

# LANDMARK LIVING

Official Publication of Huntington Landmark

Senior Adult Community

20880 Oakridge Lane, Huntington Beach, CA 92646

www.huntingtonlandmark.com



APRIL 2024

## BUNCO NIGHT

Thursday, April 25

6:30 pm

Main Lounge

Tickets are \$10 per person and will be on sale in the Management Office beginning April 10.

Make checks payable to:

**'EVENTS CLUB'**

COME MEET  
NEW FRIENDS



CASH PRIZES

Questions?

Contact Linda Wentzel 714.951.7463

Presented by The Events Club



Saturday May 4<sup>th</sup>, 2024

6-9 pm Main Lounge \$35pp

Tacos with Carne Asada, Al Pastor & Chicken

Beans, Rice, Chips, Salsa & Dessert!

Ticket Sale Dates: Sat. April 20<sup>th</sup>, 9-10 am in ML

Sat. April 27<sup>th</sup>, 1-2 pm in ML



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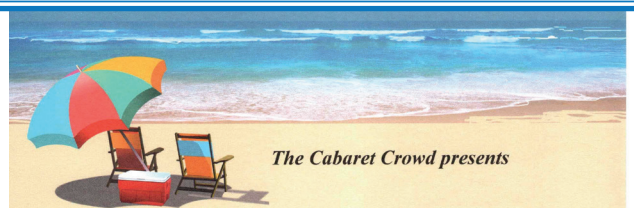
## Attention Landmark Newcomers!

Are you new to Landmark?

We'd like to invite those who are newcomers to our lovely Landmark community (new residents in about the last six months) to a **Newcomers Get-Together on Thursday, May 2, at 6:00 p.m. in the Main Lounge**. You can meet other newcomers and hear about the various committees, clubs, and groups we have here at Landmark. We'll also do our best to answer any questions. The Events Club is hosting this get-together, and the Management Office will be providing light refreshments.

**RSVP by Monday, April 29** by contacting the Management Office at (714)960-5475 or emailing Sarah Kaufman at [sarah.kaufman@seabreezengmt.com](mailto:sarah.kaufman@seabreezengmt.com).

Questions or comments? Contact Barbara at [Mizerekbaramizerek@gmail.com](mailto:Mizerekbaramizerek@gmail.com) or (714) 745-3307



The Cabaret Crowd presents

**"Tacky Tourist Party"**

**Saturday, May 18, 2024**

**Main Lounge \* 5:00-9:00pm**

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Assorted Bread, Rolls & butters.

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**Ticket Sales on**

**Saturday, May 4 at 8am in MPR2**

Checks payable to Cabaret Crowd.  
Major Credit Cards accepted. No cash sales.  
Questions? Please call (714) 374-0007.

## DISCLAIMER

HLVoice is a private Facebook community created by a resident of our community. Kindly be advised that this Facebook community is not operated, managed by, or affiliated with the Huntington Landmark HOA, Board of Directors, nor with HL Management.

## 2024 Board of Directors Open Meeting Schedule

Wednesday, April 3	10:00 AM
Wednesday, May 1	10:00 AM
Wednesday, June 5	10:00 AM
Wednesday, July 3	10:00 AM
Wednesday, August 7	10:00 AM
Wednesday, September 4	10:00 AM
Wednesday, October 2	10:00 AM
Wednesday, November 6 (Annual)	04:00 PM
Wednesday, December 4	10:00 AM

## NEW RESIDENT INFORMATION

*By: Linda Rosenthal, LL Staff*

Have you checked out the koi? Those colorful little fish? Harvest paid for the installation of a fishpond just inside the left recreation center gate. No cost to the HOA. It's in the raised planter across from the office door. It has recently been enlarged as those little guys were getting bigger. There are seven koi swimming around. Don't feed them as Sergio takes care of their special diet. Walk by the pool and get a relaxed feeling watching the koi swim by.

## FAVORITE DESSERTS – STATE BY STATE

*By Mike Di Gennaro, LL Staff*

**NEW YORK** – New York Style Cheesecake was invented by using extra egg yolks and cream cheese which was invented in 1872 by a New York dairy farmer.

## EMERGENCY READINESS

*By Linda Rosenthal for Emergency Preparedness Group*

Your power went out. Now what? If it's daytime, at least you can still see everything. If a telephone works, you can call 1-800-655-4555 to report the outage or get an update. Since you probably don't know when the power will be back, take some precautions. Don't open the refrigerator or freezer and let the "cold" out. If it's getting near night, get your battery lamps and flashlights out and ready to use. If some don't work, make a note to get new batteries or a new device soon. The power may be out in your garage so if you must get the car out, you'll have to use that special key to disengage the electric opener. Then just lift the door. If the outage is more widespread than Landmark, traffic lights and stores won't have power either. Best to stay home. Remember you are responsible for your own safety.

Call Paul Kanter (310-991-8519) for additional information. Our next EPG meeting will be April 15 at 1PM in MPR1. All are welcome.



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## HUNTINGTON LANDMARK GUIDING PRINCIPLES

**MISSION:** To protect the value of our property

**VISION:** To continue as a contemporary community where our residents can enjoy quality living

**VALUES:** Inclusiveness, Relationships, Transparency, Engagement

### PRESIDENT'S MESSAGE

*By Steve Brown, Board President*

Did you know that 2024 is anticipated to be our busiest year ever at the Main Recreation Area! A delicate balancing act is necessary to meet the social needs of our community, while at the same time staying within the confines of our operating budget, continuing to provide the necessary maintenance and protection of our assets, and ensuring the best interest of all members of the HOA are met. No Small Feat, for your Board of Directors, but thankfully we work closely with Management, vendors, and the community to realize our goal of living well in Huntington Landmark.

The Board and Committees formed several working groups to address the issues presented by our busiest calendar yet. Our Janitorial Services Contract has been revised to meet the challenges presented by the calendar for this year. Our second work group is updating and revising Room Use Procedures and Guidelines. The forms, files, procedures, checklists, and handy hints of the previous recreation director, have not been reviewed, revised, updated nor modified since COVID shut down operations in early 2020. This working group is updating Room Use Procedures and modifying them for use in 2025.

When Landmark resumed activities in 2022, our enthusiasm got the best of us, and we said "YES!!" to everything. Alas, we now need to recognize and adjust for the increased use of the MRA. Our third workgroup will be optimizing the Calendars for both Regularly Scheduled Activities and Special Events. During this exceptionally busy year, the working group will be observing use and enjoyment of the activities and event calendar that is consistent with the expectations we hold for the janitorial services, creates opportunities for as many residents as possible to enjoy our Main Recreation Rooms, and provides opportunity for private parties as well.

Please let management know the events you enjoy, concerns you have, and any other information which may be relevant to development of the calendar of activities and events for 2025. Your Board and Management team welcomes feedback as the year progresses. Good Health and Good Cheer to all and Welcome to Spring 2024!

### AS DUCKS FLY BY

*By Marie Sandidge for Property Protection Advisory Committee*

As the skies continue to gift us with winter rain, spring is right around the corner. With it comes the return of mating season for many of California's wild ducks. Here in Landmark, our two freshwater pools and spas have historically been a resource and destination for quite a few wild ducks appearing each spring. This article provides our community with understanding of the health concerns involving duck fecal contamination of our pools/spas and our efforts to minimize the potential dangers.

A number of germs (pathogens) found in duck droppings that can transmit to humans are E-coli, salmonella, campylobacter, cryptosporidium, and most recently bird flu (a variant of avian influenza, a virus). Although small in number, recent cases of avian influenza in humans have been increasing. Ref. USA Today report 2/3/2023 by Adrianna Rodrigues.

To minimize the interaction of wild ducks with our pools and spas, our administration is working with O.C. Health to maintain their yearly inspections and certifications, administration has improved fenced isolation at the Beacon and Main pool and spa and expanded awareness of the problem and mitigations to our residents.

Some residents want the ducks to be in the pools and spas. They have cut the fencing at the Beacon Pool and Main pool. These acts of vandalism, destruction of Landmark property, cost extra money to repair the fencing. If the baby ducks get into the pools and spas they cannot get out of the pools and spas by themselves, so they drown, or the baby ducks receive help from good hearted residents. But the baby ducks get hurt, like breaking a leg or wing. Last year the mother and baby ducks did just fine without being able to use the pools and spas.

Please do not cut the fencing around the Beacon and Main Pools and Spas.

For questions and further information, the Property Protection Committee open meeting is the 2nd Tuesday of each month at 10:30 a.m. in MPR.

