

LANDMARK LIVING

Official Publication of Huntington Landmark

Senior Adult Community

20380 Oakridge Lane, Huntington Beach, CA 92646



FEBRUARY 2024

www.huntingtonlandmark.com



SUPER BOWL POTLUCK 2024
Feb. 11th @ 2:00pm
In the Main Lounge
Kickoff at 3:30 pm
Bring your favorite dish to share and
Wear your team colors
Soda, Coffee & Tea provided
Squares will be available for purchase from 2 - 3 pm
Presented by Events Club

Presented by The Events Club



Tea with Friends
Sat. March 9th
2-4 pm \$150 per table (or \$15 per person)
Residents Host a table -
Invite up to 9 Friends (10 per table)
Design & decorate your own tables!
Enjoy delicious tea, finger sandwiches, scones & jam, light cakes and other sweets!
Newcomers Table!
Ticket Sales in MPR2: Sat Feb 17th 9-10 am
& MPR2: Sat Feb 24th 1-2 pm
Find more info in the Feb Landmark Living
For Questions contact:
Barbara Mizczek (714)745-3307
Or barbaramizczek@gmail.com



Cabaret Crowd presents

"Mardi Gras Celebration"
Bring out your colorful beads and feathery masks or come as you are.

"Saturday, February 24, 2024"
Main Lounge 5:00-9:00pm
Tickets: \$32

"Suzanne's Catering"
Caribbean Chicken, Red Beans & Rice, Grilled Vegetables and Bourbon Street Salad (w/oranges, pecans, shredded red cabbage & carrots, diced red onion, baby spinach with Poppy Seed Dressing). Cornbread, Biscuits and Honey Butter. Coffee & Dessert.
"Our Traditional Punch or Bring your own beverage."

"Music by DJ Drew"

"Awesome Raffle"
Ticket Sales on...
Saturday, February 10, 2024
MPR1 at 8:00 am
Checks payable to Cabaret Crowd.
Checks only; no cash sales.



St. Patrick's Celebration Blast
Saturday March 16 5:30-9:00 pm

DANCING
kick up your feet to lively tunes by our talented DJ Armando plus enjoy our traditional Irish dance troupe.

\$35
checks or cash

YUMMY BUFFET
by Suzanne's Catering:
Corned beef and cabbage
Potatoes and Carrots
Dubliner green salad,
soda bread, and
coffee, punch & dessert

TICKETS will be sold
Feb 17
8am MPR1

be on the look out for some Irish shenanigans

FEELING LUCKY?
lots of prizes in the pots of gold PLUS a 50/50 raffle

hosted by HL Grandparents & Friends Club
for more info contact Beth 916.342-7101 or Steve 714.604.3985

2024 Board of Directors Open Meeting Schedule

Wednesday, February 7	10:00 AM
Wednesday, March 6	10:00 AM
Wednesday, April 3	10:00 AM
Wednesday, May 1	10:00 AM
Wednesday, June 5	10:00 AM
Wednesday, July 3	10:00 AM
Wednesday, August 7	10:00 AM
Wednesday, September 4	10:00 AM
Wednesday, October 2	10:00 AM
Wednesday, November 6 (Annual)	04:00 PM
Wednesday, December 4	10:00 AM

FAVORITE DESSERTS – STATE BY STATE

By Mike Di Gennaro, LL Staff

NEW JERSEY – Biscotti, pignolate, Sfogliatelle and the hard to beat Cannoli – the fried tubular shells stuffed with creamy ricotta cheese, sometimes studded with chocolate and pistachios.

DISCLAIMER

HLVoice is a private Facebook community created by a resident of our community. Kindly be advised that this Facebook community is not operated, managed by, or affiliated with the Huntington Landmark HOA, Board of Directors, nor with HL Management.

NEW RESIDENT INFORMATION

By: Linda Rosenthal, LL Staff

You know you cannot use your portable barbecue in your patio – a big fire hazard and illegal. Have you seen the two barbecues over by the tennis courts? They are between the courts and the buildings. They are available for all residents to use on a first-come, first-served basis. The grills cannot be reserved. Get a key from the office or from Security if the office is closed. They are gas grills. There should be a



table near the grills, but you may wish to bring your own supplies and chairs. After you are finished, be sure to clean the grills for the next person to use. Return the key to the office. Enjoy!

Reverse Robert



Ask Me About The New Baby Boomer Loan!

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RobertSlaterHomeLoans.com

BE PREPARED

By Linda Rosenthal for Emergency Preparedness Group

Do you have a carbon monoxide (CO) detector? If you have a gas stove, heater, or water heater they will let off CO if it does not work properly. Why do you care? Because CO can kill you. There is no odor or taste so you may just get sleepy, dizzy, or have a headache and not realize the danger. You already know not to sit in your car in the enclosed garage with the engine running. That will kill you. So, get a carbon monoxide detector now. It will alert you to the danger before you pass out and die. Yes, die. Remember, you are responsible for your own safety.



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HUNTINGTON LANDMARK GUIDING PRINCIPLES

MISSION: To protect the value of our property

VISION: To continue as a contemporary community where our residents can enjoy quality living

VALUES: Inclusiveness, Relationships, Transparency, Engagement

PRESIDENT'S MESSAGE

By Steve Brown, Board President

Welcome to February, 2024...it's leap year, so we get to enjoy one extra day this month.

The Coffee & Conversation session in January was a wonderful example of how open sharing of issues can be handled with calm professionalism. We are so blessed to have our VP/GM Kimberly Pollard to moderate these sessions. Her expertise and knowledge is clearly shown as she answers questions without being argumentative.

I don't want to address the issues discussed at the C&C, since we will have met with our broker to get the definitive answers to some of the outstanding questions by time you read this.

I wanted to focus on the process of the C&C meeting. Since Seabreeze took over, many things changed dramatically, and one those things that changed was Kimberly moderating the C&C. Prior to that time, Kimberly would not have been allowed to address the complex issues in a public forum. As we all have seen, the C&C has opened the door for honest communication between management and residents. Rumors, which can be divisive, can be dispelled and facts provided rather than speculation. It is a pleasure for me to watch her every month providing information, facts, clarification, all sprinkled with a little humor.

Have a wonderful February, enjoy the extra day, and don't forget to hug someone!

TEA WITH FRIENDS

By Barbara Mizerek for Events Club

The Events Club is planning a special event – our Third Annual Tea With Friends on March 9 from 2 p.m. until 4 p.m. in the Main Lounge.

Here's how the Tea With Friends will work:

- A resident volunteers to host a table.
- The hostess then invites up to nine friends to join her at her table.
- The hostess and her invited friends each purchase a \$15 ticket for the Tea. Some hostesses prefer to collect the checks from her friends, and purchase the tickets together. If purchasing a ticket individually, let us know who your hostess is.
- Tickets will be on sale on in the Main Lounge on Saturday, February 17 from 9:00 a.m. until 10:00 a.m. and on Saturday, February 24 in MPR 1 from 1:00 p.m. to 2:00 p.m.

What the hostess will do:

- Identify her table theme.
- Plan the table décor.
- Complete the Events Club's checklist to advise of items you need us to provide. The checklist will be available at ticket sales.

The Events Club will be hosting two tables for those interested in attending but not interested in hosting a table. One table is a Newcomers Table. If you are new to Landmark, you can meet other newbies at this event. Since there are only ten tickets available for this table, they will be sold on a "first come, first served" basis. The second table is open to any resident, also on a "first come, first served" basic. (Please reference the flyer on the front page.)

Let's have some fun at this March event! Questions? Contact Barbara Mizerek at barbaramizerek@gmail.com or 714.745.3307.

COMMITTEE MEETING DATES, CHAIRS & BOARD ADVISORS:

Architectural Control Committee

Wednesday, 10:00 AM, Conference Room

(Closed Meeting - Appointment Only)

Chair: Marsha Merendino: msmerendino@aol.com

Board Advisor: John Koze: jkozehlboard@yahoo.com

Landscape Advisory Committee

2nd Tuesday, 1:30PM, MPR2

Chair: Steve Bova: huntingtonlac@gmail.com

Board Advisor: Nancy Henry: nghsews@socal.rr.com

Rules Committee

As Needed

Chair: Judith Larson: judithinhb@gmail.com

Board Advisor:

Maintenance Advisory Committee

4th Tuesday, 8:30AM, MPR1

Chair: Tom Tullius: localrep@aol.com

Co-Chairs: David Dawes: dawesdr@yahoo.com

Vard Whittick: vardmaint@gmail.com

Board Advisor: Dan Orozco: danhlboard@gmail.com

Property Protection Advisory Committee

2nd Tuesday, 10:30AM, MPR1

Chair: Marie Sandidge: mmsandidge@verizon.net

Board Advisor: Peggy Dern: peggydern@yahoo.com

TIPS TO HELP YOU STAY SAFE WHILE WALKING IN THE DARK

By Marie Sandidge for Property Protection Committee

When walking in the dark, it is important to wear clothing that makes you visible to drivers and other pedestrians. Here are some tips to help you stay safe:

- Wear light-colored clothing: Dark colors do not show up well in the dark, so it's best to wear light-colored clothing that makes you more visible. You can also consider wearing clothing with reflective strips or patches, which can help drivers see you from a distance.
- Use lights or strobes: Small flashing strobe lights can be clipped to your clothing to provide visibility without adding any weight. You can also use flashlights or flashlight apps on your phone to illuminate your path and avoid tripping hazards. If you walk fast with your arms bent, you may prefer a headlamp to a flashlight for steady illumination of your path.
- Stay aware of your surroundings: Always be aware of your surroundings and avoid walking in areas that are poorly lit or have uneven surfaces. If possible, walk with a friend or a group for added safety.

