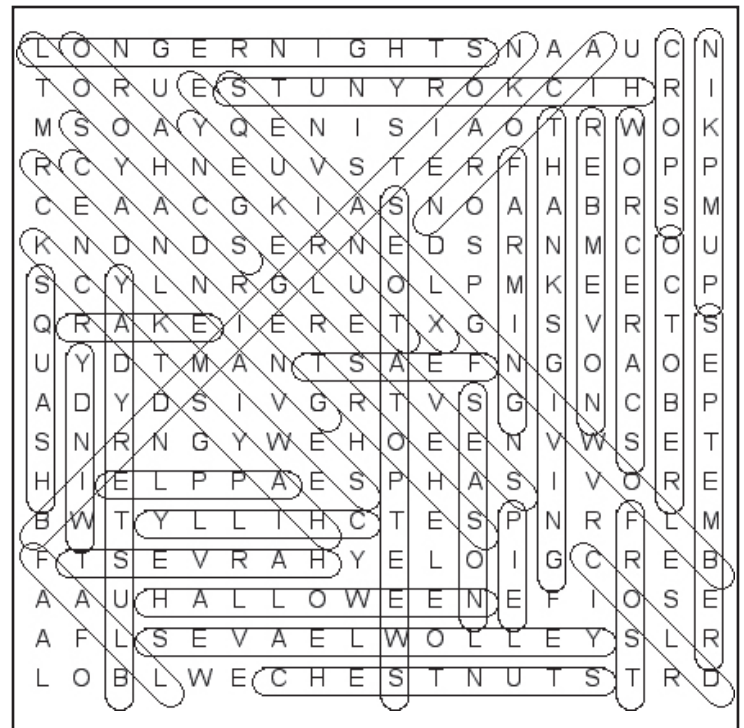


*Management*

### SOLUTION FOR SEPTEMBER CROSSWORD

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### WORD SEARCH SOLUTION



The hidden sentence is:  
AUTUMN IS A SECOND SPRING  
WHEN EVERY LEAF IS A FLOWER



Home Instead® offers an individualized approach to keep seniors safe and sound at home, instead of anywhere else.

- Companionship Care
- Personal Care
- Meal & Nutrition
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- Alzheimer's/Dementia
- Household Duties
- Respite Care
- Hospice Support
- Post Hospitalization & Rehab Care

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**714.444.4880**



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Each Home Instead Senior Care franchise office is independently owned and operated.

### MANAGEMENT REACH OUT

Dear residents,  
Please know that if you have any questions or concerns you may reach me at 714-960-5475 or email: kimberly.pollard@seabreezemgmt.com



Your Seabreeze Management staff are available for any questions or concerns you may have about Landmark.

The entire Seabreeze staff's contact information is listed in the center of this newsletter.

We are here to help you live your best years in Landmark.

-Kimberly

## HEALTH & FITNESS

### A DEEP DIVE INTO BODY AWARENESS

**Thursdays from 11-12, Main Lounge**

Using meditation (to focus on the present), body awareness exercises (to focus on sensations), slow movement and stretches, and breath work, we will learn how to have a sharper focus on the body, how to feel and then release pain and tension, and how to live more fully in the present to feel more alive.

If you have any questions or to let me know you plan to attend, contact Fred Schloessinger at: fredleosch@gmail.com or 714-655-9316

### AQUA AEROBICS

Come join us; tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training and may incorporate resistance tools such as buoyant water weights and noodles. Classes are ongoing month to month. Mondays and Wednesdays 12:30 – 1:30 PM at the Main Pool. No swimming experience necessary. Men and women welcome! **Instructor: Michele 714-376-1382. Mon & Wed 12:30-1:30pm, MP, \$8/class, cash only.**

### HB AEROBICS

Come experience a cardio class designed with seniors in mind, fun music and easy-to-follow low-impact routines, led by Jimmy with over 20 years experience here at Landmark.