## COMMITTEE MEETING DATES, CHAIRS & BOARD ADVISORS:

**Architectural Control Committee**

Wednesday, 10:00 AM, Conference Room  
(Closed Meeting - Appointment Only)

**Chair:** Marsha Merendino: [msmerendino@aol.com](mailto:msmerendino@aol.com)

**Board Advisor:** John Koze: [jkozehlboard@yahoo.com](mailto:jkozehlboard@yahoo.com)

**Landscape Advisory Committee**

2nd Tuesday, 1:30PM, MPR2

**Chair:** Steve Bova: [huntingtonlac@gmail.com](mailto:huntingtonlac@gmail.com)

**Board Advisor:** Nancy Henry: [nghsews@socal.rr.com](mailto:nghsews@socal.rr.com)

**Rules Committee**

As Needed

**Chair:** Judith Larson: [judithinhb@gmail.com](mailto:judithinhb@gmail.com)

**Board Advisor:**

**Maintenance Advisory Committee**

4th Tuesday, 8:30AM, MPR1

**Chair:** Tom Tullius: [localrep@aol.com](mailto:localrep@aol.com)

**Co-Chairs:** David Dawes: [dawesdr@yahoo.com](mailto:dawesdr@yahoo.com)

Vard Whittick: [vardmaint@gmail.com](mailto:vardmaint@gmail.com)

**Board Advisor:** Dan Orozco: [danhboard@gmail.com](mailto:danhboard@gmail.com)

**Property Protection Advisory Committee**

2nd Tuesday, 10:30AM, MPR1

**Chair:** Marie Sandidge: [mmsandidge@verizon.net](mailto:mmsandidge@verizon.net)

**Board Advisor:** Peggy Dern: [peggydern@yahoo.com](mailto:peggydern@yahoo.com)

### HEARING LOSS PROGRESSES WITH AGING, DEMENTIA, AND ISOLATION

*By Katie Corbett, Features Editor*

Seniors find that a serious result of aging is profound hearing loss.

Yes, wearing different hearing aids over the years has helped with my communication, but I am still frequently asking "What did you say or what are they saying?" because my loss progresses with aging. As a child, it started with chronic earaches that were treated by lying on hot water bottles for days until the abscesses broke and drained from my ears. Doctors in those days did not have penicillin and antibiotics to treat earaches.

Most recent gerontology studies show that hearing impairment results in declining mental ability, dementia, and Alzheimer's disease. Also, feelings of depression, anxiety, isolation, and fatigue are linked to age.

Hearing loss is an invisible handicap that seniors fail to recognize when they consider their total physical health preserving and protecting their ears. Although two-thirds of seniors have some hearing impairment, only one-third of them acquire hearing aids to improve their lives.

Age-related hearing loss is a slow, progressive condition that affects both ears equally. Because of this slow progression, seniors do not readily acknowledge their hearing loss, thinking it a normal sign of aging. It is this insidious nature of hearing impairment that allows many adults to ignore the impact of hearing loss for years.

Today audiologists stress that wearing hearing aids reduces mental problems associated with hearing loss and recommend that seniors with hearing loss seek professional help. Remember that ear care is a vital part of good health care!

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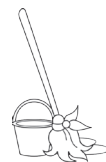
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## FINANCIAL REPORT

By: Laurie Erickson, CFO

**Operating Expenses Are Less Than Income:** Operating expenses for the year through the month ending January 2024 were \$100,209.81 less than income.



**Reserve Expenses Are Less Than Income:** Reserve expenses for the year through month ending January 2024 were \$249,890.61 less than income.

**Delinquencies:** Delinquency reporting has recently been changed. Past due assessments are now being separated out from past due violation fines. Our management team and legal support diligently pursue all past due accounts. The outstanding accounts receivable has increased \$5,237.19 since December 31, 2023. Of the \$91,091.02 outstanding accounts receivable, \$70,163.71 represents the balances due from 8 accounts that are currently at the attorney.

**Reserve Fund:** The Reserve fund was 35.3% funded at the close of 2023. As budgeted for 2024, contributions to the Reserve Fund remain at \$280,000 per month, (\$3,360,000 for the year). Earned interest from our Reserve CD investments contribute toward increasing the percent funded towards the recommended goal of 70%. The status of the funding of our reserves will be in the Annual Budget Report in accordance with Civil Code section 5300 and the Annual Policy Statement, Civil Code Section.

**Financial Management:** As inflation continues to fluctuate, it becomes more challenging for Management to stay within the budget. As this trend continues, we expect to see an increase

in the cost of maintaining our community at its current elevated level of service. It is with constant diligence that our management team is holding a good rein on our finances and reviewing every contractor proposal to get the best prices for services provided.



**Financial Review:** The Board of Directors, in particular the CFO, President, and a Board member carefully review all financial documents & statements monthly as required by California State Law, Civil Codes §5500 and §5501. At our request, those reports are continually being improved by our Management agent, Seabreeze Property Management.

YEAR-TO-DATE FINANCIAL SUMMARY			
02/29/24			
The following details are based on the Financial Reports to be approved at the next scheduled Board Meeting.			
OPERATING			
ASSETS	LIABILITIES / EQUITY	YTD SURPLUS/(LOSS)	
\$ 1,793,850	\$ 1,607,482	\$ 186,368	
	<b>INCOME</b>	<b>EXPENSE</b>	<b>YTD SURPLUS /(LOSS)</b>
<b>BUDGET</b>	\$ 1,436,242	\$ 1,436,242	\$ 0
<b>ACTUAL</b>	\$ 1,443,587	\$ 1,257,219	\$ 186,368
<b>Operating Notes:</b>			
Income -- Total Income; 7,345 more than budget			
Expense -- General & Administrative; 35,158 less than budget			
Expense -- Landscape; 36,211 less than budget			
Expense -- Maintenance; 29,319 less than budget			
Expense -- Property Protection; 9,519 less than budget			
Expense -- Recreation; 13,815 less than budget			
Expense -- Utilities; 46,501 less than budget			
Expense -- Insurance; 8,499 less than budget			
Expense -- Reserve Contribution; per budget			
RESERVE			
ASSETS	LIABILITIES / EQUITY	YTD SURPLUS/(LOSS)	
\$ 6,651,578	\$ 6,410,687	\$ 240,891	
	<b>INCOME</b>	<b>EXPENSE</b>	<b>YTD SURPLUS/(LOSS)</b>
<b>BUDGET</b>	\$ 649,161	\$ 649,161	\$ (0)
<b>ACTUAL</b>	\$ 588,585	\$ 429,880	\$ 158,706
<b>Reserve Notes:</b>			
Income -- Total Income ; 60,576 less than budget			
Expense -- Administrative; 3,882 less than budget			
Expense -- Buildings; 78,320 more than budget			
Expense -- Pools; 1,184 less than budget			
Expense -- Utilities; 69,221 less than budget			
Expense -- Furniture & Fixtures; 4,565 less than budget			
Expense -- Infrastructures; 66,904 less than budget			
Expense -- Landscape; 145,793 less than budget			
Expense -- General; 6,113 less than budget			
<b>Reserve Fund Status:</b>			
Current Cumulative Balance :		\$ 6,401,672	year ending 12/2023 unaudited
Status of percentage of funding will be reported annually			

## BE PREPARED

By Linda Rosenthal for Emergency Preparedness Group

Did you think you moved to Seattle? Had enough rain? Fortunately, Landmark seems to have great drainage, so we didn't get water in our homes during that week of storms. But we had about 4 inches of rain here. The streets, however, were a mess – according to the news. And the flooding created potholes in the streets. If we get another big storm, better to not take the car out. Potholes ruin your tires. So, if a storm is due, stock up on food beforehand as you definitely don't want to try to get to the market in the rain just to get bread and milk.

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## CONSERVATION CORNER

By Gail Curtis, LL Staff

I hate tossing herb jars. They are so cute! It would be great if I had hobbies where I could reuse them for storing beads or nails or buttons, but I don't have a place for the jars or a reason to save them – for now, anyway.

Shopping at Ralphs recently (at Garfield and Goldenwest), I discovered “spicely”. It is a line of organic spices that are either in recyclable glass jars, or in cardboard containers that can be used to refill your existing herb jars. This small box exactly fits my garlic powder container in the cupboard. What a great find!

Besides this convenient line of products at Ralphs, you can also purchase a limited variety of spices in bulk at Sprouts.

Side-note: Depending on the spice, the shelf life could be one to four years. There is no danger in eating an expired spice, but over time it will lose its flavor – and its efficacy, if it is a beneficial herb. You will find this, and other details about herbs at <https://www.healthline.com/nutrition/do-spices-expire>

Do you have conservation ideas or favorite products to share? Email me at [gailcurtisnow@gmail.com](mailto:gailcurtisnow@gmail.com).



## SPRING INTO APRIL!

By Joanne Currie

With the spring in the air, time to get out 'n greet. Let's clean out 'n swap out at our Spring Swap Meet!

What's “ready-to-go” to us is “just the thing” to another. One find to make a fuss, we can't help but wonder!

It's a chance to visit too, as weather starts to warm. Exchange a point-of-view on items displayed 'n form.

Price makes a real bargain, if an item fits your need.

You'll plan to come again with a new “need-to-feed!”

## CALLING ALL EPG BUILDING STEWARDS!

By Paul Kanter for Emergency Preparedness Group

**Saturday, April 20th at 11:30 a.m. in the Main Lounge.**

Come and get to know your fellow Building Stewards better. Discuss and share ideas on how to involve your neighbors and prepare the Huntington Landmark community to effectively deal with actual emergencies. A light lunch will be served. Please RSVP by April 12th to Paul Kanter, [paulinhb@gmail.com](mailto:paulinhb@gmail.com), or 310-991-8519.

## EV CHARGING STATIONS IN COMMON AREA PARKING LOT

By Laurie Erickson

Various efforts to study and understand the best use of Electric Vehicle Charging Stations (EVCS) in Huntington Landmark have been undertaken since 2011. In September 2018 the BOD established the EV Working Group (EVWG) tasked with evaluating all aspects of charging electric vehicles in our community.