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FINANCIAL REPORT

By: Laurie Erickson, CFO

Operating Expenses Are Less Than Income: Operating expenses for the year through month ending November 2023 were \$279,614.01 less than income.



Reserve Expenses Are More Than Income: Reserve expenses for the year through month ending November 2023 were \$57,243.57 more than income.

Delinquencies: Our management team and legal support diligently pursue all past due accounts. The outstanding accounts receivable has increased \$39,787.56 since December 31, 2022. Of the \$88,610.99 outstanding accounts receivable, \$62,529.50 represents the balances due from 8 accounts that are currently at the attorney.

Reserve Fund: As budgeted for 2024 contributions to the Reserve Fund remain at \$280,000 per month, (\$3,360,000 for the year). Earned interest from our Reserve CD investments contribute toward increasing the percent funded towards the recommended goal of 70%. Increased costs of labor, material and supplies, has our percent funded at 35.3%. The status of the funding of our reserves will be in the Annual Budget Report in accordance with Civil Code section 5300 and the Annual Policy Statement, Civil Code Section.

Financial Management: As expected, we continue to see costs increasing across the board of services, labor, materials, insurance and supplies. Our increase in HOA dues for 2024 allows us to maintain our community at its current elevated level of service. It is with constant diligence that our management team is holding a good rein on our finances and reviewing every contractor proposal to get the best prices for services provided.

Financial Review: The Board of Directors, in particular the CFO, President, and a Board member carefully review all financial documents & statements monthly as required by California State Law, Civil Codes §5500 and §5501. At our request, those reports are continually being improved by our Management agent, Seabreeze Property Management.



YEAR-TO-DATE FINANCIAL SUMMARY

11/30/23

The following details are based on the Financial Reports to be approved at the next scheduled Board Meeting to be held on December 7, 2023

OPERATING			
ASSETS	LIABILITIES	NET WORTH	
\$ 1,602,686	\$ 1,323,072	\$ 279,614	
		INCOME	EXPENSE
BUDGET	\$ 7,567,175	\$ 7,567,176	\$ (1)
ACTUAL	\$ 7,591,629	\$ 7,312,015	\$ 279,614

Operating Notes:

Income -- Total Income; 24,454 more than budget
 Expense -- General & Administrative; 126,856 less than budget
 Expense -- Landscape; 51,046 less than budget
 Expense -- Maintenance; 22,482 more than budget
 Expense -- Property Protection; 18,873 more than budget
 Expense -- Recreation; 10,797 less than budget
 Expense -- Utilities; 2,762 less than budget
 Expense -- Insurance; 118,350 less than budget
 Expense -- Depreciation; 12,293 more than budget
 Expense -- Reserve Contribution; per budget

RESERVE			
ASSETS	LIABILITIES	NET WORTH	
\$ 6,459,476	\$ 6,516,719	\$ (57,244)	
		INCOME	EXPENSE
BUDGET	\$ 3,116,667	\$ 3,116,667	\$ 0
ACTUAL	\$ 3,200,112	\$ 3,257,355	\$ (57,244)

Reserve Notes:

Income -- Total Income ; 73,445 more than budget
 Expense -- Administrative; 17,258 more than budget
 Expense -- Buildings; 372,662 more than budget
 Expense -- Pools; 685 less than budget
 Expense -- Utilities; 20,092 less than budget
 Expense -- Furniture & Fixtures; 100,305 less than budget
 Expense -- Infrastructures; 26,796 less than budget
 Expense -- Landscape; 33,110 less than budget
 Expense -- General; 68,244 less than budget

Reserve Fund Status:

Current Cumulative Balance : \$ 6,507,704 year ending 12/2022 audited

Status of percentage of funding will be reported annually



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NEW GARAGE-AREA LIGHTS INSTALLATION COMPLETED

By Maintenance Advisory Committee

Last June, the Board approved moving forward with replacing 13W fluorescent floodlights in garage areas and other areas with LED lights. The approved goal of the project was to provide sufficient illumination for residents to safely walk in those areas, not to perform more demanding activities.

The LED lights were installed in an orderly fashion between July and January. After each group was installed, a nighttime inspection was made and necessary adjustments were made (additions, deletions, directional changes, etc.). Resident comments received were also considered.

These LED lights provide better illumination at a lower cost for the following reasons:

- LED street lights installed in 2010 provided better illumination in garage areas.
- 15W LED floods provide better illumination than 13W fluorescent floods.
- Two fluorescent floods were replaced with a single LED flood at many locations.
- Only 101 LEDs (82 fewer lights) were required to provide sufficient illumination.
- LED lights use less electrical power than the previous fluorescent lights.
- LED lights are longer-lived (50,000 vs 10,000 hours) and require little maintenance.

MARDI GRAS TIME!

By Joanne Currie

Celebrate Mardi Gras at end of the month.

It'll leave us in awe

In this time for mirth!

Dress in fun colors purple, green 'n gold.

Masks for party goers make mystery for bold!

Sweet donuts, pancakes or cream buns are fare.

The eager crowd awaits, Each will want a share!

Could trinkets or beads befall on some guests?

Let's attend and see where the treasures rest!



VALENTINES'S POPULAR HOLIDAY FOR SWEETHEARTS

By Katie Corbett, Features Editor

What is more romantic than meeting your sweetheart on St. Valentine's Day! Yes, February has always been a popular month with me because I met "my soldier boy," Carroll, at an USO dance on Valentine's Day, February 14, 1953. At that time during the Korean War, we "patriotic" college girls enjoyed entertaining servicemen on Saturday nights and Sunday afternoons at the USO club in my hometown of Springfield, Mo. Soon after Carroll finished his U.S. Army combat engineers training at Fort Leonard Wood, Mo., he was shipped to Korea. We had a lengthy courtship by correspondence and were married two years later, celebrating 68 years until his death in 2021.

St. Valentine's Day is a special holiday for the United States as it is for many, many people around the world. Named after an early Christian saint, the day became associated with romantic love in the circle of Geoffrey Chaucer during the Middle Ages when the tradition of courtly love flourished. Thus, today sending valentine cards to loved ones and others has become a crazy and big business in producing beautiful and comic greetings that feature all kinds of messages and symbols such as hearts and cupids. According to the U.S. Greeting Card Association, more than one billion valentines are sent each year, making the day the second largest card-sending holiday of the year behind Christmas! So single or married, celebrate February 14 with some happy memories and special activities if you can. For women escaping into a romantic novel, whether it be contemporary, historical, fantasy, erotic, etc. is a wonderful read. Or treat yourself to a romantic movie, a special meal, a spa day, a visit with friends, a craft or something you like to do. May all you "young lovers" enjoy Valentine Day!

“SHE SAVED MY LIFE”

Huntington Beach Resident Anne S. had been experiencing the painful side effects of Peripheral Neuropathy, “my feet and legs were extremely painful and my doctor told me there was nothing they could do. That I would have to take Gabapentin for the rest of my life.” Then she met Huntington Beach’s very own **Dr. Stefanie Bennett**.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Anne explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. “How can you live for the next 30 years when you don’t even want to get out of bed to do simple things?”

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. “The way that I would describe it, it’s equivalent to walking on glass.” Anne hadn’t worn socks in five years and was wearing shoes two sizes too big so that nothing would ‘touch’ her feet.

Unfortunately, Anne’s story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you’re unfortunate enough to be facing the same disheartening prognosis you’re not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You’re struggling with balance and living in fear that you might fall. Your doctor told you to ‘just live with the pain’ and you’re taking medications that aren’t

working or have uncomfortable side effects.