**Instructor: Jimmy  
M,W&F - 8:15 to 9:15AM, ML**

### CHAIR YOGA

Yoga offers many benefits, from reduced stress to improved strength and flexibility, but it can also be intimidating to some people, feeling they might not be able to move easily to a standing position from the floor. Try chair yoga, a gentle style of yoga you can do from a seated position that also incorporates the breathing and mind-body benefits of a traditional class. (Light hand-weights and dyna-bands are suggested.)

**Instructor: Kathy. Wed - 9:30 -10:30 AM, ML/MPR1, \$5 per class**

### STABILITY & BALANCE

As we age, our vision worsens and so does our confidence in our ability to maneuver without a fall. This class Stability and Balance not only will strengthen your bones and your balance, these exercises are designed to work with the brain as well. The class is 45 minutes and it is necessary to be able to hold a standing position to get the most benefit. Chairs are provided as support.

Exercises are done to music but are not dance steps.

Come and try it out you will love it- the demo class is free. For more information, contact **Adrienne at 562-397-1519. Saturdays 11-11:45AM, ML, \$3 per class.**

### TAI CHI

Come learn how to recharge your mental, emotional, and physical battery using tai chi and qigong methods that allow the body to accelerate its own re-balancing and self-healing abilities.

**Instructor: Ryan Lee  
Tuesdays – 10 to 11AM, Main Lounge, \$15 per class.**

### YOGA FOR LIFE

Gentle classes are great for everyone! Instructor Kathy with 20 years experience leads classes. This is the perfect introduction to yoga. Included are foundational poses, with emphasis on breathing, and some yoga philosophy. The goal is to move from the busy, fast pace of our lives into a practice that is slow paced, mindful, and conscious, and receive the abundant benefits of yoga. All levels are welcome. **Instructor: Kathy, Thurs 9:30AM, ML, \$5 per class.**

### ZUMBA GOLD

There is no wrong way to do ZUMBA. If you are sweating and smiling you nailed it!

While ZUMBA will aid in toning and weight loss- that is a side benefit- the main benefit of dance exercise is what it does to your brain, your bones and your muscles and you have fun while doing it.

Your heart is a muscle - dance exercise promotes muscle strength. Dance exercise promotes bone growth. Studies show that stimulating one's mind by dancing can ward off Alzheimer's disease and other dementia.

**Instructor: Adrienne 562-397-1519.  
Saturday 9:30 – 10:30AM, ML, \$5 per class.**

## MUSIC

### CHORALE

The annual holiday performance by the Huntington Landmark Chorale was a great success with a sell-out crowd. If you enjoyed singing along during the concert, come join us! We practice on Mondays at 6:30 pm in MPR 1. **Call Mike McCool at (858) 449-8094.**

### MONDAY MORNING JAM

Formerly known as "Ukuleles Plus Jam," we are still jamming and working on learning new tunes, perfecting arrangements, and holding performances for the Huntington Landmark Residents. Feel free to come jam with us or relax and enjoy music selections from the Big Band Era to some popular folk tunes, and all in between. We now have some guitars, harmonicas, and singers. **We meet on Mondays at 10AM in the Main Lounge.**

### PERFECT NOTES

Starting July 2023, Perfect Notes will now be the 1st Wednesday of the month at 4PM in the Main Lounge! Perfect Notes Entertains you with a Line-up you don't want to Miss!

- July 5th – Broadway Showstopper
- August 2nd – A Tribute to the Longest Running Musical: Les Misérables
- September 6th – A Night of Nostalgic Songs
- October 4th – Till I hear you Sing! A Tribute to Phantom of the Opera
- November 1st – Moonstruck
- December 6th – Sounds of the Season 3

Again, thank you for letting me Entertain Huntington Landmark than be Entertained! "I'd Rather Entertain than be Entertained" – Perfecto

## PRAISE MUSIC

You are invited to join us the first Friday of every month for great fellowship, music, and food. We meet in MPR1 at 5PM. Bring your voice, instrument of choice (optional) and a dish to share, and join us in making a joyful noise unto the Lord!