This paper summarizes the EVWG's activities and recommendations.

Between January and July 2019, the EVWG gathered info about EV charging – garage charging, laws, Charge Point program and site visit, SCE program and site visit, equipment, operation, costs, EV population, resident interest, etc. Said information was provided to the BOD and GM. In October 2019 a survey among residents concluded there were 34 EV in the community and only five plug-in vehicles. None of the five indicated they charged their vehicles at Huntington Landmark.

Based on predictions of future increase in EV, the EVWG recommended installation of charging stations in the MRA parking lot despite the low number of EV on campus. Proposals for installation and operation of the EVCS were estimated to be \$25,000 initially and \$29,000 yearly to maintain thereafter. Given the low number of EV in the community and the high cost to all members for installation and maintenance of the same, the BOD determined EVCS were not warranted at this time.

In December 2019, the BOD approved proposed rules for charging EVs in garages. Owners are to register their vehicles and those who charge in the garages are to pay a nominal fee. It is important to monitor the existence of EVs in the community for purposes of determining if the need for EVCS has changed.

Currently, two members of the Maintenance Committee are assigned to keep up to date on any developments that may change the analysis and conclusion of the BOD. The determination that an EVCS in the Common Area Parking Lot was not in the best interest of the HOA remains relevant until a significant increase in plug-in vehicles occurs, sufficient to warrant significant additional operating expense.

# Peripheral Neuropathy Breakthrough!

**“My feet feel like they’re on fire.”  
 “Each step feels like I’m walking on broken glass.”  
 “I live in constant fear that I’ll fall.”  
 “I can’t sleep, my hands and feet feel like they are tingling.”**

What do all of these people have in common? They suffer from **peripheral neuropathy**. It’s estimated that more than 20 million people in the United States have peripheral neuropathy. Unfortunately, this figure may be significantly higher, as the disease is often misdiagnosed because of its wide array of symptoms.

Dr. Stefanie Bennett of Bennett Acupuncture shares this belief. “I’ve been treating neuropathy, in all its various forms, for over two decades and so often my patients come to me because of the symptoms, not because of a diagnosis. They saw one of my television specials, or read the testimonial of another patient and say to themselves ‘hey, I feel the same thing.’”

Michelle J. of Costa Mesa testified to this. “I remember driving to my consultation and I saw a woman running just outside our neighborhood. I was so envious - I just kept thinking ‘I would give anything just to walk again’. My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed.”

Fortunately, Michelle would eventually see Dr. Bennett on facebook talking about similar symptoms and how she offers a real solution at Bennett Acupuncture. “I just knew I had to see her. She was my last hope.”

**“Almost all of our patients come to us with a story similar to Michelle’s. They’ve been everywhere else. They’ve been told there’s no hope. They’ve been told ‘it’s just part of getting older’.”** shares Jules, a Patient Care Coordinator at Bennett Acupuncture. **“It just breaks my heart, but I know how much we can help people like Michelle, so I’m always so happy when they walk through our door.”**

Those diagnosed with peripheral neuropathy often face a very grim reality; Western medicine declares that there is no

solution while most alternative therapies carry large price tags and offer little to no resolve. Which is why Dr. Bennett and the staff at Bennett Acupuncture pride themselves on being ‘the last resort with the best results’.

Peripheral neuropathy is a result of damage to the nerves and this damage is commonly caused by lack of blood flow in the hands and feet. A lack of blood flow results in a lack of nutrients; the nerves then begin to degenerate and die which causes pain ranging from discomfort to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. “In this case, the absence of pain is not necessarily a good thing,” shares Dr. Bennett. “This usually indicates that your nerves are hanging on by a fragile thread.”

So how exactly is Dr. Bennett able to reverse the effects of this degenerative disease? “Acupuncture has been used to increase blood flow for thousands of years which helps to get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy™. This is tech that was originally developed by NASA to expedite recovering and healing.”

**“I just can’t say enough about Bennett Acupuncture,” Michelle shared through tears of joy. “I love walking the beach but had to stop due to pain and not being able to feel my feet – worrying if I would fall! Yesterday I did my beach walk and my feet felt great the entire time! And I now feel confident to travel. I am truly living life these days.”**

According to Michelle’s test results, she has seen a 74% improvement in pain and functionality,

which is on par with a majority of our patients,” shares Jules. “But more important than those test results is the joy she’s expressed being here and hearing about all the amazing things she’s able to do because she feels great!”

By seamlessly blending the ancient science of acupuncture with modern medical solutions Dr. Bennett has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed. “This not only aids in making a proper diagnosis but it helps to define just how much nerve damage has occurred” tells the doctor. “This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I’m familiar with the medical miracle but I know my limits as a practitioner and the limits of my medicine.”

When it comes to treating peripheral neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling or ‘pins and needles’ or you’ve recently been diagnosed with peripheral neuropathy, it’s important to know that there are options. There is hope.

Call (714)-962-5031 to schedule an initial consultation or go to [www.bennettacupuncture.com](http://www.bennettacupuncture.com) to read more incredible success stories.



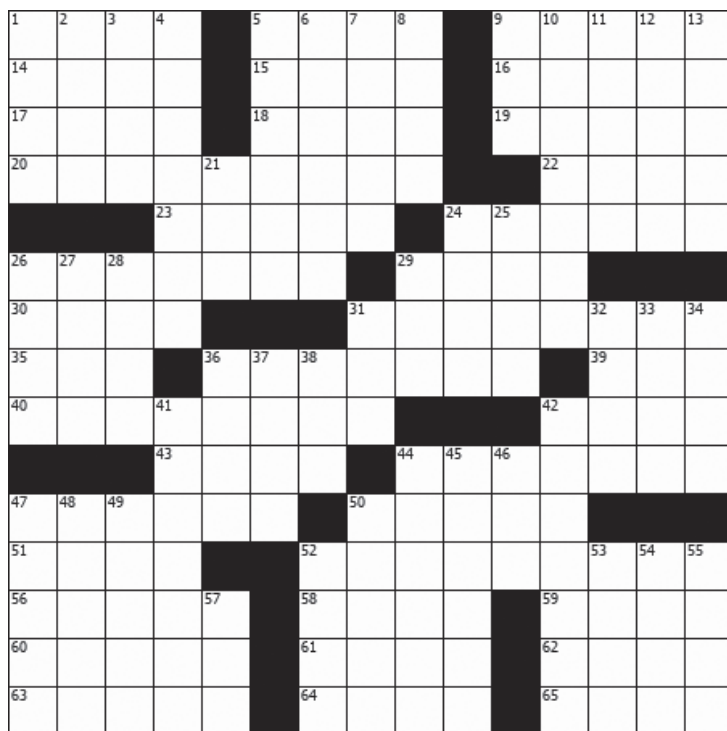
## ACROSS

1. Salon treatment
5. Field cover
9. Hobby wood
14. Original thought
15. On a voyage
16. Basketball's Shaquille
17. Sly look
18. Gyrate
19. Dickens title beginning (2 wds.)
20. Joining the army
22. Always
23. Seat rows
24. Writer \_\_\_\_ Hemingway
26. Standstill
29. Strong metal
30. Use a phone
31. Like "Shrek", e.g.

35. Vane letters
36. Afternoon performance
39. Street (abbr.)
40. Used logic
42. Related
43. Small lake
44. Loafer ornaments
47. Decipher
50. Coins from Mexico
51. Bard of \_\_\_\_
52. Comforted
56. Keyed up
58. Soften
59. 5,280 feet
60. Bestow
61. Top pilots
62. She, in Paris
63. Shop
64. Cincinnati team
65. Letter starter

## DOWN

- |                    |                        |                      |
|--------------------|------------------------|----------------------|
| 1. Stack           | 7. Bridle straps       | 13. Wide-awake       |
| 2. Eve's garden    | 8. Twinge              | 21. Bro's sib        |
| 3. Rod's companion | 9. Large snake         | 24. Huron's neighbor |
| 4. Matrimonial     | 10. Insect's feeler    | 25. Italian city     |
| 5. Sips            | 11. Depart             | 26. Cake decorator   |
| 6. Be ambitious    | 12. Shoppers' delights | 27. Horse's hair     |



- |                       |                        |                     |
|-----------------------|------------------------|---------------------|
| 28. Petition          | 41. Certain advertiser | 49. Owned apartment |
| 29. Hostel            | 42. Took for granted   | 50. ____ and quiet  |
| 31. Assist            | 44. Poked fun at       | 52. "____ Window"   |
| 32. Steal             | 45. Appraise           | 53. Agitate         |
| 33. Devilish          | 46. Help!              | 54. She, in Seville |
| 34. Lions' lairs      | 47. Calendar numbers   | 55. Forest creature |
| 36. Temperament       | 48. Happening          | 57. Meadow mama     |
| 37. Green Gables girl |                        |                     |
| 38. Actor _ Danson    |                        |                     |

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## FUN THINGS TO DO

C	E	E	N	T	O	Y	S	N	E	K	E	O	E
S	R	A	P	P	P	U	Z	Z	L	E	S	Z	O
O	I	T	I	O	E	S	D	R	A	C	I	E	C
G	W	I	E	K	S	S	P	E	R	G	C	T	N
N	A	N	I	E	N	D	S	I	S	S	R	S	L
I	L	G	O	R	R	T	I	B	L	E	E	E	L
Y	K	G	P	K	E	G	I	R	O	I	X	I	A
A	I	N	A	P	A	A	P	F	R	V	E	B	B
L	N	I	R	K	D	K	A	E	L	O	E	B	T
P	G	D	K	K	I	P	S	A	R	M	T	O	O
D	I	I	T	G	N	L	O	F	L	O	G	H	O
R	G	R	R	L	G	S	G	L	R	N	L	R	F
B	A	S	E	B	A	L	L	P	O	D	E	R	L
R	U	N	N	I	N	G	D	R	I	V	I	N	G

EXERCISE  
GOLF  
POLO  
WALKING  
HOBBIES  
EATING  
CARDS  
PETS  
BASEBALL  
POKER

READING  
RUNNING  
PARK  
FOOTBALL  
DRIVING  
PLAYING  
RIDING  
TOYS  
PUZZLES  
MOVIES

### FACT OR FICTION?

By: Mike Di Gennaro, LL Staff

1. Wild tigers outnumber those in captivity.
2. Since 1990, forest acres in the U.S. have declined.
3. Bubble wrap was invented to sell as wallpaper.