Fortunately, four months ago Anne read an article about Dr. Stefanie Bennett and the work she was doing to treat those suffering from Peripheral Neuropathy, without invasive surgeries or medications. Dr. Bennett, founder of Bennett Acupuncture and Functional Medicine of Fountain Valley and Huntington Beach, is using the time-tested science of Acupuncture and a technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

“**Now when I go to bed at night I don’t have those shooting pains. I don’t have that burning sensation. I don’t have pain coming up my legs,**” Anne enthusiastically describes life after receiving Dr. Bennett’s treatments. **“I can wear socks and shoes!”**

Anne and her friends stay very busy now going to pilates, supporting Meals on Wheels, going golfing with their husbands, and walking the beach.

“**It’s life altering. As far as I’m concerned Dr. Bennett saved my life!**”

Dr. Bennett has been helping the senior community for over 20 years using the most cutting edge and innovative integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed ‘hopeless’ or ‘untreatable’, she consistently generates unparalleled results.

What was once a missing link in senior healthcare is now easily accessible to the residents of Huntington Beach.

If you’ve missed too many tee times because of pain or you’ve passed on walking Dog Beach with your grandkids and pup, because you’re afraid of falling, it’s time to call Dr. Bennett and the staff at Bennett Acupuncture.

IT’S TIME YOU LET YOUR GOLDEN YEARS BE GOLDEN!

Dr. Bennett is once again accepting new patients. And for a limited time will be offering \$37 consultations so call **(714) 962-5031** before **March 1st** to schedule a consultation.



PERIPHERAL NEUROPATHY?
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To schedule a consultation!

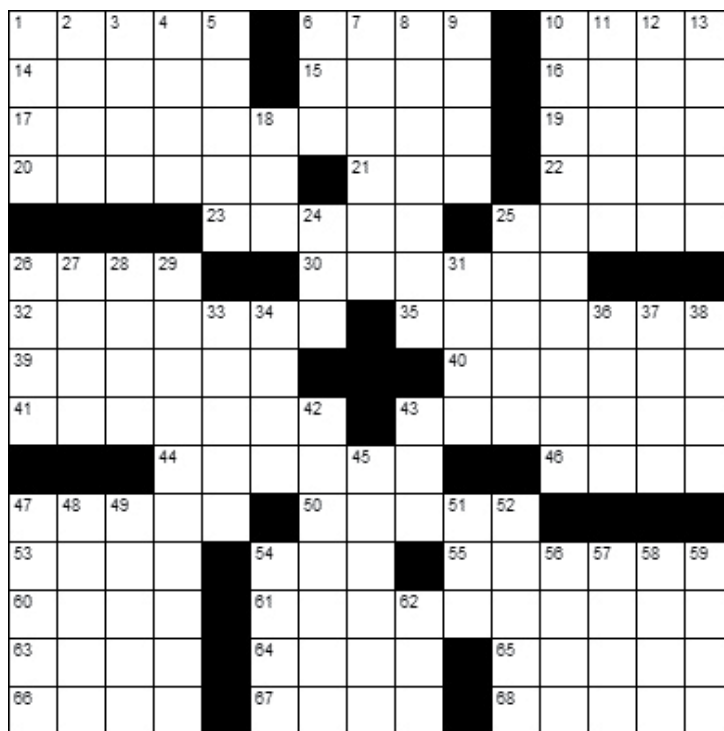
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ACROSS

- 1. Lift
- 6. Appear
- 10. Utilized
- 14. Large Asian country
- 15. Small island
- 16. Wisdom
- 17. Daughter of a step-parent
- 19. Heavy, durable furniture wood
- 20. Visage
- 21. "___ Maria"
- 22. Ploy
- 23. Triangular formation
- 25. Female horses
- 26. Stitches
- 30. Votes that block a decision
- 32. Killer wave
- 35. Gifted
- 39. Dangerous
- 40. 2nd largest country
- 41. Despair
- 43. Bring to a destination
- 44. Sullenly
- 46. 1/100th of a dollar
- 47. Begin
- 50. Lacquer ingredient
- 53. Emanation
- 54. Bleat
- 55. Anagram of "Binder"
- 60. Boast
- 61. Intemperate
- 63. River of Spain
- 64. Unhearing
- 65. Heathen
- 66. A soft sheepskin leather
- 67. At one time (archaic)
- 68. Nipples

DOWN

- 1. Hazard
- 2. Against
- 3. Midmonth date
- 4. Tastes
- 5. Alleviated
- 6. Female sib
- 7. What's left behind
- 8. Raise
- 9. No more than
- 10. Inaudible
- 11. French for "Sister"
- 12. Delete
- 13. Fakes opponents
- 18. Anger
- 24. 56 in Roman numerals
- 25. Award
- 26. An upright in a wall
- 27. Feudal worker
- 28. Wimp



- 29. Showy bloom
- 31. A single time
- 33. Underway
- 34. List of options
- 36. Undulation
- 37. Biblical garden
- 38. Bolt
- 42. Escapist
- 43. Coloring Agent
- 45. Andean animals
- 47. Cavalry weapon
- 48. Engine supercharger
- 49. A kind of macaw
- 51. Central
- 52. Bumbling
- 54. Remain
- 56. Scottish hillside
- 57. Indian music
- 58. French for "State"
- 59. Lairs
- 62. Frequently, in poetry

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VALENTINE'S DAY



- | | | |
|------------|------------|--------------|
| ADMIRER | DATE | LIKE |
| ADORE | DEAR | LOVEBIRDS |
| AFFECTION | DEVOTION | LOVERS |
| ATTRACTION | FANCY | PARTNER |
| BEAU | FEBRUARY | PROPOSAL |
| BELOVED | FLAME | RELATIONSHIP |
| BOYFRIEND | FLOWERS | RESTAURANT |
| CANDLES | FONDNESS | ROMANCE |
| CANDY | FOREVER | ROSES |
| CHOCOLATES | FRIENDSHIP | SENTIMENT |
| COUPLE | GIFT | SUITOR |
| CRUSH | GIRLFRIEND | SWEETHEART |
| CUPID | HEARTS | |
| DARLING | JEWELRY | |

FACT OR FICTION?

By: Mike Di Gennaro, LL Staff

1. Cats always meow.
2. The possible outcomes of card shuffling are 8 x 1067.
3. Quantas flew a plane using cooking oil.

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SOLD

Biscayne #221C downstairs 2 beds. unit. \$625,000

SOLD

Colusa #902E, end unit, 2 Bed. single story, "Pacific" model \$780,000.

SOLD

Tulare #301C downstairs 3 beds. unit \$650,000

SOLD

8816 Yuba #1105A 3 bedroom with solarium \$920,000

FOR SALE

Amador #1309A, 3 bedroom single story, \$859,000

Happy Valentine's Day

Happiness Nails & Spa

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SAVE THE DATE

for Cabaret Crowd's March Event!

SOUTH OF THE BORDER FIESTA

Saturday, March 30, 2024

Look out for the official Cabaret Crowd flyer
in future newsletters for more details.



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I am a Huntington Landmark resident and understand the challenges seniors face. Helping Hands Ministry is a Christian non-profit organization that serves our community.

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LIBRARY NEWS

By Judy Hedenberg, HL Library

The deadline to renew your library membership for 2024 was January 31, so if you don't have your new library card yet, please hurry on over and get it to avoid a delay the next time you want to check out some of our books. As a reminder, the membership for a single unit owner is \$7, and \$10 for two occupants in a unit.

Just a quick reminder – we will have our annual Landmark Library Fundraising Fashion Show in April. Be on the lookout for more details in next month's newsletter.

NEW BOOKS FOR FEBRUARY

- F *The Edge*
David Baldacci
- F *The Spare Room*
Andrea Bartz
- F *The Way of the Bear*
Anne Hillerman
- F *The Fraud*
Zadie Smith
- MF *Resurrection Walk*
Michael Connelly
- MF *The Spy Coast*
Tess Gerritsen
- MF *You Should Have Known*
Rebecca A. Keller
- MF *Alex Cross Must Die*
James Patterson
- MF *The House Guest*
Hank Phillippi Ryan
- MF *Judgment Prey*
John Sandford

NEIGHBOR ASSIST

By Sylvia Widmeyer, Neighbor Assist Chairman

I am so very proud the volunteers that “man” the Neighbor Assist program at Landmark, These men and women give of their time and energy to serve the medical needs of their fellow residents.

On January 9th, I took a tally of the signed waiver forms on file and found that 221 residents have 355 pieces of equipment on loan to them. The success of this program is only guaranteed by the work and dedication of this staff of 12.

This program provides previously donated medical equipment to residents for as long as the items are needed – at NO COST to the resident. All it takes is a call to **714-960-2277** - leave the following information: name, unit number, contact phone number and what items you are looking for. The volunteer of the day will call back to set up a time for equipment pickup.

When you no longer need the equipment call **714-960-2277** and arrange a time to return the items. Do not just leave equipment in the sewing room and do not drop off equipment/supplies at the office.