**Call Annabel DeMuth at 949-923-7224 for details.**

## SUNDAY STRUM

### JAM SESSION

Every Sunday afternoon, from 1-2:30PM on the lawn in front of the shuffleboard courts is the Huntington Landmark "Sunday Strum" jam session. Ukuleles, guitars, bass, harmonica, singers, and more gather to play music. Feel free to come play, come sing, or come to just listen. Bring a chair. **See YouTube: "Huntington Landmark Music".**

## CLASSES

## OPEN ART

Please join fellow artists for "Open Art" every Monday morning beginning at 10AM in the Art Room. It's a time for artists in all mediums to work together, share each other's work and company, ideas, demonstrate their skills, etc. Feel free to come by. Sometimes there will be lots of people, and other times only a few. **For more information, call Linda Mahar at 714-585-6420.**

## SPORTS

### BILLIARDS CLUB

The Billiards Club keeps growing and is always welcoming new members. **We meet every Wednesday evening from 6:30 – 9 pm for our shoot-arounds.** There are instructors available from 6:30 – 7:00 to give you pointers. We have 5 tournaments a year and several events still planned for this year, including one more tournament. Check us out!

The August tournament was a team 8-ball event. It was full of surprises with several new winners! The winners were: Herb Hite and Sylvia Widmeyer for the beginner level, Anita Daniell and John Paul for the Intermediate level and Jim Kutzle and Nelson Robinson for the Advanced level. Thanks to everyone who participated in the event and contributed to making our club a fun and friendly place to play!

**The final tournament of the year will be held October 21.**

For more info contact Nelson Robinson at 714-615-1942 or our Website: [hlbilliardclub.weebly.com](http://hlbilliardclub.weebly.com).

### BOCCE BALL

Our weather is improving, and we hope you'll enjoy our Bocce Ball Court. The equipment is located in the cabinet by the shuffleboard court. Stop by the court to play a game or just watch and socialize with your neighbors.

Any questions contact Amar in the Management Office. Looking forward to lots of fun at the Bocce Ball court!

### BOWLING

Hello Bowlers! We don't care if you're good or bad at bowling, we just want you to come and enjoy yourselves! So, join the fun at Fountain Bowl, located at 17110 Brookhurst St near Warner, 2 blocks north of I-405, in Fountain Valley. Ask for John when checking in or call John at 310-880-4250. Hope to see you there on **Wednesdays at 11:30AM at Fountain Bowl.**

### GOLF CLUB

Enjoy Golf?? The HL Golf Club plays a rotation of five courses on the 3rd Wednesday of each month. With three non-golf social events during the year, it's a great way to include non-golfing spouses and guests.

Tournaments are "best ball" where golfers of all skill levels can contribute to the team. Course Contest prizes are awarded as golfers finish their round and most golfers choose to stay and enjoy some social time at the 19th hole.

**Our next tournament is at the Dad Miller Golf Course in Anaheim on Wednesday, October 18th.** Please consider joining us, there is no membership commitment for your first tournament. If you decide to join us, membership is only \$15 per year. Dues paid after August will include 2024 membership.

Need more information? Visit our website at [HLGolf.weebly.com](http://HLGolf.weebly.com), contact Roy Ludvigsen, Tournament Chairperson at 678-640-1699 or e-mail to [GolfClubAtHL@gmail.com](mailto:GolfClubAtHL@gmail.com).