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story, "Pacific" model  
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Tulare #301C  
downstairs  
3 beds. unit  
\$650,000



8816 Yuba #1105A  
3 bedroom  
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Lic. #4031244

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## LIBRARY NEWS

By Ronda Huld, HL Library

**Our annual fundraising Tea and Fashion Show will be on Thursday, April 18, from 1:30 to 3:30 P.M. We will be selling tickets for \$35, on Saturday, March 30, in MPR2 from 9 – 10 A.M. and on Saturday, April 6, in the library from 9 – 10 A.M.** Tea will be catered by Suzanne's menu includes assorted tea sandwiches, salad, and choice of delicious finger desserts. Fashions will again be from Carol's Boutique in Seal Beach. You will be able to purchase fashions at the Tea. There will be raffle tickets for gift cards and a 50/50 drawing. We truly appreciate your continuing support and look forward to seeing you there. We are also looking for volunteers to work 2-hour shifts in the Library.

### NEW BOOKS FOR APRIL

- F *The Women*  
Kristin Hannah
- MF *The Ghost Orchid*  
Jonathan Kellerman
- F *All That Is Mine I Carry with Me*  
William Landay
- MF *Cross Down (M)*  
Patterson & DuBois
- F *Upside Down*  
Dani elle Steel
- F *Dead Man's Hand*  
Brad Taylor

Also included each month are six librarian's choice books. These are older books that are favorites, but might have been overlooked when they were new. Please take the opportunity to check out some different authors.

### EMERGENCY READINESS

By Linda Rosenthal for Emergency Prep Group

More earthquake information. We have had a few "small" quakes lately and, hopefully, no big ones since this newsletter went to press. Here's some information to help you know when it's safe to go back into your building after a quake. **DO NOT ENTER IF:**

- Building is partially collapsed
- Building is tilted
- There is falling debris
- Building full of smoke or a gas smell or sound
- Electricity is sparking
- Fire is bigger than the size of a kitchen trash can
- Flooding greater than 1 inch deep
- Building is dark and you have no flashlight.

Keep these hints in mind in case of a serious earthquake. Be safe, not sorry.

### NEIGHBOR ASSIST

By Sylvia Widmeyer, Neighbor Assist Chairman

The plea for additional volunteers to join the Neighbor Assist staff did not go unnoticed. Two residents have joined our ranks as "subs", stepping in to cover when a volunteer goes on vacation. Thank you, Mary, and Barbara.

**When medical equipment is needed**, while recovering from surgery or an accident or is needed to maintain our active lifestyle, **Neighbor Assist is just a phone call away.** Call 714-960-2277 and leave the following information: your name, unit number, contact phone number, and what items you are looking for. The volunteer of the day will call back to set up a time for equipment pickup.

When you no longer need the equipment, call 714-960-2277 and arrange a time to return the items. Do not just leave equipment in the sewing room and do not drop off equipment or supplies at the office. If we don't know who has returned an item, we cannot close out the paperwork.

Have unused medical supplies, don't throw them in the trash – DONATE THEM – and if you see items left by the dumpsters, please call 714-960-2277 with the location and the items will be picked up.

Haven't signed up for FireMed? Only \$60 a year to help cover the cost of ambulance service. Applications are in the management office.



### JOKE

I'm at the stage in my life where running errands counts as going out.

### FACT OR FICTION? ANSWERS

1. fiction
2. fiction – increased
3. fact

### ACCIDENTAL INVENTIONS

By Mike Di Gennaro, LL Staff

**POTATO CHIPS** – In 1953, George Crum was a chef at the Moon Lake Lodge Resort in Saratoga Lake, NY when a customer complained about how thick and mushy his potatoes were. According to legend, he thinly sliced and fried potatoes.

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### Working Past 65 - Company Insurance vs. Medicare.

When you are approaching 65 years old and still working, you may be faced with continuing work and keeping the company insurance or taking Medicare.

If the company, you work for has 19 or fewer employees you must sign up for Medicare. If the company has 20 or more employees, you have the option to remain on company insurance.

If you have dependents on your company insurance and they cannot apply for Medicare, you need to consider their insurance options if they are going to be taken off the company's insurance.

Evaluate the extent of coverage and benefits offered by your company's insurance plan compared to Medicare Insurance Plans, including deductibles, copayments, and prescription drug coverage.

Health Condition and Needs: Consider your current health condition and any ongoing medical needs. Evaluate which insurance option provides better coverage for your specific health requirements, including access to specialists, additional benefits, and prescription medications.

The decision to work past 65 and choose between company insurance and Medicare is a complex one, influenced by various factors such as coverage, cost, flexibility, and individual health needs. It's crucial for individuals in this position to thoroughly assess their options and seek guidance from reliable sources to make an informed decision with someone as experienced as **Welch Insurance**.

Not affiliated with or endorsed by Medicare or any other government agency. Medicare has neither reviewed or endorsed this information. CA License # 0E81972. We do not offer every plan available in your area. Currently, we represent 9 organizations that offer 56 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all your options in your area.

Welch Insurance 17011 Beach Blvd. Suite 900 HB CA 92647

# LANDMARK LIVING

## LIBRARY HOURS

Monday - Friday 10 AM - 2 PM  
Saturday 10 AM - 12PM

Sunday - Closed

Library Phone: 714-536-4767

## SEABREEZE STAFF

### Kimberly Pollard

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### Samuel Sneddon

Maintenance Technician  
[Samuel.sneddon@seabreezemgmt.com](mailto:Samuel.sneddon@seabreezemgmt.com)

MONDAY	TUESDAY	WEDNESDAY
<p><b>1</b></p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand &amp; Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 6:30PM Mon Night Game.....BC 6:30PM Friendly Poker.....PR 6:30PM Chorale.....MPR1</p>	<p><b>2</b> <b>GENEALOGY</b> 10AM — MPR2</p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 10:00AM Ceramics.....CMR 12:30PM Pan Card Game.....BC 1:00PM Mahjong.....MPR1 4:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p><b>3</b> <b>BOD MTG</b> 10AM — Main</p> <p>8:15AM HB Aerobics.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Card Games.....BC 5:30PM Tennis/PB.....SR 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p><b>8</b></p> <p>8:15AM HB Aerobics.....MPR1 10:00AM Morning Jam.....MPR2 12:15PM Hand &amp; Foot.....MPR2 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 6:30PM Chorale.....MPR1 6:30PM Mon Night Game.....BC 6:30PM Friendly Poker.....PR</p>	<p><b>9</b> <b>PHONE SCAM PREVENTION</b> 10AM—MPR2</p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 10:00AM Ceramics.....CMR <b>10:30AM Prop Pro Com.....MPR1</b> 12:30PM Pan Card Game.....BC 1:00PM Mahjong.....MPR2 <b>1:30PM Landscape Com.....MPR1</b> 2:00PM Book Group.....PR 4:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p><b>10</b></p> <p>8:15AM HB Aerobics.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Line Dancing.....ML 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p><b>15</b></p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand &amp; Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC <b>1:00PM Emergency Preparedness.....MPR1</b> 6:30PM Chorale.....MPR1 6:30PM Mon Night Game.....BC 6:30PM Friendly Poker.....PR</p>	<p><b>16</b></p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 10:00AM Ceramics.....CMR 12:30PM Pan Card Game.....BC 1:00PM Mahjong.....MPR1 4:00PM Line Dancing.....ML 6:00PM Grandparents Club.....MPR1 6:00PM Tom's Poker.....PR</p>	<p><b>17</b></p> <p>8:15AM HB Aerobics.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 4:00PM Line Dancing.....ML 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p><b>22</b></p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:30PM Water Workout.....MP 1:00PM Emrgncy Prep Grp..MPR1 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR</p>	<p><b>23</b></p> <p><b>9:00AM Maintenance Com..MPR1</b> 9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 10:00AM Ceramics.....CMR 11:00AM Toymakers.....MPR1 12:30PM Pan Card Game.....BC 4:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	<p><b>24</b></p> <p>8:15AM HB Aerobics.....ML <b>10:00AM ACC.....CONF</b> 12:30PM Water Workout.....MP 1:00PM Horseshoes.....HS 2:00PM Movie.....MPR2 4:00PM Line Dancing.....ML 4:00PM Card Games.....BC 5:30PM Bingo.....MPR1 6:30PM Billiards Club.....BR</p>
<p><b>29</b></p> <p>8:15AM HB Aerobics.....ML 10:00AM Morning Jam.....ML 12:15PM Hand &amp; Foot.....ML 12:30PM Water Workout.....MP 1:00PM Surf City Quilters.....SR 1:00PM Friendly Ladies Hold'Em.....BC 6:30PM Mon Night Game.....BC 6:30PM Chorale.....MPR1 6:30PM Friendly Poker.....PR</p>	<p><b>30</b></p> <p>9:00AM Toymkrs Sewing.....AR/SR 9:30AM Needlecraft.....SR 10:00AM Ceramics.....CMR 12:30PM Pan Card Game.....BC 1:00PM Mahjong.....MPR1 4:00PM Line Dancing.....ML 6:00PM Tom's Poker.....PR</p>	