Have unused medical supplies, don't throw them in the trash - DONATE THEM – and if you see items left by the dumpsters, please call **714-960-2277** with the location and we will pick it up.

WELCOME 2024 !!!



JOKE

Born to be wild — but only until 9 pm or so.

FACT OR FICTION? ANSWERS

1. fiction – only to humans
2. fact
3. fact

ACCIDENTAL INVENTIONS

By Mike Di Gennaro, LL Staff

SUPER GLUE – In 1942, Harry Cooper was trying to find some material to use to build gun sights for the war, instead he found a chemical formulation that stuck to everything it touched. But it wasn't until 1951 that it was repurposed by Eastman Kodak's Fred Joyner and renamed Super Glue.



RESIDENT SPOTLIGHT ON: JIM KUTZLE

By Rose Eliff, LL Staff

One of the first things you notice about Jim Kutzle is his happy, infectious smile and the bright energy he projects, encouraging people to pose for a photo at a Landmark dinner dance or working around the pool area taking pictures of a holiday party, looking for great shots of people's enjoyment.

Jim started taking pictures at Landmark dance parties with a new digital camera, which replaced his 35mm, when he and his wife Ilene moved here in 2006 and he quickly became Landmark's photographer, capturing parties, meetings, and other events throughout the community.

Jim says, "A good photo is heartwarming, in focus, bright and colorful, and all the people are smiling. If my photo makes people happy, I'm very happy. I always strive to make better photos than before. After many years of editing photos, I can easily spot good ones."

Jim was born in Miami, Florida, to a Navy dad and a mom who worked for the airline and as a Bahamas Tourism model. His stepdad was an Army Master Sergeant. Jim grew up in upstate New York, enjoying snow days (no school!), playing touch football and building soap box derby-type cars. His mom later moved Jim and his five younger siblings (his brother Mike is the Landmark Chorale director) to California where he discovered Mexican food and graduated from Golden West College.

Jim and Ilene have been married 42 years, meeting at their 10-year Fountain Valley High School reunion. Ironically, they hadn't known one another in school, although they rode the same bus. They have a daughter Sara and the three are avid foodies, always looking for great food and restaurants.

Jim worked in warehousing at several of Orange County's major corporations. Inspired by his Aunt Eleanor's photography, he started his photography career taking pictures of motocross racing at Saddleback Park in Irvine. He got mud, dirt and dust kicked in his face and camera as he tried not to get run over in the hot sun. Jim won a surfing photography contest with a picture of Corky Carroll at a Huntington Beach surfing event.

When asked what inspires him, Jim said his father-in-law, a bonsai master, inspired him with his artistry, work ethic and great generosity. His father's words also came to mind: "If you hang in there long enough, you'll get what you want in life." Jim and Ilene enjoy Landmark, the people, parties, activities, landscaping, rescued dogs, management, security, and amenities.



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Cell: 562-714-7441



What is a Medicare Scope of Appointment?

Medicare Scope of Appointment is required to be signed 48 hours before a face-to-face or telephonic meeting with a Medicare agent. The following bullet points help to explain the purpose of the Medicare Scope of Appointment.

- Medicare Scope of Appointment is a crucial aspect of the federal health insurance program.
- It defines the specific topics that can be discussed between beneficiaries and licensed insurance agents.
- The purpose is to protect beneficiaries from misleading or aggressive sales tactics.
- The Scope of Appointment ensures that agents only discuss agreed-upon topics.
- Beneficiaries have control over the information they receive regarding Medicare plans.
- Official resources like the Medicare website and CMS provide detailed information on the Scope of Appointment.
- Understanding the Scope of Appointment helps beneficiaries make informed decisions about their healthcare options.

In Conclusion

Navigating Medicare can be overwhelming, but understanding the need for the Scope of Appointment is crucial for beneficiaries. By defining the topics that can be discussed during meetings with insurance agents, beneficiaries can ensure that they receive accurate and relevant information tailored to their needs.

Not affiliated with or endorsed by Medicare or any other government agency. Medicare has neither reviewed or endorsed this information. CA License # 0E81972. We do not offer every plan available in your area. Currently, we represent 9 organizations that offer 75 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all your options in your area.

Welch Insurance 17011 Beach Blvd. Suite 900 HB CA 92647

LIBRARY HOURS

Monday - Friday 10 AM - 2 PM
Saturday 10 AM - 12PM

Sunday - Closed
Library Phone: 714-536-4767

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MONDAY	TUESDAY	WEDNESDAY
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February

<p style="text-align: center; color: blue; font-weight: bold;">5</p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC</p> <p>6:30PM Mon Night Game.....BC 6:30PM Friendly Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">6</p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 12:30PM Pan Card Game.....BC</p> <p>1:00PM Mahjong.....MPR1 2:00PM Book Group.....PR 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p style="text-align: center; color: red; font-weight: bold;">7 BOD MTG 10AM—Main Lounge</p> <p>8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML 10:00AM ACC.....CONF 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p style="text-align: center; color: blue; font-weight: bold;">12</p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....MP 1:00PM Friendly Ladies Hold'Em.....BC</p> <p>6:30PM Mon Night Game.....BC 6:30PM Friendly Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">13</p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 10:30AM Prop Pro Com.....MPR1 12:30PM Pan Card Game.....BC</p> <p>1:00PM Mahjong.....MPR1 1:30PM Landscape Com...MPR1 5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">14</p> <p>8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML 10:00AM ACC.....CONF 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p style="text-align: center; color: blue; font-weight: bold;">19</p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:30PM Water Workout.....MP 1:00PM Emrgncy Prep Grp...MPR1 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC</p> <p>6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">20</p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 11:00AM Toymakers.....MPR1 12:30PM Pan Card Game.....BC 5:00PM Line Dancing.....ML 6:00PM Grandparents Club...MPR1 6:00PM Tom's Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">21</p> <p>8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML 10:00AM ACC.....CONF 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p style="text-align: center; color: blue; font-weight: bold;">26</p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand & Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC</p> <p>6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">27</p> <p>9:00AM Maintenance Com..MPR1 9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 9:30AM Scrapbooking.....MPR2 10:00AM Ceramics.....CMR 12:30PM Pan Card Game.....BC 1:00PM Mahjong.....MPR1</p> <p>5:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p style="text-align: center; color: blue; font-weight: bold;">28</p> <p>8:15AM HB Aerobics.....ML 9:30AM Yoga Chair.....ML 10:00AM ACC.....CONF 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Tennis/PBSR 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>

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LANDMARK LIVING

THURSDAY	FRIDAY	SAT / SUN
1	2 COFFEE & CONVERSATION 10AM—MAIN LOUNGE	3
9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 11:00PM Body Awareness.....ML 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 10:15AM JWI.....MPR1 12:15PM Duplicate BridgeML 12:30PM Ladies Poker.....PR 2:00PM Hispanic Club.....MPR2 5:30PM Hand & Foot.....PR	9:30AM Zumba Gold.....ML 11:00AM Stability & Balance.....ML 2:00PM BridgeML
8	9	4
9:30AM Yoga.....ML 10:00AM Art Mtg.....AR 10:30AM Discussion Group...MPR1 11:00AM Body Awareness.....ML 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 10:15AM JWI.....MPR1 12:15PM Duplicate BridgeML 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	5:30PM Bingo.....MPR1
15	16	10 Valentine's Day Party 6PM—Main Lounge
Landmark Trio 4PM—Main Lounge		2:00PM BridgeML
9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 11:00AM Body Awareness.....ML 1:00PM Mahjong...MPR1 2:00PM Art Class.....AR 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 12:15PM Duplicate Bridge ...MPR1 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	11 Superbowl Potluck 2PM—Main Lounge
22	23	17
10:30AM Discussion Group...MPR1 11:00AM Body Awareness..ML 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 12:15PM Duplicate BridgeML 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	9:30AM Zumba Gold.....MPR1 11:00AM Stability & Balance.....MPR1 2:00PM BridgeMPR2
29	24 MARDI GRAS 5PM – Main Lounge	18
9:30AM Yoga.....ML 10:30AM Discussion Group...MPR1 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC	8:15AM HB Aerobics.....ML 10:00AM Bible Study.....MPR2 9:00AM Threads of Love.....SR 12:15PM Duplicate BridgeML 12:30PM Ladies Poker.....PR 5:30PM Hand & Foot.....PR	5:30PM Bingo.....MPR1
		25
		9:30AM Zumba Gold.....ML 11:00AM Stability & Balance.....ML 2:00PM BridgeMPR1
		AR = ART ROOM BC = BEACON CABANA BR = BILLIARD ROOM CMR = CERAMICS ROOM CONF = CONFERENCE ROOM HS = HORSESHOE PIT PR = POKER ROOM ML = MAIN LOUNGE MP = MAIN POOL SR = SEWING ROOM TC = TENNIS COURTS WS = WOODSHOP

Management Office Hours

Office Hours: 8:00 am – 4:00 pm
Closed for Lunch: Noon – 1 pm

IMPORTANT NUMBERS

Management Office 714-960-5475

Management Emergency
After Hours: 714-565-3059
So. Cal Edison: 800-655-4555

Safety or Threatening Emergency: 911

Atlanta Gate.....714-960-1452
Library.....714-536-4767
Neighbor Assist.....714-960-2277
HB Senior Center.....714-536-5600
Seniors Outreach.....714-960-2478
Police/Paramedics Emergency.....911

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EMERGENCY READINESS

By Linda Rosenthal for Emergency Prep Group

Of course, you have smoke alarms. Did you know the Fire Department offers a free in-home safety visit? They will test your smoke alarms and you may be eligible for a free replacement smoke alarm that they will install for you. The Fire Department will also help you develop an emergency escape plan and answer any general fire safety questions. So, call the Huntington Beach Fire Department at 714-536-5411 to request a safety visit. (Don't call 911.) Your smoke alarms are no help if they don't work anymore.