### HORSESHOES

Come on down to the Horseshoe Pits, next to the shuffleboard courts. Everyone is welcome. We meet every Wednesday from 1PM -2:30PM. We would love to see new faces and make new friends. Any questions? Call **John at 760-534-8023.**

### TABLE TENNIS

Ping Pong players wanted. For more information, **contact Esteban Ezcurra 714-512-5433.**

### TENNIS & PICKLEBALL

Have you heard about the phenomenon with the strange name sweeping the country? It's Pickleball!! It is currently the most rapidly growing sport in the country. You can be part of it. **Beginners can learn to play on Saturday mornings from 9AM until 10AM** with our very own "pros", Tom Whitley, Gary Gorup, and Dan Orozco. Take the lesson and then stay to play with others and put your new skills into practice. **Pickleball is also played on Monday, Wednesday, and Friday morning at 9:30AM and weekday afternoons about 4PM.** Everyone is welcome. Contact Tom Whitley at (714) 362-4760 or Phil Donohue at (856) 404-8409.

**We have a new tennis liaison: contact Alice Callens at (714) 287-6524 to find out about Landmark tennis. Mixers are usually the 2nd Saturday of the month.** Goodies and drinks are served and there are always lots of fun games. Also, consider joining the Tennis & Pickleball Club. Our group is very welcoming, and we consider it to be a big family. Come be a part of it!

## GAMES

### BIG BUCKS BINGO

Come join the fun and meet new friends or visit with old ones as your mind is stimulated by following the numbers to create interesting BINGO patterns. There are 10 rounds for a one-time cost of \$1.00 per card with no limit and a BONUS round at \$1.00 per card maximum with a maximum of 2 cards; winner takes the full pot. Of course, the more players, the bigger the pot, which on Sunday, June 5th reached a record high of \$54.

**Come join in the fun every Sunday and Wednesday at 5:30PM in MPR1. For further information, call Jean Schwennesen at 714-600-2155.**

### CO-ED POKER

We're looking for poker players. We've been playing for many years and would like to invite new players to a great game. We play Thursdays from 6:00 to 9:00PM in the Game Room. For more information contact **Mary 714-369-2458.**

### DUPLICATE BRIDGE

**You are invited to join our Friendly Bridge Club on Fridays at 12PM in the Main Lounge or an MPR room when needed.**

The weekly cost is \$2 for materials and payouts. Weekly winners are awarded cash prizes in lieu of master points. Meeting rooms are published monthly on the Landmark Living calendar.

For more information, check out our website: [www.landmarkbridgehb.com](http://www.landmarkbridgehb.com) for reservations and winners from previous weeks. We are back and growing since Covid-19 interrupted meetings. Please join us for a stimulating afternoon of cards with our pleasant group. Contact Alene Reed (President) at 714-654-9741 or Claire Chris (Reservations) at 714-536-9220.

### FRIENDLY LADIES TEXAS HOLD'EM POKER

Our group would like to invite all ladies to play at the Beacon Cabana (when available.) This is one of the easiest card games to learn. For day and time, call **Harriet 714-960-2770.**

### HAND & FOOT

Join us for an enjoyable afternoon playing a card game called Hand and Foot. If you have not played it, we will show you how! Come to the Main Lounge any Monday at 12:15PM. For more information, please call Nancy at 714-815-3299.

### MONDAY NIGHT GAME CLUB

The club meets in the Beacon Pool Cabana at 6:30PM. Come by Monday night and join us! We play a variety of games such as Five Crowns, Play Nine, Dominoes, Left-Right-Center, and more. Some low-level betting occurs to make it a bit more fun and interesting. Each week, the attendees decide which game will be played at their table. Also, we ask participants to alternate providing snacks for the club.

**For more info, contact Beth at (916) 342-7101.**

### LADIES FRIENDLY POKER

Ladies Poker Players meet on Fridays at 12:30-3:00pm in the Game Room. For more information, contact **Mary 714-369-2458.**

### PAN CARD GAME

Pan has everything the card player looks for. It's fast action with a combination of skill and luck. It is played with eight decks of cards with no 8s, 9s, and 10s, and it is played with three to eight players. Lessons can be arranged. Call Diane at 714-907-3012. Men and women are invited.