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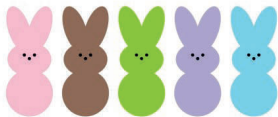

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# LANDMARK LIVING

THURSDAY	FRIDAY	SAT / SUN
4	5	6
<p style="text-align: center; color: #000080; font-weight: bold;">DISCO PARTY 6PM—MAIN LOUNGE</p> <p>2:00PM Bridge .....ML</p>	<p style="text-align: center; color: #000080; font-weight: bold;">COFFEE &amp; CONVERSATION 10AM—MAIN LOUNGE</p> <p>9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 12:15PM Duplicate Bridge .....ML 12:30PM Ladies Poker.....PR 2:00PM Hispanic Club.....MPR2 5:30PM Hand &amp; Foot.....PR</p>	<p style="text-align: center; color: #000080; font-weight: bold;">7</p> <p>5:30PM Bingo.....MPR1</p>
11	12	13
<p style="text-align: center; color: #000080; font-weight: bold;">PAINT NIGHT 6PM—ARTROOM</p> <p>10:00AM Art Mtg.....AR 10:30AM Discussion Group...MPR1 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC</p>	<p>8:15AM HB Aerobics.....ML 9:00AM Threads of Love.....SR 10:00AM Bible Study.....MPR2 10:15AM JWI.....MPR1 12:15PM Duplicate Bridge .....ML 12:30PM Ladies Poker.....PR 5:30PM Hand &amp; Foot.....PR</p>	<p>2:00PM Bridge .....ML</p> <p style="color: #000080; font-weight: bold;">14</p> <p>5:30PM Bingo.....MPR1</p>
18	19	20
<p style="text-align: center; color: #000080; font-weight: bold;">LIBRARY FASHION SHOW 1PM—MAIN LOUNGE</p> <p>10:30AM Discussion Group...MPR1 1:00PM Mahjong...MPR1 2:00PM Art Class.....AR 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC</p>	<p style="text-align: center; color: #000080; font-weight: bold;">BILLIARD'S TOURNAMENT 10:00AM—BILLIARD'S ROOM</p> <p>9:30AM Zumba Gold.....MPR1 11:00AM Stability &amp; Balance.....MPR1 2:00PM Bridge .....MPR2</p>	<p style="color: #000080; font-weight: bold;">21</p> <p>5:30PM Bingo.....MPR1</p>
25	26	27
<p style="text-align: center; color: #000080; font-weight: bold;">BUNCO NIGHT 7PM—MAIN LOUNGE</p> <p>10:30AM Discussion Group...MPR1 11:00AM Body Awareness..ML 1:00PM Mahjong.....MPR1 6:00PM Co-Ed Poker.....PR 6:30PM Pan Card Game.....BC</p>	<p style="text-align: center; color: #000080; font-weight: bold;">SHREDDING EVENT 9AM—MGMT LOT</p> <p>9:30AM Zumba Gold.....MPR1 11:00AM Stability &amp; Balance.....MPR1 2:00PM Bridge .....MPR2</p>	<p style="color: #000080; font-weight: bold;">28</p> <p>5:30PM Bingo.....MPR1</p>
 <p style="color: #800040; font-weight: bold; font-size: 24px;">2024</p>		<p style="font-size: 8px; color: #800040;">AR=ART ROOM BC=BEACON CABANA BR=BILLIARD ROOM CMR=CERAMICS ROOM CONF=CONFERENCE ROOM HS= HORSESHOE PIT PR=POKER ROOM</p>

Management Office Hours

Office Hours: 8:00 am – 4:00 pm  
Closed for Lunch: Noon – 1 pm

IMPORTANT NUMBERS

Management Office 714-960-5475

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After Hours: 714-565-3059  
So. Cal Edison: 800-655-4555

Safety or Threatening Emergency: 911

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Library.....714-536-4767  
Neighbor Assist.....714-960-2277  
HB Senior Center.....714-536-5600  
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## **RESIDENT SPOTLIGHT ON: JUDITH LARSON**

*By Rose Eliff, LL Staff*

When it comes to juggling a very active life—as a volunteer, partner, great-grandmother, traveler, gardener and more—Judith Larson might legitimately tell you “It’s not rocket science.” And she would know because Judith, a 22-year Landmark resident, knows a bit about rockets and science ... as well as contracts, negotiations, complex analyses and more.

Professionally, Judith served the space effort as a subcontract manager on many projects, including the Space Shuttle, the Delta Rocket and several classified programs for JPL and NASA. She says it was very exciting work as she negotiated multi-million-dollar contracts, completing projects on time and on budget. Her work allowed Judith to meet astronauts and other space program luminaries; she also attended Shuttle and Rocket launches and landings. She feels very fortunate to have had such an interesting and fulfilling career.

Judith’s professional background and interests provide compelling qualifications for her contributions to our Landmark community for the last 15 years. She loves challenges, solving problems, learning, and working with interesting people. She currently serves as the Chair of the Rules Committee, Chair of the Breezeway Refurbishment Committee, is active with the Emergency Preparedness Group and is a steward for three buildings. Judith also works on the Landscape Committee, assisting with reports and contact negotiations and works with the chair, Steve Bova, on the annual Operating and Reserve Budget forecasts.

Judith and her wonderful life partner of 33 years, Paul, were drawn to Huntington Landmark by the location, layout, park-like environment and opportunities for community involvement. Judith loves the small-town community feeling and her wonderful neighbors.

When she was two, Judith’s family moved from Iowa to California. She comes from generations of farmers, ranchers and growers, fueling her love for gardening. She also enjoys reading, playing bridge and spending time with friends. Her greatest joy, though, is watching her 8-year-old great-grandson play Club Soccer.

From important volunteer work for our community to enjoying a day cheering at a game, for Judith, life is truly a blast.

## **UPCOMING EVENTS**

### **DANCE DANCE DANCE PARTY**

Tickets: \$30 per person

**SATURDAY, 4/6/24, 7PM, MAIN LOUNGE**

### **TEA & FASHIONS**

Tickets: \$35 per person

**THURSDAY, 4/18/24, 1PM, MAIN LOUNGE**

Tickets on sale:

- Saturday, April 6th at 10AM in the Library

### **BUNCO NIGHT**

Tickets: \$10 per person

**THURSDAY, 4/25/24, 6:30PM, MAIN LOUNGE**

Tickets on Sale:

- Beginning Wednesday, April 10th in the Management Office

### **NEWCOMERS EVENT**

Complimentary

RSVP in Management Office by Monday, April 29th

**THURSDAY, 5/2/24, 6PM, MAIN LOUNGE**

### **CINCO DE MAYO**

Tickets: \$35 per person

**SATURDAY, 5/4/24, 6PM, MAIN LOUNGE**

Tickets on Sale:

- Saturday, April 20th at 9AM in the Main Lounge
- Saturday, April 27th at 1PM in the Main Lounge

### **TACKY TOURIST PARTY**

Tickets: \$35 per person

**SATURDAY, 5/18/24, 5PM, MAIN LOUNGE**

Tickets on Sale:

- Saturday, May 4th at 8AM in MPR2





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 Silvana@americancrm.net



## Robert Watkins

Real Estate Specialist  
 C.P.R.E.S.  
 DRE #01800189  
 626-422-2311  
 Cip903@yahoo.com



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## COMMUNITY NOTES

### Guests

- **Address** - Provide the following address for guests and vendors using GPS to go to the Landmark gate: 8641 Atlanta Ave., HB 92646
- **Guest parking** – Guests using the Main Lounge should park in the Guest Parking only and display their guest pass on the car dashboard.
- **Guard notification** - Call the guard gate to advise them of expected visitors. 714-960-1452
- **Gate Masters** – For your Gate Masters account (to access guest lists), go to [gatemastersinc.com](http://gatemastersinc.com). For assistance with login or password, contact Meena at 877-648-0602.

### Services

- **E-Blast notices** – Stay up to date with Huntington Landmark news by signing up for e-blast email notifications. Call the Management office at 714-960-5475 to sign up.
- **Work requests** - Work requests can be submitted via email to any staff member using the mail address located on the calendar page.
- **Gate or Mailbox keys** – Gate or mailbox keys can be replaced for \$5 cash at the management office.
- **Notary Public** – Free to Landmark residents on the 1st and 3rd Thursday of each month at 6:30pm in the Main Lounge. Call Ronda at 714-969-5326. Appointments must be made in advance.