Call Paul Kanter (310-991-8519) for additional information. Our next EPG meeting will be February 26 at 1 p.m. in MPR1. See you then!



CONSERVATION CORNER

By Gail Curtis, LL Staff

I fell in love with a Keurig coffee pot at an Air B&B in Paso Robles. We've used the Mr. Coffee drip coffeemaker for years, but I drink less now, and Rick and I don't always want a cup at the same time, so we end up wasting coffee. I was ready to ditch Mr. C but was conflicted.

I do not want to add to the avalanche of plastic cups flowing into the landfill. With a little research, I found several options of compostable pods (and packaging) but settled on "San Francisco Bay Coffee." The coffee is not inexpensive, but I believe the price is worth it. I like the variety of strong flavors – especially "Fog Chaser" which delivers quite a kick!

Another well-rated coffee pod machine is the Nespresso, which has recyclable pods. You can order bags to collect the pods then drop them off at UPS locations. Other machines and pods are available, but I settled on the Keurig, and am quite happy with it.

Sidenote: I found this tray that sits under the coffee pot which can be rolled back under the counter to save space. Love it so much I got a second one for my teapot (on Amazon)!

Do you have conservation ideas or favorite products to share? Email me at gailcurtisnow@gmail.com.



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COMMUNITY NOTES

Guests

- **Address** - Provide the following address for guests and vendors using GPS to go to the Landmark gate: 8641 Atlanta Ave., HB 92646
- **Guest parking** – Guests using the Main Lounge should park in the Guest Parking only and display their guest pass on the car dashboard.
- **Guard notification** - Call the guard gate to advise them of expected visitors. 714-960-1452
- **Gate Masters** – For your Gate Masters account (to access guest lists), go to gatemastersinc.com. For assistance with login or password, contact Meena at 877-648-0602.

Services

- **E-Blast notices** – Stay up to date with Huntington Landmark news by signing up for e-blast email notifications. Call the Management office at 714-960-5475 to sign up.
- **Work requests** - Work requests can be submitted via email to any staff member using the mail address located on the calendar page.
- **Gate or Mailbox keys** – Gate or mailbox keys can be replaced for \$3 cash at the management office.
- **Notary Public** – Free to Landmark residents on the 1st and 3rd Thursday of each month at 6:30pm in the Main Lounge. Call Ronda at 714-969-5326. **Appointments must be made in advance.**

Safety

- **Bike riders** – Always ride with traffic. For pedestrian safety, do not ride bikes on sidewalks.
- **Dog owners** –
 - Dogs must be held on a leash no longer than 6ft at all times when outdoors. An in-charge adult handle competent to restrain the dog must be present.
 - Kindly clean up after your pets during walks. Deposit in trash. Pet stations are located throughout the community.
 - Pets are not allowed at the Recreation Facility except for therapy/service dogs. Service animals are defined as dogs that are individually trained to work or perform tasks for people with disabilities.
 - Resource: U.S. Department of Justice, ADA 2010 Requirements

Activities

- **Billiards** – The billiards room is under video surveillance. No food or drink allowed on pool tables. Damages range up to \$500, which will be passed on to residents with fines.
- **Gym** – As a courtesy to other residents, wipe down all gym equipment immediately after use.

City Services

- **Large item pick-up** – Residents may contact Republic Services for large item trash pick-up. Contact Rhonda at 657-845-6095.
- **Cardboard boxes** – Break down cardboard boxes before placing them in the dumpsters.
- **Street sweeping** – Huntington Landmark street sweeping is performed on the 1st and 3rd Thursday mornings of the month. Please move vehicles off the streets on those days.

FEBRUARY MOVIES



C'MON C'MON

2/7/2024 (WED) 2PM, MPR2, 2021, R, 1H 49M

When his sister asks him to look after her son, a radio journalist embarks on a cross-country trip with his energetic nephew to show him life away from Los Angeles.

Cast: Joaquin Phoenix, Gaby Hoffmann, Woody Norman



AS THEY MADE US

2/14/2024 (WED) 2PM, MPR2, 2022 R, 1H 40M

A divorced mom tries to make peace with her dysfunctional family as she finds a second chance at love.

Cast: Simon Helberg, Dustin Hoffman, Dianna Agron

2/21/2024 NO MOVIE



ALOHA

2/28/2024 (WED) 2PM, MPR2, 2015, PG-13, 1H 45M

A celebrated military contractor returns to the site of his greatest career triumphs and re-connects with a long-ago love while unexpectedly falling for the hard-charging Air Force watchdog assigned to him.

Cast: Bradley Cooper, Rachel McAdams, Emma Stone

UPCOMING EVENTS

VALENTINE'S DAY PARTY

Tickets: \$45 per person

Tickets on sale:

- Saturday, February 3rd at 1PM in the Main Lounge

SATURDAY, 2/10/24, 6PM, MAIN LOUNGE

SUPERBOWL POTLUCK

Complimentary

SUNDAY, 2/11/24, 2PM, MAIN LOUNGE

MARDI GRAS CELEBRATION

Tickets: \$32 per person

Tickets on sale:

- Saturday, February 10th at 8AM in MPR1

SATURDAY, 2/24/24, 5PM, MAIN LOUNGE

TEA WITH FRIENDS

Tickets: \$15 per person or \$150 per table

Tickets on sale:

- Saturday, February 17th at 9AM in MPR2
- Saturday, February 24th at 1PM in MPR2

SATURDAY, 3/9/24, 2PM, MAIN LOUNGE

ST. PATRICK'S CELEBRATION BLAST

Tickets: \$35 per person

Tickets on sale:

- Saturday, February 17th at 8AM in MPR1

SATURDAY, 3/16/24, 5:30PM, MAIN LOUNGE

Huntington Landmark Friendly Reminders from Management



- The AFTER-HOURS property related emergency phone number is: **(714) 565- 3059**
Please correct your copy of the new Huntington Landmark directory to reflect the new number. You may also contact the Guard House at: **(714) 960-1452**
The guard is available 24 hours/day and 7 days/week. During a power outage, please call Edison at: **1-800-655-4555**
For water heater gas shut off issues, please call the Gas Company at: **1-800-427-2200**



Management

SOLUTION FOR JANUARY CROSSWORD

A	C	M	E		H	A	P	P	Y		A	D	Z	E
R	E	A	R		A	W	A	R	E		L	I	E	D
C	A	T	A	S	T	A	S	I	S		L	A	T	E
E	S	T		P	R	I	S	M		T	I	T	A	N
D	E	E	R	L	E	T		I	C	I	E	R		
			A	I	D		S	T	A	N	D	I	S	H
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D	I	R	K		M	A	U	V	E		Y	E	A	R
G	N	U		B	O	R	N	E		M	A	S	T	S
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		T	A	U	N	T		B	O	L	S	T	E	R
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R	A	N	I		A	E	R	I	E		L	I	R	A
E	L	S	E		D	R	E	S	S		I	D	Y	L

WORD SEARCH SOLUTION

P	I	H	S	D	N	E	I	R	F	D	I	P	U	C	A	L
V	D	H	S	U	R	C	A	C	F	B	A	L	E	N	D	O
N	Y	N	T	I	A	E	A	S	O	L	C	T	O	Y	M	V
S	R	N	E	N	S	N	L	Y	E	H	O	I	E	R	I	E
T	L	E	D	I	D	S	F	A	O	N	T	W	S	A	R	B
R	E	Y	S	L	R	R	E	C	T	C	T	L	E	U	E	I
A	W	S	E	R	I	F	O	N	A	I	A	I	C	R	R	R
E	E	S	E	E	E	L	L	R	D	S	O	O	M	B	S	D
H	J	C	N	S	A	V	T	R	O	N	U	N	T	E	D	S
T	G	D	N	T	O	T	O	P	I	P	O	A	S	F	N	A
E	N	Y	E	A	A	R	O	L	L	G	C	F	E	H	I	T
E	I	S	D	U	M	R	B	E	L	O	V	E	D	B	I	G
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S	R	E	M	A	L	F	R	R	E	N	T	R	A	P	A	R
E	A	Y	C	N	A	F	O	R	E	V	E	R	L	I	K	E
R	D	R	O	T	T	U	S	D	N	O	I	T	O	V	E	D



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HEALTH & FITNESS

A DEEP DIVE INTO BODY AWARENESS

Thursdays from 11-12, Main Lounge

Using meditation (to focus on the present), body awareness exercises (to focus on sensations), slow movement and stretches, and breath work, we will learn how to have a sharper focus on the body, how to feel and then release pain and tension, and how to live more fully in the present to feel more alive.