**Tuesdays at 12:30PM at the Beacon Cabana**

**Thursdays at 6:30PM at the Beacon Cabana**

## CLUBS & GROUPS

### ART CLUB

Another successful Gallery Night on September 22. Thanks to all those who participated and helped with setup and take down. We have many talented people here in Landmark!

Our agenda for the next few months is as follows:

- October 12 – Meeting – 10AM in Art Room
- October 19 – Paint Night
- November 9 – Meeting 10AM followed by trip to OCMA
- December 14 – Holiday Luncheon

We love having new members! Come join us and participate in all the fun. Contact Linda Mahar 714-585-6420 or [lindamahar@yahoo.com](mailto:lindamahar@yahoo.com).

### BIBLE STUDY

Join us every **Friday morning at 10AM in MPR2** for a walk through the Bible, led by our enthusiastic leader, Larry Helm. Everyone is welcome.

### BOOK GROUP

Do you enjoy fiction or non-fiction? Come to the Book Club and enjoy sharing with other book lovers. Call either **Judith 714-612-1826** or **Shari 714-357-4280.** We meet at 2pm in the Poker Room on the 2nd Tuesday of each month.

### CABARET CROWD

The Cabaret Crowd hosts five fun-filled theme-inspired dinner dances throughout the year. We invite everyone to join us, couples and singles alike. More details to come in future Landmark Living Newsletters and E-blasts.

### 2023 UPCOMING EVENTS

**Annual Halloween Bash & Costume Contest**

Saturday, October 28, 2023

## CERAMICS CLUB

The Ceramics Club welcomes anyone interested in learning about this exciting hobby. Just drop by the Ceramics Room any **Tuesday at 10 a.m.** to see what is happening. Members can choose to pour any mold from the club's 600 molds for greenware. Three-ring binders contain a cross-index of the molds categories including pots, dinnerware, holidays, animals, angels, people, etc. Also, members enjoy learning about new techniques and glazes to use for their creations from their expert instructor who comes two Tuesdays monthly. For more information call President **Janet Newton at 714-224-9923. Ceramics, Tuesday – 10 AM to noon, CMR. Monthly Meeting, 1st Tuesday, 10 AM. CMR.**

## DISCUSSION GROUP

The day has changed. We are now meeting every **Thursday morning from 10:30AM – noon in MPR1.** This is a welcoming space to reminisce about the good old days, share a favorite book, movie, or restaurant, and discuss current events. Join us for lots of learning, laughing, and lively discussion! For questions, contact Lee and Anne Gillespie at [agillespie378@gmail.com](mailto:agillespie378@gmail.com) or at 714-465-8825

## EMERGENCY PREP SERVICE GROUP

The EPG was formed to help us all be prepared in case of disaster – earthquake, fire, flood, etc. **The group meets once a month on the third Monday at 1PM in MPR1** to discuss our agenda and educate residents about these emergencies. All are invited. One aspect of this group is the Building Stewards program. Volunteers keep their neighbors informed of safety issues and how to be prepared.

**Our next meeting is on October 16 at 1PM in MPR1.** Please come. Contact EPG chairman Paul Kanter (310-991-8519) if you have questions.

## EVENTS CLUB

Events Club members organize creative community activities throughout the year, including Landmark's popular summer Concerts on the Green held from 4-6 PM on June 10, July 8, August 12, and September 9. Other summer events include a June 16 Alice Wallace Concert, June 24 Afternoon Tea, the July 4 Pool Party, and A Day at the Races on August 26.

Planning is also underway for the second annual Howl-o-ween Costumed Dog Parade on October 29, a Holiday Gift Boutique November 4, a Thanksgiving luncheon November 16, and the traditional Tree Trimming Potluck on November 27. December 2023 events will feature a Christmas luncheon on the 13th, and a New Year's Eve Party on the 31st.