### Safety

- **Bike riders** – Always ride with traffic. For pedestrian safety, do not ride bikes on sidewalks
- **Dog owners** –
  - Dogs must always be held on a leash no longer than 6ft when outdoors. An in-charge adult handler competent to restrain the dog must be present.
  - Kindly clean up after your pets during walks. Deposit in trash. Pet stations are located throughout the community.
  - Pets are not allowed at the Recreation Facility except for therapy/service dogs. Service animals are defined as dogs that are individually trained to work or perform tasks for people with disabilities.

*Resource: U.S. Department of Justice, ADA 2010 Requirements*

### Activities

- **Billiards** – The billiards room is under video surveillance. No food or drink allowed on pool tables. Damages range up to \$500, which will be passed on to residents with fines.
- **Gym** – As a courtesy to other residents, wipe down all gym equipment immediately after use.

### City Services

- **Large item pick-up** – Residents may contact Republic Services for large item trash pick-up. Contact Rhonda at 657-845-6095.
- **Cardboard boxes** – Break down cardboard boxes before placing them in the dumpsters.
- **Street sweeping** – Huntington Landmark street sweeping is performed on the 1st and 3rd Thursday mornings of the month. Please move vehicles off the streets on those days.

APRIL MOVIES

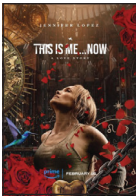


**MARLOWE**

4/3/2024 (WED) 2PM, MPR2, 2022, R, 1H 49M

Detective Phillip Marlowe becomes embroiled in an investigation with a wealthy family in Bay City, California, after a beautiful blonde hires him to find her former lover.

*Cast: Liam Neeson, Diane Kruger, Jessica Lange*



**THIS IS ME...NOW**

4/10/2024 (WED) 2PM, MPR2, 2024, R, 1H 5M

Coinciding with the release of her album of the same name, this narrative-driven odyssey tells the story of Jennifer Lopez’s journey to love through her own eyes.

*Cast: Jennifer Lopez, Fat Joe, Jane Fonda*

4/17/2024 NO MOVIE



**THE HUSTLE**

4/24/2024 (WED) 2PM, MPR2, 2019, PG-13, 1H 33M

Two con women - one low rent and the other high class - team up to take down the men who have wronged them.

*Cast: Anne Hathaway, Rebel Wilson, Alex Sharp*



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## Huntington Landmark Friendly Reminders from Management

- The AFTER-HOURS property related emergency phone number is: (714) 565- 3059  
Please correct your copy of the new Huntington Landmark directory to reflect the new number. You may also contact the Guard House at: (714) 960-1452  
The guard is available 24 hours/day and 7 days/week. During a power outage, please call Edison at: 1-800-655-4555  
For water heater gas shut off issues, please call the Gas Company at: 1-800-427-2200



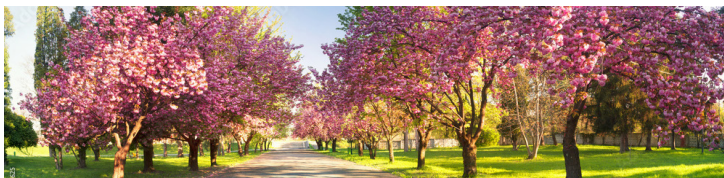
*Management*

### SOLUTION FOR MARCH CROSSWORD

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### WORD SEARCH SOLUTION

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L	N	I	R	K	D	K	A	E	L	O	E	B	T
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B	A	S	E	B	A	L	L	P	O	D	E	R	L
R	U	N	N	I	N	G	D	R	I	V	I	N	G



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## HEALTH & FITNESS

### A DEEP DIVE INTO BODY AWARENESS

**Thursdays from 11-12, Main Lounge**

Using meditation (to focus on the present), body awareness exercises (to focus on sensations), slow movement and stretches, and breath work, we will learn how to have a sharper focus on the body, how to feel and then release pain and tension, and how to live more fully in the present to feel more alive.

If you have any questions or to let me know you plan to attend, contact Fred Schloessinger at: fredleosch@gmail.com or 714-655-9316

### AQUA AEROBICS

Come join us; tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training and may incorporate resistance tools such as buoyant water weights and noodles. Classes are ongoing month to month. Mondays and Wednesdays 12:30 – 1:30 PM at the Main Pool. No swimming experience necessary. Men and women welcome! **Instructor: Michele 714-376-1382. Mon & Wed 12:30-1:30pm, MP, \$8/class, cash only.**

### HB AEROBICS

Come experience a cardio class designed with seniors in mind, fun music and easy-to-follow low-impact routines, led by Jimmy with over 20 years experience here at Landmark.

Instructor: Jimmy  
**M,W&F - 8:15 to 9:15AM, ML**

### CHAIR YOGA

Yoga offers many benefits, from reduced stress to improved strength and flexibility, but it can also be intimidating to some people, feeling they might not be able to move easily to a standing position from the floor. Try chair yoga, a gentle style of yoga you can do from a seated position that also incorporates the breathing and mind-body benefits of a traditional class. (Light hand-weights and dyna-bands are suggested.)

Instructor: Kathy. **Wed - 9:30 -10:30 AM, ML/MPR1, \$5 per class**

### STABILITY & BALANCE

As we age, our vision worsens and so does our confidence in our ability to maneuver without a fall. This class, Stability and Balance not only will strengthen your bones and your balance, but these exercises are designed to work with the brain as well. The class is 45 minutes, and it is necessary to be able to hold a standing position to get the most benefit. Chairs are provided as support.

Exercises are done to music, but they are not dance steps. Come and try it out – you will love it! The demo class is free. **For more information, contact Adrienne at (562) 397-1519.**

**Saturdays from 11-11:45AM, Main Lounge, \$5 per class**

### YOGA FOR LIFE

Gentle classes are great for everyone! Instructor Kathy with 20 years experience leads classes. This is the perfect introduction to yoga. Included are foundational poses, with emphasis on breathing, and some yoga philosophy. The goal is to move from the busy, fast pace of our lives into a practice that is slow paced, mindful, and conscious, and receive the abundant benefits of yoga. All levels are welcome. Instructor: **Kathy, Thurs 9:30AM, ML, \$5 per class.**

### ZUMBA GOLD

There is no wrong way to do ZUMBA. If you are sweating and smiling you nailed it!

While ZUMBA will aid in toning and weight loss- that is a side benefit- the main benefit of dance exercise is what it does to your brain, your bones and your muscles and you have fun while doing it.

Your heart is a muscle - dance exercise promotes muscle strength. Dance exercise promotes bone growth. Studies show that stimulating one's mind by dancing can ward off Alzheimer's disease and other dementia.

Instructor: Adrienne 562-397-1519.  
**Saturday 9:30 – 10:30AM, ML, \$5 per class.**



## MUSIC

### CHORALE

Chorale members are diligently rehearsing for their annual Patriotic concerts set for June 28 and June 29. Come to a concert and hear us sing and consider joining the Chorale in August when rehearsals for Holiday concerts begin. **Contact Mike McCool for more information at (858) 449-8094.**

### PRAISE & POTLUCK FELLOWSHIP

We're starting back up Friday, March 1st! You're invited to join us the first Friday of every month for great fellowship, music and food. We meet in MPR1 at 5pm. Bring your voice, instrument of choice (optional) and a dish to share. Join us in making a joyful noise unto the Lord! Call Annabel DeMuth for details 949-923-7224.

### SUNDAY AFTERNOON JAM

**Please come and enjoy the music of our Landmark Jam Group every Sunday from 1PM to 2:30PM either on the lawn to the right side of the clubhouse, or in the Main Lounge** when there is poor weather. We are comprised of singers, guitarists, ukuleles, a mandolin, bass, violin, and our keyboard player. Come listen, dance, and sing along with us as we play tunes that range from the Big Band era to today's music and everything in between. Guaranteed fun for all!

## SPORTS

### BILLIARDS CLUB

**The Billiard Club meets every Wednesday in the Billiard Room from 6:30 – 9:00 pm.** We welcome new members. We have friendly instructors to get you started or to give you tips to improve your game. We are having 4 tournaments and have other fun events throughout the year.

The second tournament of the year will be held on April 20. It will be a singles 8-ball game. Come by and get

ready to compete!

For more information, contact our President, Nelson Robinson, at 714-615-1942 or check out our website: [hlbilliardsclub.weebly.com](http://hlbilliardsclub.weebly.com)

### BOCCE BALL

Our weather is improving, and we hope you'll enjoy our Bocce Ball Court. The equipment is located in the cabinet by the shuffleboard court. Stop by the court to play a game or just watch and socialize with your neighbors.

Any questions contact Amar in the Management Office. Looking forward to lots of fun at the Bocce Ball court!

### BOWLING

Hello Bowlers! We don't care if you're good or bad at bowling, we just want you to come and enjoy yourselves! So, join the fun at Fountain Bowl, located at 17110 Brookhurst St near Warner, 2 blocks north of I-405, in Fountain Valley. Ask for John when checking in or call John at 310-880-4250. Hope to see you there on **Wednesdays at 11:30AM at Fountain Bowl.**

### GOLF CLUB

Enjoy Golf?? The HL Golf Club plays a rotation of five courses on the 3rd Wednesday of each month. With three non-golf social events during the year, it's a great way to include non-golfing spouses and guests.