If you have any questions or to let me know you plan to attend, contact Fred Schloessinger at: fredleosch@gmail.com or 714-655-9316

AQUA AEROBICS

Come join us; tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training and may incorporate resistance tools such as buoyant water weights and noodles. Classes are ongoing month to month. Mondays and Wednesdays 12:30 – 1:30 PM at the Main Pool. No swimming experience necessary. Men and women welcome! **Instructor: Michele 714-376-1382. Mon & Wed 12:30-1:30pm, MP, \$8/class, cash only.**

HB AEROBICS

Come experience a cardio class designed with seniors in mind, fun music and easy-to-follow low-impact routines, led by Jimmy with over 20 years experience here at Landmark.

Instructor: Jimmy
M,W&F - 8:15 to 9:15AM, ML

CHAIR YOGA

Yoga offers many benefits, from reduced stress to improved strength and flexibility, but it can also be intimidating to some people, feeling they might not be able to move easily to a standing position from the floor. Try chair yoga, a gentle style of yoga you can do from a seated position that also incorporates the breathing and mind-body benefits of a traditional class. (Light hand-weights and dyna-bands are suggested.)

Instructor: Kathy. **Wed - 9:30 -10:30 AM, ML/MPRI, \$5 per class**

STABILITY & BALANCE

As we age, our vision worsens and so does our confidence in our ability to maneuver without a fall. This class, Stability and Balance not only will strengthen your bones and your balance, but these exercises are designed to work with the brain as well. The class is 45 minutes, and it is necessary to be able to hold a standing position to get the most benefit. Chairs are provided as support.

Exercises are done to music, but they are not dance steps. Come and try it out – you will love it! The demo class is free. **For more information, contact Adrienne at (562) 397-1519.**

Saturdays from 11-11:45AM, Main Lounge, \$5 per class

YOGA FOR LIFE

Gentle classes are great for everyone! Instructor Kathy with 20 years experience leads classes. This is the perfect introduction to yoga. Included are foundational poses, with emphasis on breathing, and some yoga philosophy. The goal is to move from the busy, fast pace of our lives into a practice that is slow paced, mindful, and conscious, and receive the abundant benefits of yoga. All levels are welcome. Instructor: **Kathy, Thurs 9:30AM, ML, \$5 per class.**

ZUMBA GOLD

There is no wrong way to do ZUMBA. If you are sweating and smiling you nailed it!

While ZUMBA will aid in toning and weight loss- that is a side benefit- the main benefit of dance exercise is what it does to your brain, your bones and your muscles and you have fun while doing it.

Your heart is a muscle - dance exercise promotes muscle strength. Dance exercise promotes bone growth. Studies show that stimulating one's mind by dancing can ward off Alzheimer's disease and other dementia.

Instructor: Adrienne 562-397-1519. **Saturday 9:30 – 10:30AM, ML, \$5 per class.**



MUSIC

CHORALE

The annual holiday performance by the Huntington Landmark Chorale was a great success with a sell-out crowd. If you enjoyed singing along during the concert, come join us! We practice on Mondays at 6:30 pm in MPR 1. Call **Mike McCool at (858) 449-8094**.

PRAISE MUSIC

Our first Friday of the month Praise Music Potluck at 5PM in MPR1 is currently being restructured as a club. We need volunteers for offices. Board approval is pending, and we hope to be up and singing praises again March 1 in time for Easter! Watch for the eblast for the official start date. Questions call Annabel DeMuth at (949) 923-7224.

SUNDAY AFTERNOON JAM

Please come and enjoy the music of out Landmark Jam Group every Sunday from 1PM to 2:30PM either on the lawn to the right side of the clubhouse, or in the Main Lounge when there is poor weather. We are comprised of singers, guitarists, ukuleles, a mandolin, bass, violin, and our keyboard player. Come listen, dance, and sing along with us as we play tunes that range from the Big Band era to today's music and everything in between. Guaranteed fun for all!

SPORTS

BILLIARDS CLUB

The Billiard Club hopes your new year is off to a good start! We would like to welcome you to our club if you are new to Landmark or have never checked us out. We meet for our weekly shoot-rounds on Wednesday from 6:30 – 9:00 pm. We have many activities throughout the year including 4 tournaments, a BBQ, a yearly dinner and more. We also have instructors who can give you pointers from 6:30 – 7:30 each Wednesday.

Our first tournament of the year will

be a 9-Ball game to be held on Saturday, February 17. Come down to the billiard room and practice and then sign up later in the month for our tournament. There will be 3 levels of players: beginners, intermediates and advanced. It will be a fun event.

If you have questions or need more information contact our President, Nelson Robinson at 714-615-1942 or check out our website: hlbilliardsclub.weebly.com

BOCCE BALL

Our weather is improving, and we hope you'll enjoy our Bocce Ball Court. The equipment is located in the cabinet by the shuffleboard court. Stop by the court to play a game or just watch and socialize with your neighbors.

Any questions contact Amar in the Management Office. Looking forward to lots of fun at the Bocce Ball court!

BOWLING

Hello Bowlers! We don't care if you're good or bad at bowling, we just want you to come and enjoy yourselves! So, join the fun at Fountain Bowl, located at 17110 Brookhurst St near Warner, 2 blocks north of I-405, in Fountain Valley. Ask for John when checking in or call John at 310-880-4250. Hope to see you there on **Wednesdays at 11:30AM at Fountain Bowl**.

GOLF CLUB

Enjoy Golf?? The HL Golf Club plays a rotation of five courses on the 3rd Wednesday of each month. With three non-golf social events during the year, it's a great way to include non-golfing spouses and guests.

Tournaments are "best ball" where golfers of all skill levels can contribute to the team. Course Contest prizes are awarded as golfers finish their round and most golfers choose to stay and enjoy some social time at the 19th hole.

Our next tournament is at Meadowlark Golf Course in Huntington Beach on Wednesday, February 21st. Please consider joining

us, there is no membership commitment for your first tournament, if you decide to join us, membership is only \$15 per year.

Need more information? Visit our website at HLGolf.weebly.com, contact Roy Ludvigsen, Tournament Chairperson at 678-640-1699 or e-mail to GolfClubAtHL@gmail.com.

HORSESHOES

Come on down to the Horseshoe Pits, next to the shuffleboard courts. Everyone is welcome. We meet every Wednesday from 1PM -2:30PM. We would love to see new faces and make new friends. Any questions? Call **John at 760-534-8023**.

TABLE TENNIS

Ping Pong players wanted. For more information, **contact Esteban Ezcurra 714-512-5433**.

TENNIS & PICKLEBALL

Have you heard about the phenomenon with the strange name sweeping the country? It's Pickleball!! It is currently the most rapidly growing sport in the country. You can be part of it. **Beginners can learn to play on Saturday mornings from 9AM until 10AM** with our very own "pros", Tom Whitley, Gary Gorup, and Dan Orozco. Take the lesson and then stay to play with others and put your new skills into practice. **Pickleball is also played on Monday, Wednesday, and Friday morning at 9:30AM and weekday afternoons about 4PM.** Everyone is welcome. Contact Tom Whitley at (714) 362-4760 or Phil Donohue at (856) 404-8409.

We have a new tennis liaison: contact Alice Callens at (714) 287-6524 to find out about Landmark tennis. Mixers are usually the 2nd Saturday of the month. Goodies and drinks are served and there are always lots of fun games. Also, consider joining the Tennis & Pickleball Club. Our group is very welcoming, and we consider it to be a big family. Come be a part of it!

GAMES

BIG BUCKS BINGO

Come join the fun and meet new friends or visit with old ones as your mind is stimulated by following the numbers to create interesting BINGO patterns. There are 10 rounds for a one-time cost of \$1.00 per card with no limit and a BONUS round at \$1.00 per card maximum with a maximum of 2 cards; winner takes the full pot. Of course, the more players, the bigger the pot, which on Sunday, June 5th reached a record high of \$54.