**The Events Club welcomes new members and volunteers to its regular monthly meetings, held at 9:30 AM in MPR 2 on the first or second Monday. Next meeting: June 12, 2023.**

For more information: Patricia Vidal, 714 334-1773, [patriciaavidal@vidalgrouppoc.com](mailto:patriciaavidal@vidalgrouppoc.com) or Karen Kraushaar, 949 394-5826, [kkraushaar@msn.com](mailto:kkraushaar@msn.com).

## GRANDPARENTS & FRIENDS

Several years ago, when The Grandparents Club was created, it was to promote activities to enjoy with our grandchildren. If you are not yet a member, we encourage you to look at our website to view pictures of fun times at Landmark. Also, we added Friends, as many of our members love and support the club, but don't have grandchildren. All are welcome at Grandparents & Friends Club events, even if your grandchildren live out of the area or are grown.

Moving into Fall, we are inviting you to join us on October 17th to meet the HOA Board candidates. It is exciting to note that ALL six of the candidates are members of the GP&F club! We will have an informal panel giving each candidate an opportunity to introduce themselves and respond to selected questions. Come join us so you can make an informed decision when voting in November.

Upcoming events to put on your

November calendar:

- **Nominations for GP&F Board**, if you would like to nominate yourself or a friend, we welcome your interest.
- **Second Opportunity Holiday Boutique** will be held in place of our meeting on November 21st.
- **Spark of Love Toy Drive** will begin on November 24th and go through December 21st.

For more club information, please contact Beth Gerbutavicius at [bethgerbs@yahoo.com](mailto:bethgerbs@yahoo.com) or call (916-342-7101). For club membership information, contact Steve or Sue Brown at [sbforsc@rr.com](mailto:sbforsc@rr.com) or call (714-504-3985). Don't forget to check out our website: [hlgrandparentsclub.weebly.com](http://hlgrandparentsclub.weebly.com)

## JEWISH WOMEN INTERNATIONAL, SIMCHA CHAPTER

The Simcha Chapter of JWI is a congenial, welcoming member of the Landmark community. We meet five times each year and help promote the annual Menorah Lighting ceremony at Hanukah.

Our meetings (in January, March, and May, September, and November) are open to all. As well as presenting diverse and interesting programs, we serve a full lunch. Details of each meeting are in that month's issue of Landmark Living magazine.

But we support more than our local community. The initials JWI stands for Jewish Women International, serving women and children here and abroad. Our motto is Safe Homes, Healthy Relationships, Strong Women, working to end violence against women, empowering the next generation of leaders and helping women and children at risk have a safe future.

Simcha has also long supported The Children's Home in Israel where children traumatized by war and abuse regain their stability and learn useful skills.

Our membership is growing. No longer must you be Jewish or a woman to belong. Anyone who would like to be a part of this philanthropic, joyous group is welcome to come to a luncheon or become a member.

**Our next Board Meeting is Friday, October 27th at 10AM in MPR1.**

For questions, please call **Claire Schechter at 714-962-6164.**



## KNITTWITS

If you'd like to knit or crochet with a group of other yarn enthusiasts, please join us on **Thursday mornings at 10AM on the Main Pool Deck**. Bring your own project or just visit and be inspired to start something new. This is a change of day. We previously met on Tuesdays.

## HISPANIC CULTURAL GROUP

We are a group of Spanish speakers at Landmark. We get together the first Friday of the month for Spanish conversation and friendship. We have members from almost all the Spanish speaking countries. There are no dues or membership fees. Please note that our meeting room has been changed. First Friday of the month at 2PM in MPR 2. **For more information call Betty at 661-406-5191 or Blanca 714-969-3063.**

Somos un grupo de Hispanohablantes residentes de Landmark. Nos reunimos el primer viernes de cada mes para conversar en español y amistad. Es gratis no hay ningun cargo para ser miembro. Tenemos miembros de casi todos los paises de habla hispana. Hemos cambiado de salon. Primer viernes de cada mes a las 2 de la tarde en el MPR2. **Para más información llamar a Betty 661-406-5191 o a Blanca 714-969-3063.**

## LINE DANCING CLUB

You are invited to join us for a fun afternoon of Line Dancing with friends and new acquaintances every Monday and Tuesday from 5pm to 6pm in the Main Lounge.