Tournaments are "best ball" where golfers of all skill levels can contribute to the team. Course Contest prizes are awarded as golfers finish their round and most golfers choose to stay and enjoy some social time at the 19th hole.

Our next tournament is at Dad Miller Golf Course in Anaheim on Wednesday, April 17th. Please consider joining us, there is no membership commitment for your first tournament, if you decide to join us, membership is only \$15 per year.

Need more information? Visit our website at [HLGolf.weebly.com](http://HLGolf.weebly.com), contact Rick Letterman, Tournament Chairperson at 714-322-2184, or send an e-mail to [GolfClubAtHL@gmail.com](mailto:GolfClubAtHL@gmail.com).

### HORSESHOES

Come on down to the Horseshoe Pits, next to the shuffleboard courts. Everyone is welcome. We meet every Wednesday from 1PM -2:30PM. We would love to see new faces and make new friends. Any questions? Call **John at 760-534-8023.**

### TABLE TENNIS

Ping Pong players wanted. For more information, **contact Esteban Ezcurra 714-512-5433.**

### TENNIS & PICKLEBALL

Have you heard about the phenomenon with the strange name sweeping the country? It's Pickleball!! It is currently the most rapidly growing sport in the country. You can be part of it. **Beginners can learn to play on Saturday mornings from 9AM until 10AM** with our very own "pros", Tom Whitley, Gary Gorup, and Dan Orozco. Take the lesson and then stay to play with others and put your new skills into practice. **Pickleball is also played on Monday, Wednesday, and Friday morning at 9:30AM and weekday afternoons about 4PM.** Everyone is welcome. Contact Tom Whitley at (714) 362-4760 or Phil Donohue at (856) 404-8409.

**We have a new tennis liaison: contact Alice Callens at (714) 287-6524 to find out about Landmark tennis. Mixers are usually the 2nd Saturday of the month.** Goodies and drinks are served and there are always lots of fun games. Also, consider joining the Tennis & Pickleball Club. Our group is very welcoming, and we consider it to be a big family. Come be a part of it!

## GAMES

### BIG BUCKS BINGO

Come join the fun and meet new friends or visit with old ones as your mind is stimulated by following the numbers to create interesting BINGO

patterns. There are 10 rounds for a one-time cost of \$1.00 per card with no limit and a BONUS round at \$1.00 per card maximum with a maximum of 2 cards; winner takes the full pot. Of course, the more players, the bigger the pot, which on Sunday, June 5th reached a record high of \$54.

**Come join in the fun every Sunday and Wednesday at 5:30PM in MPR1. For further information, call Jean Schwennesen at 714-600-2155.**

## CO-ED POKER

We're looking for poker players. We've been playing for many years and would like to invite new players to a great game. We play Thursdays from 6:00 to 9:00PM in the Game Room. For more information contact Mary 714-369-2458.

## DUPLICATE BRIDGE

**You are invited to join our Friendly Bridge Club on Fridays at 12PM in the Main Lounge or an MPR room when needed.**

The weekly cost is \$2 for materials and payouts. Weekly winners are awarded cash prizes in lieu of master points. Meeting rooms are published monthly on the Landmark Living calendar.

For more information, check out our website: [www.landmarkbridgehb.com](http://www.landmarkbridgehb.com) for reservations and winners from previous weeks. We are back and growing since Covid-19 interrupted meetings. Please join us for a stimulating afternoon of cards with our pleasant group. Contact Alene Reed (President) at 714-654-9741 or Claire Chris (Reservations) at 714-536-9220.

## FRIENDLY LADIES TEXAS HOLD'EM POKER

Our group would like to invite all ladies to play at the Beacon Cabana (when available.) This is one of the easiest card games to learn. For day and

time, call Harriet 714-960-2770.

## HAND & FOOT

Join us for an enjoyable afternoon playing a card game called Hand and Foot. If you have not played it, we will show you how! Come to the Main Lounge any Monday at 12:15PM. For more information, please call Nancy at 714-815-3299.

## MAH JONGG

Mah Jongg is a Chinese game created in the 19th century using a set of 144 tiles (similar to dominos) based on Chinese characters and symbols. I will be giving lessons on how to play Chinese Mahjongg sometime during the first two weeks of March. After the short lesson we will play several practice games that will give you an understanding of the rules and strategies of the game. It is similar to the card game rummy but is played with tiles instead of cards. Hope you will join us. **Please contact Deborah at 202 344-7716. (Text or call).**

## MONDAY NIGHT GAME CLUB

The popularity of the Monday night game club has been overwhelming. Since we have reached the Beacon Pool cabana room capacity, we are not able to accept new participants at this time. Please keep an eye on the Landmark Living to post any changes. We love playing various card games (5 Crowns, Play Nine, Left-Right-Center, and Rumikub) so you can see why it is so popular. For more info contact Beth at (916) 342-7101.

## LADIES FRIENDLY POKER

Ladies Poker Players meet on Fridays at 12:30-3:00pm in the Game Room. For more information, contact Mary 714-369-2458.

## FRIENDLY LADIES TEXAS HOLD'EM POKER

Our group would like to invite all ladies to play at the Beacon Cabana on Mondays from 1PM to 3PM. This is

one of the easier games to learn and we have lots of fun. **Call Harriet at 714-960-2770.**

## PAN CARD GAME

Pan has everything the card player looks for. It's fast action with a combination of skill and luck. It is played with eight decks of cards with no 8s, 9s, and 10s, and it is played with three to eight players. Lessons can be arranged. Call Diane at 714-907-3012. Men and women are invited.

**Tuesdays at 12:30PM at the Beacon Cabana**

**Thursdays at 6:30PM at the Beacon Cabana**

## CLUBS & GROUPS

### ART CLUB

This is an exciting month for HL Art Club as we will have one of our fun paint nights on April 11th at 6pm in the Art Room. Please sign up for this fun event in the office as space is limited. All supplies will be provided for you. Just come and enjoy yourselves. This is you Art Club and you can become a member with your suggestions for new activities. We would love to have new members no matter what their passion is in crafting. We are all artists in our own right. **For further information please email Armine Aghajani at [armine11@gmail.com](mailto:armine11@gmail.com).**

### Upcoming Meetings:

- May 9, 2024 – 10:00 am
- June 13, 2024 – 10:00 am
- July 11, 2024 – 10:00 am
- August 8, 2024 – 10:00 am
- September 12, 2024 – 10:00 am
- November 8, 2024 – 10:00 am
- December 12, 2024 – 10:00 am

### Upcoming Events:

- Paint Night – April 11, 2024 – 6:00 pm
- Gallery Night – Sept. 27, 2024 – ML
- Paint Night – Oct. 10, 2024 – 6:00 pm

### BIBLE STUDY

Join us every **Friday morning at 10AM in MPR2** for a walk through the Bible, led by our enthusiastic leader, Larry Helm. Everyone is welcome.

## BOOK GROUP

Do you enjoy fiction or non-fiction? Come to Book Club and share with other members. Call Laurie Yeomans at 818-281-9292 or Katie Corbett at 661-547-3624. **We meet at 2pm in the Poker Room on the second Tuesday of each month.**

## CABARET CROWD

The Cabaret Crowd hosts five fun-filled themed-inspired dinner dances throughout the year. We invite everyone to join us, couples and singles alike. More details to come in future Landmark Living Newsletters and E-blasts.

## FUTURE EVENTS

### Tacky Tourist Party

Saturday, May 18, 2024

### Annual Luau on the Main Pool Deck

Saturday, June 22, 2024

### Halloween Party

Saturday, October 26, 2024

## CERAMICS CLUB

The Ceramics Club welcomes anyone interested in learning about this exciting hobby. Just drop by the Ceramics Room any **Tuesday at 10 a.m.** to see what is happening. Members can choose to pour any mold from the club's 600 molds for greenware. Three-ring binders contain a cross-index of the molds categories including pots, dinnerware, holidays, animals, angels, people, etc. Also, members enjoy learning about new techniques and glazes to use for their creations from their expert instructor who comes two Tuesdays monthly. For more information call President **Janet Newton at 714-224-9923. Ceramics, Tuesday – 10 AM to noon, CMR. Monthly Meeting, 1st Tuesday, 10 AM. CMR.**

## DISCUSSION GROUP

The day has changed. We are now meeting every **Thursday morning from 10:30AM – noon in MPR1.** This is a welcoming space to reminisce about the good old days, share a favorite book, movie, or restaurant, and discuss current events. Join us for lots of learning, laughing, and lively discussion! For questions, contact Lee and Anne Gillespie at [agillespie378@gmail.com](mailto:agillespie378@gmail.com) or at 714-465-8825

## EMERGENCY PREP

### SERVICE GROUP

The EPG was formed to help us all be prepared in case of disaster—earthquake, fire, flood etc. The group meets once a month on the third Monday of every month at 1pm in MPR1 to discuss our agenda and educate residents about these emergencies. All are invited. One aspect of this group is the Building Stewards program. Volunteers keep their neighbors informed of safety issues and how to be prepared.