Come join in the fun every Sunday and Wednesday at 5:30PM in MPR1. For further information, call Jean Schwennesen at 714-600-2155.

CO-ED POKER

We're looking for poker players. We've been playing for many years and would like to invite new players to a great game. We play Thursdays from 6:00 to 9:00PM in the Game Room. For more information contact Mary 714-369-2458.

DUPLICATE BRIDGE

You are invited to join our Friendly Bridge Club on Fridays at 12PM in the Main Lounge or an MPR room when needed.

The weekly cost is \$2 for materials and payouts. Weekly winners are awarded cash prizes in lieu of master points. Meeting rooms are published monthly on the Landmark Living calendar.

For more information, check out our website: www.landmarkbridgehb.com for reservations and winners from previous weeks. We are back and growing since Covid-19 interrupted meetings. Please join us for a stimulating afternoon of cards with our pleasant group. Contact Alene Reed (President) at 714-654-9741 or Claire Chris (Reservations) at 714-536-9220.

FRIENDLY LADIES TEXAS HOLD'EM POKER

Our group would like to invite all ladies to play at the Beacon Cabana (when available.) This is one of the easiest card games to learn. For day and time, call Harriet 714-960-2770.

HAND & FOOT

Join us for an enjoyable afternoon playing a card game called Hand and Foot. If you have not played it, we will show you how! Come to the Main Lounge any Monday at 12:15PM. For more information, please call Nancy at 714-815-3299.

MONDAY NIGHT GAME CLUB

The club meets in the Beacon Pool Cabana at 6:30PM. Come by Monday night and join us! We play a variety of games such as Five Crowns, Play Nine, Dominoes, Left-Right-Center, and more. Some low-level betting occurs to make it a bit more fun and interesting. Each week, the attendees decide which game will be played at their table. Also, we ask participants to alternate providing snacks for the club.

For more info, contact Beth at (916) 342-7101.

LADIES FRIENDLY POKER

Ladies Poker Players meet on Fridays at 12:30-3:00pm in the Game Room. For more information, contact Mary 714-369-2458.

PAN CARD GAME

Pan has everything the card player looks for. It's fast action with a combination of skill and luck. It is played with eight decks of cards with no 8s, 9s, and 10s, and it is played with three to eight players. Lessons can be arranged. Call Diane at 714-907-3012. Men and women are invited.

Tuesdays at 12:30PM at the Beacon Cabana

Thursdays at 6:30PM at the Beacon Cabana

CLUBS & GROUPS

ART CLUB

Whether you are picking up a brush or pen for the first time or rediscovering your talents, there is a place for you at the HL Art Club. This is your Art Club, and you can become a member with your suggestions for new activities. We would love to have new members no matter what their passion is in crafting. We are all artists in our own right. **For more information, please contact Armine Aghajani via email armine11@gmail.com**

February 8th, 2024 10:00 am

March 14th, 2024 10:00 am

April 11th, 2024 10:00 am, Paint Night

May 9th, 2024 10:00 am

June 13th, 2024 10:00 am

July 11th, 2024 10:00 am

August 8th, 2024 10:00 am

September 12th, 2024 10:00 am

Gallery Night will be September 27, 2024 Art Club - ML

October 10th, 2024 10:00 am, Paint Night

November 8th, 2024 10:00 am

December 12th, 2024 10:00 am

BIBLE STUDY

Join us every **Friday morning at 10AM in MPR2** for a walk through the Bible, led by our enthusiastic leader, Larry Helm. Everyone is welcome.

BOOK GROUP

Do you enjoy fiction or non-fiction? Come to the Book Club and enjoy sharing with other book lovers. Call either **Judith 714-612-1826** or **Shari 714-357-4280**. We meet at 2pm in the Poker Room on the 2nd Tuesday of each month.

CABARET CROWD

The Cabaret Crowd hosts five fun-filled theme-inspired dinner dances throughout the year. We invite everyone to join us, couples and singles alike. More details to come in future Landmark Living Newsletters and E-blasts.

FUTURE EVENTS

Mardi Gras Celebration

Saturday, February 24, 2024

South of the Border Fiesta

Saturday, March 30, 2024

Tacky Tourist Party

Saturday, May 18, 2024

Annual Luau on the Pool Deck

Saturday, June 22, 2024

Halloween Party

Saturday, October 26, 2024

CERAMICS CLUB

The Ceramics Club welcomes anyone interested in learning about this exciting hobby. Just drop by the Ceramics Room any **Tuesday at 10 a.m.** to see what is happening. Members can choose to pour any mold from the club's 600 molds for greenware. Three-ring binders contain a cross-index of the molds categories including pots, dinnerware, holidays, animals, angels, people, etc. Also, members enjoy learning about new techniques and glazes to use for their creations from their expert instructor who comes two Tuesdays monthly. For more information call President **Janet Newton at 714-224-9923. Ceramics, Tuesday – 10 AM to noon, CMR. Monthly Meeting, 1st Tuesday, 10 AM. CMR.**

DISCUSSION GROUP

The day has changed. We are now meeting every **Thursday morning from 10:30AM – noon in MPR1.** This is a welcoming space to reminisce about the good old days, share a favorite book, movie, or restaurant, and discuss current events. Join us for lots of learning, laughing, and lively discussion! For questions, contact Lee and Anne Gillespie at agillespie378@gmail.com or at 714-465-8825

EMERGENCY PREP

SERVICE GROUP

The EPG was formed to help us all be prepared in case of disaster—earthquake, fire, flood etc. The group meets once a month on the third Monday of every month at 1pm in MPR1 to discuss our agenda and educate residents about these emergencies. All are invited. One aspect of this group is the Building Stewards program. Volunteers keep their neighbors informed of safety issues and how to be prepared.

Our next meeting will be February 26, in MPR 1 at 1 pm. Contact EPG chairman Paul Kanter (310-991-8519) if you have questions.

EVENTS CLUB

The Events Club provides its members with the opportunity to contribute to the quality of life and enjoyment of residents of Huntington Landmark, by organizing and coordinating social events for the benefit of residents and their guests. **We depend on our members to volunteer their time and talents to plan and carry out an average of two events each month.** As the Club plans for all of our wonderful events in 2024, we would like to introduce you to our January and February Events schedule.

- Valentine's Dance – Main Lounge – Saturday, February 10, 2024
- Superbowl Party/Potluck – Main Lounge – Sunday February 11, 2024
- 3rd Annual Tea Party – Main Lounge – Saturday March 9, 2024

Look for details about each of these events on the cover of the Landmark Living Newsletter and on fliers posted throughout the community.

New members are welcome to attend our monthly meetings that are held on the first Monday of the month at 9:30 am in MPR1.

For more information contact President Patricia Vidal, 714-334-1773, email patriciaavidal@vidalgrouppoc.com or Vice-President Karen Kraushaar, 949-394-5826, email kkraushaar@msn.com.

GRANDPARENTS & FRIENDS

One month into 2024 – how's it going for you? Are you ready to add a new activity, write your life history, or join a new club? If it's a new club, we invite you to come to see what the Grandparents and Friends Club is all about. **We meet on the third Tuesday each month in MPR 2 at 6pm.**

We are busy planning 2024 activities and will provide information in follow-up articles. **Right now, our focus is on the upcoming St. Patrick's Day Blast, Saturday March 16th.** This event is always a sellout – who doesn't enjoy a delicious Irish dinner and a floor show of talented Irish dancers? Of course, we will also have a DJ for your dancing pleasure, a photographer, pots of gold raffle and 50/50 opportunity draw. **Mark your calendars now, ticket sales will be on Saturday February 17 @ 8am in MPR1.**

Remember, you are welcome to join the Grandparents & Friends club even if your grandkids are grown and flown or you don't have grandkids. Annual membership dues of \$10 (make checks out to Grandparents Club), can be brought to our meeting, or mailed directly to Steve or Sue Brown at 8565 Colusa Cr. #907-A. Contact them for membership information at sbforsc@socal.rr.com or call 714-504-3905.

For more club information, please contact Beth Gerbutavicius at bethgerbs@yahoo.com or call 916-342-7101. To check out previous activities, take a look at our website – hlgrandparentsclub.weebly.com.

JEWISH WOMEN

INTERNATIONAL (JWI)

SIMCHA CHAPTER

The Simcha Chapter of JWI is a congenial, welcoming member of the Landmark community. We meet five times each year and help promote the annual Menorah Lighting ceremony at Hanukah.

Our meetings (in January, March, and May, September, and November) are open to all. As well as presenting diverse and interesting programs,

we serve a full lunch. Details of each meeting are in that month's issue of Landmark Living magazine.