Line Dancing has been part of American culture for years. Join your fellow residents and have a great time dancing in lines to all forms of music led by Ronda. It is free to join this club; there are no obligations. Let's have some fun and Line Dance! For more information, please contact Ronda Huld at 949-280-5548.

## MAT MAKERS

Once again, I write a final article for the **Mat Makers**. In December 2020, I wrote to say that the Mat Maker project at Landmark was being discontinued as the bag ban of 2017 had us scrambling for usable bags.

Then the students from Lester Middle School in Japan (that had seen our YouTube video) and relatives living in states, where there was no bag ban, came to our rescue. However, as more people switch to cloth/plastic reusable bags and the cost of postage increases, our supply of bags to work with has greatly diminished. With that said, we are "closing shop" on the **Mat Makers** project. We almost made it to our eighth anniversary, having begun October 15, 2015.

As the end of our project approaches, Isabel and Cindy are working to finish the last crocheted mats. They, as well as the Landmark residents, have created hundreds of mats over the years. The mats have been distributed to the VA Long Beach Resource Center, the Refuge Church, and area soup kitchens.

A HUGE thank you to the residents that supported our project by taking the time to donate their plastic bags. Most importantly, a "job well done" to the ladies who gave up their time and their talents to create the mats that provided comfort and warmth to those in need. **THANK YOU!**

## NEEDLECRAFT

We are currently making afghans for charity by knitting and crocheting 7" by 9" rectangles. We also make scarves for the military whenever needed. So, if you like to do this kind of work or would like to learn how, we can teach you. We provide yarn and other materials. Come join us, we love to have new members. You may also work at home if you prefer. We meet on Tuesday mornings, 9:30 to 11:00 in the Sewing room. For more information you can contact Kay Winter at [dkwinter57@msn.com](mailto:dkwinter57@msn.com).

## SURF CITY QUILTERS

We Quilters share our enjoyment of working with fabric, choosing fabric, patterns, and thread. Then on to cutting (measure twice, cut once), piecing, and

quilting. **Surf City Quilters meets in the Sewing Room on Monday from 1PM to 4PM.** Anyone interested in quilting or fabric, thread/yarn, or robe art is welcome to join us. Please, come by and meet the Surf City Quilters. We are all skill levels. Did you know Huntington Landmark has a sewing machine for use? The key for the HL sewing machine can be checked out from the Management Office. Stop by and learn more about us. **For more information, contact Alice Roberts at 714-381-8775 or [almroberts@yahoo.com](mailto:almroberts@yahoo.com).**

## THREADS OF LOVE

Threads of Love will be taking a break in the month of August. We will resume in September, every Friday from 9AM to 11AM in the Sewing Room.

## TOYMAKERS

The Toymaker's thank you for recycling! Please be aware that now, in addition to the usual plastic bottles and aluminum cans, we can also take plastic gallon water jugs, iced tea bottles, glass wine bottles and all manner of other plastics and glass bottles. Just as before, we will separate all contributed materials and take it to the recycle station so the proceeds can be used to buy much-needed wood, sandpaper, paint, glue, tools, and everything else the Toymaker's use to craft toys for the underprivileged children in our area. Please drop off your recyclable items at the bins behind the wood shop and we will take it from there!

## VETERANS GROUP

Are you a Veteran? We have a group of men and women veterans that meet on the third Thursday of the month **at 11AM in the Art Room**. Come join us for camaraderie and discussion.