**Our next meeting is April 15 in MPR1 at 1 pm.** Contact EPG chairman Paul Kanter (310-991-8519) if you have questions.

## EVENTS CLUB

The Events Club provides its members with the opportunity to contribute to the quality of life and enjoyment of residents of Huntington Landmark, by organizing and coordinating social events for the benefit of residents and their guests. **We depend on our members to volunteer their time and talents to plan and carry out an average of two events each month.** As the Club plans for all of our wonderful events in 2024, we would like to introduce you to our March, April and May Events schedule.

- 3rd Annual Tea Party – Main Lounge – Saturday March 9, 2024
- Newcomers Event – Main Lounge – Thursday, April 4, 2024
- Disco Party – Main Lounge – Saturday April 6, 2024
- Bunco Night – Main Lounge – Thursday April 25, 2024
- Shredding Event – Management Parking Lot – Saturday, April 27, 2024
- Cinco de Mayo Party – Main Lounge – Saturday May 4, 2024

Look for details about each of these events on the cover of the Landmark Living Newsletter and on fliers posted throughout the community.

**New members are welcome to attend our monthly meetings that are held on the first Monday of the month at 9:30 am in MPR1.**

For more information contact President Patricia Vidal, 714-334-1773, email [patriciaavidal@vidalgroupec.com](mailto:patriciaavidal@vidalgroupec.com) or Vice-President Karen Kraushaar, 949-394-5826, email [pickleballkaren@icloud.com](mailto:pickleballkaren@icloud.com).

## GRANDPARENTS & FRIENDS

A big thank you to everyone who made our annual St. Patrick's Day Blast a fantastic event. If you missed this fun celebration, check out our website: [hlgrandparentsclub.weebly.com](http://hlgrandparentsclub.weebly.com) You will be able to view pictures of your friends and neighbors, as well as watching the enthusiastic and talented young women from Thistle School Dancers.

We are grateful for the support of our club members, local restaurants, and merchants who generously donated gift cards for our raffle pots. Please remember to patronize the local businesses who regularly support all Landmark club events.

**We would love to have you join us 6pm, Tuesday, April 16th for our Spring Potluck.** Bring a dish to share, the club will provide drinks and paper goods. This is a great time to socialize with other club members and make new friends. Remember, you don't need to be a grandparent to join us, we love having FRIENDS in our club.

For more club information, contact Beth Gerbutavicius at [bethgerbs@yahoo.com](mailto:bethgerbs@yahoo.com) or call 916-342-7101.

## JEWISH WOMEN

### INTERNATIONAL (JWI)

#### SIMCHA CHAPTER

The Simcha Chapter of JWI is a congenial, welcoming member of the Landmark community. We meet five times each year and help promote the annual Menorah Lighting ceremony at Hanukah.

Our meetings (in January, March, and May, September, and November) are open to all. As well as presenting diverse and interesting programs, we serve a full lunch. Details of each meeting are in that month's issue of Landmark Living magazine.

But we support more than our local community. The initials JWI stands for Jewish Women International, serving women and children here and abroad. Our motto is Safe Homes, Healthy Relationships, Strong Women, working to end violence against women, empowering the next generation of leaders and helping women and children at risk have a safe future.

Simcha has also long supported



The Children's Home in Israel where children traumatized by war and abuse regain their stability and learn useful skills.

Our membership is growing. No longer must you be Jewish or a woman to belong. Anyone who would like to be a part of this philanthropic, joyous group is welcome to come to a luncheon or become a member.

For questions, please call **Claire Schecter at 714-962-6164..**

## KNITWITS

If you'd like to knit or crochet with a group of other yarn enthusiasts, please join us on **Thursday mornings at 10AM on the Main Pool Deck.** Bring your own project or just visit and be inspired to start something new. This is a change of day. We previously met on Tuesdays.

## HISPANIC CULTURAL GROUP

We are a group of Spanish speakers at Landmark. We get together the first Friday of the month for Spanish conversation and friendship. We have members from almost all the Spanish speaking countries. There are no dues or membership fees. Please note that our meeting room has been changed. First Friday of the month at 2PM in MPR 2. **For more information call Betty at 661-406-5191 or Blanca 714-969-3063.**

Somos un grupo de Hispanohablantes residentes de Landmark. Nos reunimos el primer viernes de cada mes para conversar en español y amistad. Es gratis no hay ningun cargo para ser miembro. Tenemos miembros de casi todos los paises de habla hispana. Hemos cambiado de salon. Primer viernes de cada mes a las 2 de la tarde en el MPR2. **Para más información llamar a Betty 661-406-5191 o a Blanca 714-969-3063.**

## LINE DANCING CLUB

You are invited to join us for fun afternoons of Line Dancing with friends and new acquaintances every Wednesday from 4:00 pm to 5:00pm in the Main Lounge. There is no charge for this event, but donations are kindly accepted. The Line Dance Club is now performing each month with the Landmark Trio on the 3rd Thursday of the month at 4:00pm.

The Line Dance Club will again be hosting a professional line dance teacher, Miss Vickie, who will be teaching a beginners six-week class from **March 5 – April 6.** This class will meet on Tuesdays from 4-5pm in the Main Lounge. The cost is \$30 for the series, and you can register at the regular Wednesday club dance, or on **March 5** at 3:30pm in the Main Lounge. Please make checks payable to "Vickie Jackson." **The 6-week April series will begin on April 16th.**

This is a rare opportunity to learn line dances without having to leave Landmark! We hope that you will join us! Questions? Contact Ronda at (949) 280-5548. Keep on dancing!

## NEEDLECRAFT

We are currently making afghans for charity by knitting and crocheting 7" by 9" rectangles. We also make scarves for the military whenever needed. So, if you like to do this kind of work or would like to learn how, we can teach you. We provide yarn and other materials. Come join us, we love to have new members. You may also work at home if you prefer. When we are able to meet again, we will meet on Tuesday mornings, 9:30 to 11:00 in the Sewing room. For more information you can contact **Kay Winter at winter11955@gmail.com or (562) 343-8428.**

## SURF CITY QUILTERS

We Quilters share our enjoyment of working with fabric, choosing fabric, patterns, and thread. Then on to cutting (measure twice, cut once), piecing, and quilting. **Surf City Quilters meets in the Sewing Room on Monday from 1PM to 4PM.** Anyone interested in quilting or fabric, thread/yarn, or robe art is welcome to join us. Please, come by and meet the Surf City Quilters. We are all skill levels. Did you know Huntington Landmark has a sewing machine for use? The key for the HL sewing machine can be checked out from the Management Office. Stop by and learn more about us. **For more information, contact Alice Roberts at 714-381-8775 or almroberts@yahoo.com.**

## THREADS OF LOVE

This group is part of a national organization dedicated to brightening the ICU hospital rooms for preemie babies and their families. We make flannel dolls, called Loveys, blankets, and incubator covers. Parents are often not able to hold or touch their tiny infants for many weeks. The Lovey is used to help infants bond with their parents. The idea is that mom and dad can put the Lovey inside their clothing to absorb their scent, then leave the Lovey with the child. Nurses report wonderful attachments of babies to their Loveys. Come help us make these items for the many Orange County hospitals that we service. Sewing skills are not necessary. We meet on Fridays from 9am to 11am in the Sewing Room.

## TOYMAKERS

The Toymaker's thank you for recycling! Please be aware that now, in addition to the usual plastic bottles and aluminum cans, we can also take plastic gallon water jugs, iced tea bottles, glass wine bottles and all manner of other plastics and glass bottles. Just as before, we will separate all contributed materials and take it to the recycle station so the proceeds can be used to buy much-needed wood, sandpaper, paint, glue, tools, and everything else the Toymaker's use to craft toys for the underprivileged children in our area. Please drop off your recyclable items at the bins behind the wood shop and we will take it from there!

## VETERANS GROUP

Are you a Veteran? We have a group of men and women veterans that meet on the third Thursday of the month at **11AM in the Art Room.** Come join us for camaraderie and discussion.

**Our next meeting will be on August 17th at 11AM in the Art Room. Please contact Roy Piazza, at 949-521-4069 or roypiazasant@gmail.com. Back up is Barry Boone at 714-926-7315, or boonedadb@aol.com.**

## WOODSHOP

Interested in woodworking? Come by and see what we're doing in the Woodshop. **Contact: Tom Humphrey 714.240.4703.**

## LANDMARK LIVING CLASSIFIED ADVERTISEMENTS

Do you have items you'd like to sell? Try listing them in Landmark Living Classified Ads page and reach a potential 2,000 plus residents. Want to sell that dining room set, the lamp you no longer use, or that TV? Place an ad and sell it. Looking for a good car for your grandchild? You can also place a "Wanted" ad. Have the Seller contact you.

Here's how you do it: Contact Joe Morris at [joe@benfranklinpresshb.com](mailto:joe@benfranklinpresshb.com) or call (714) 842-6733 for advertising information. Thank you.

*(Huntington Landmark does not endorse any business or services, nor does it guarantee any items for sale. Please do your due diligence and seek advice from a professional if you are in doubt.)*

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### DELIVERY VOLUNTEERS

Expect delivery of the newsletter from the 1st through the 3rd of each month. If you'd like to help with deliveries, please contact Sharon Syncheff for more details at 818-620-8854.

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We can be contacted by calling 714.865.9177, or through email [reakeller@gmail.com](mailto:reakeller@gmail.com). If you need more information on our qualifications please go to our website [www.inpursuita.com](http://www.inpursuita.com).

Sincerely, Chaplains Bob and Jane Keller

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