But we support more than our local community. The initials JWJ stands for Jewish Women International, serving women and children here and abroad. Our motto is Safe Homes, Healthy Relationships, Strong Women, working to end violence against women, empowering the next generation of leaders and helping women and children at risk have a safe future.

Simcha has also long supported The Children's Home in Israel where children traumatized by war and abuse regain their stability and learn useful skills.

Our membership is growing. No longer must you be Jewish or a woman to belong. Anyone who would like to be a part of this philanthropic, joyous group is welcome to come to a luncheon or become a member.

For questions, please call **Claire Schecter at 714-962-6164.**

KNITWITS

If you'd like to knit or crochet with a group of other yarn enthusiasts, please join us on **Thursday mornings at 10AM on the Main Pool Deck.** Bring your own project or just visit and be inspired to start something new. This is a change of day. We previously met on Tuesdays.

HISPANIC CULTURAL GROUP

We are a group of Spanish speakers at Landmark. We get together the first Friday of the month for Spanish conversation and friendship. We have members from almost all the Spanish speaking countries. There are no dues or membership fees. Please note that our meeting room has been changed. First Friday of the month at 2PM in MPR 2. **For more information call Betty at 661-406-5191 or Blanca 714-969-3063.**

Somos un grupo de Hispanohablantes residentes de Landmark. Nos reunimos el primer viernes de cada mes para conversar en español y amistad. Es gratis no hay ningun cargo para ser miembro. Tenemos miembros de casi

todos los paises de habla hispana. Hemos cambiado de salon. Primer viernes de cada mes a las 2 de la tarde en el MPR2. **Para más información llamar a Betty 661-406-5191 o a Blanca 714-969-3063.**

LINE DANCING CLUB

You are invited to join us for fun afternoons of Line Dancing with friends and new acquaintances every Wednesday from 4:00 pm to 6:00pm in the Main Lounge. There is no charge for this event, but donations are kindly accepted.

The Line Dance Club will again be hosting a professional line dance teacher, Miss Vickie, who will be teaching a beginners six-week class from **March 5 – April 6.** This class will meet on Tuesdays from 4-5pm in the Main Lounge. The cost is \$30 for the series, and you can register at the regular Wednesday club dance, or on **March 5** at 3:30pm in the Main Lounge. Please make checks payable to "Vickie Jackson."

This is a rare opportunity to learn line dances without having to leave Landmark! We hope that you will join us! Questions? Contact Ronda at (949) 280-5548. Keep on dancing!

NEEDLECRAFT

We are currently making afghans for charity by knitting and crocheting 7" by 9" rectangles. We also make scarves for the military whenever needed. So, if you like to do this kind of work or would like to learn how, we can teach you. We provide yarn and other materials. Come join us, we love to have new members. You may also work at home if you prefer. We meet on Tuesday mornings, 9:30 to 11:00 in the Sewing room. For more information you can contact Kay Winter at dkwinter57@msn.com.

SURF CITY QUILTERS

We Quilters share our enjoyment of working with fabric, choosing fabric, patterns, and thread. Then on to cutting (measure twice, cut once), piecing, and quilting. **Surf City Quilters meets in the Sewing Room on Monday from 1PM to 4PM.** Anyone interested in quilting or

fabric, thread/yarn, or robe art is welcome to join us. Please, come by and meet the Surf City Quilters. We are all skill levels. Did you know Huntington Landmark has a sewing machine for use? The key for the HL sewing machine can be checked out from the Management Office. Stop by and learn more about us. **For more information, contact Alice Roberts at 714-381-8775 or almroberts@yahoo.com.**

THREADS OF LOVE

Threads of Love will be taking a break in the month of August. We will resume in September, every Friday from 9AM to 11AM in the Sewing Room.

TOYMAKERS

The Toymaker's thank you for recycling! Please be aware that now, in addition to the usual plastic bottles and aluminum cans, we can also take plastic gallon water jugs, iced tea bottles, glass wine bottles and all manner of other plastics and glass bottles. Just as before, we will separate all contributed materials and take it to the recycle station so the proceeds can be used to buy much-needed wood, sandpaper, paint, glue, tools, and everything else the Toymaker's use to craft toys for the underprivileged children in our area. Please drop off your recyclable items at the bins behind the wood shop and we will take it from there!

VETERANS GROUP

Are you a Veteran? We have a group of men and women veterans that meet on the third Thursday of the month at **11AM in the Art Room.** Come join us for camaraderie and discussion.

Our next meeting will be on August 17th at 11AM in the Art Room. Please contact Roy Piazza, at 949-521-4069 or roypiazasant@gmail.com. Back up is Barry Boone at 714-926-7315, or boonedadb@aol.com.

WOODSHOP

Interested in woodworking? Come by and see what we're doing in the Woodshop. **Contact: Tom Humphrey 714.240.4703.**

LANDMARK LIVING CLASSIFIED ADVERTISEMENTS

Do you have items you'd like to sell? Try listing them in Landmark Living Classified Ads page and reach a potential 2,000 plus residents. Want to sell that dining room set, the lamp you no longer use, or that TV? Place an ad and sell it. Looking for a good car for your grandchild? You can also place a "Wanted" ad. Have the Seller contact you.

Here's how you do it: Contact Joe Morris at joe@benfranklinpresshb.com or call (714) 842-6733 for advertising information. Thank you.

(Huntington Landmark does not endorse any business or services, nor does it guarantee any items for sale. Please do your due diligence and seek advice from a professional if you are in doubt.)

WANTED	FOR SALE	WANTED
<p style="text-align: center;">Auto Buyer</p> <p>I need vehicles!!!(any year) I will come to you (Landmark resident) Licensed, fair, honest Chris 714-474-5800</p>		

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Please report any leaks, water damage, moisture or ponding both inside or outside your unit immediately.

Contact the Management Office at 714-960-5475 (during regular business hours)

Contact the non-life threatening Emergency Line at 714-565-3059 (after business hours)

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So. California Edison Toll free 1-800-655-4555

*Security Access Control

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*Police Department

(non-life threatening or concern about a resident) 714-960-8811



For Display Advertising – deadline is the 10th of every month prior to publication.

Please contact Joe Morris at Ben Franklin Press – joe@benfranklinpresshb.com, or call **714-842-6733** for more information.

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In Times of Need

As full time Chaplains, Bob and Jane Keller are neighbors and full time residents of Huntington Landmark. We would like, at no charge, to offer our services. We have been serving in this capacity for almost 15 years. We understand that in times of distress, having someone near can be a tremendous encouragement and comfort.

We are on call 24/7 for: assisting families when waiting for the mortuary or coroner, assisting families in their time of grieving over the death of a loved one, and officiating funerals. All conversations are held in strict confidentiality.

We can be contacted by calling 714.865.9177, or through email rejakeller@gmail.com. If you need more information on our qualifications please go to our website www.inpursuitca.com. Sincerely, Chaplains Bob and Jane Keller

STREET SWEEPING

Huntington Landmark street sweeping is performed on the 1st and 3rd Thursdays of the month in the morning. Please make sure that your vehicles are moved off the streets on those days. Thank you!

LANDMARK VISITORS & GUESTS

Reminder: Please call in your guests to the Atlanta Gate: **714-960-1452** to help avoid long lines and back-up. You may also add frequent guests to your permanent guest list with Patrol Masters at the Atlanta gate.

LANDMARK LIVING CONTRIBUTORS

Without our volunteers, Landmark Living just wouldn't be the same. Thank you!

Reach us at: landmarklivingnewsletter@gmail.com

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Expect delivery of the newsletter from the 1st through the 3rd of each month. If you'd like to help with deliveries, please contact Sharon Syncheff for more details at 818-620-8854.

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WORK REQUEST PROCEDURE

To save you time, and to have a copy for your records, please email your work requests to sarah.kaufman@seabreezemgmt.com. It is the quickest and most reliable way to submit. For your convenience, there are also work request forms located outside the Management Office and in the Main Lounge.



**IN LOVING
MEMORY OF
THOSE WHO
ARE forever
PRESENT IN
OUR HEARTS.**



*Family members, if you'd like your loved one mentioned, please let us know.
Thank you.*

Amar (714) 960-5475

ALL ARTICLES FOR LANDMARK LIVING

All articles, club news, events, and notices must be **submitted by the 5th of every month** in order to get into the following month's Landmark Living. Club news submissions must be 150 words or less to be accepted.

Newsletter Staff, Board of Directors and Management reserve the right to edit, correct or alter material.

Email your submissions to: **landmarklivingnewsletter@gmail.com**



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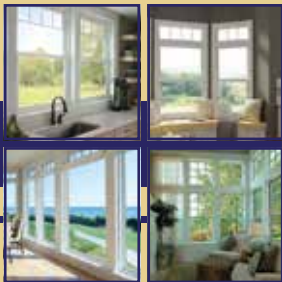
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