**Our next meeting will be on August 17th at 11AM in the Art Room. Please contact Roy Piazza, at 949-521-4069 or [roypizzasanta@gmail.com](mailto:roypizzasanta@gmail.com). Back up is Barry Boone at 714-926-7315, or [boonedadb@aol.com](mailto:boonedadb@aol.com).**

## WOODSHOP

Interested in woodworking? Come by and see what we're doing in the Woodshop. **Contact: Tom Humphrey 714.240.4703.**

# LANDMARK LIVING

## LANDMARK LIVING CLASSIFIED ADVERTISEMENTS

Do you have items you'd like to sell? Try listing them in Landmark Living Classified Ads page and reach a potential 2,000 plus residents. Want to sell that dining room set, the lamp you no longer use, or that TV? Place an ad and sell it. Looking for a good car for your grandchild? You can also place a "Wanted" ad. Have the Seller contact you.

Here's how you do it: Contact Joe Morris at [joe@benfranklinpresshb.com](mailto:joe@benfranklinpresshb.com) or call (714) 842-6733 for advertising information. Thank you.

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Please report any leaks, water damage, moisture or ponding both inside or outside your unit immediately.

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Contact the non-life threatening Emergency Line at 714-565-3059 (after business hours)

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\*Gas Emergencies

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So. California Edison Toll free 1-800-655-4555

\*Security Access Control

Guard House 714-960-1452

\*Police Department

(non-life threatening or concern about a resident) 714-960-8811



**For Display Advertising** – deadline is the 10th of every month prior to publication.

Please contact Joe Morris at Ben Franklin Press – [joe@benfranklinpresshb.com](mailto:joe@benfranklinpresshb.com), or call **714-842-6733** for more information.

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## In Times of Need

As full time Chaplains, Bob and Jane Keller are neighbors and full time residents of Huntington Landmark. We would like, at no charge, to offer our services. We have been serving in this capacity for almost 15 years. We understand that in times of distress, having someone near can be a tremendous encouragement and comfort.

We are on call 24/7 for: assisting families when waiting for the mortuary or coroner, assisting families in their time of grieving over the death of a loved one, and officiating funerals. All conversations are held in strict confidentiality.

We can be contacted by calling 714.865.9177, or through email [rejakeller@gmail.com](mailto:rejakeller@gmail.com). If you need more information on our qualifications please go to our website [www.inpursuitca.com](http://www.inpursuitca.com). Sincerely, Chaplains Bob and Jane Keller

## STREET SWEEPING

Huntington Landmark street sweeping is performed on the 1st and 3rd Thursdays of the month in the morning. Please make sure that your vehicles are moved off the streets on those days. Thank you!

## LANDMARK VISITORS & GUESTS

Reminder: Please call in your guests to the Atlanta Gate: **714-960-1452** to help avoid long lines and back-up. You may also add frequent guests to your permanent guest list with Patrol Masters at the Atlanta gate.

## LANDMARK LIVING CONTRIBUTORS

Without our volunteers, Landmark Living just wouldn't be the same. Thank you!

**Reach us at: [landmarklivingnewsletter@gmail.com](mailto:landmarklivingnewsletter@gmail.com)**

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### DELIVERY VOLUNTEERS

Expect delivery of the newsletter from the 1st through the 3rd of each month. If you'd like to help with deliveries, please contact Sharon Syncheff for more details at 818-620-8854.

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Nabila Jahshan

Jim Kutzle

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To save you time, and to have a copy for your records, please email your work requests to [amar.gupta@seabreezemgmt.com](mailto:amar.gupta@seabreezemgmt.com). It is the quickest and most reliable way to submit. For your convenience, there are also work request forms located outside the Management Office and in the Main Lounge.



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*Family members, if you'd like your loved one mentioned, please let us know.  
Thank you.*

**Amar (714) 960-5475**

## ALL ARTICLES FOR LANDMARK LIVING

All articles, club news, events, and notices must be **submitted by the 5th of every month** in order to get into the following month's Landmark Living. Club news submissions must be 150 words or less to be accepted.

Newsletter Staff, Board of Directors and Management reserve the right to edit, correct or alter material.

Email your submissions to: **[landmarklivingnewsletter@gmail.com](mailto:landmarklivingnewsletter@gmail.com)**



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